



Understanding
and
Fulfillment
of
Our Earthly Life

PETER DANIEL FRANCUCH, Ph.D.

“The suppression and isolation of our physical earthly body from its spirit and soul gives most people and scientists a false impression that our body is the very life itself. That life derives from the body, and, therefore, life is a product of activities of matter from which the body is built. No spiritual or mental factors are perceived as being the originating source of life. According to this false impression, life occurs by pure accident without any planning or will of anyone to live, to be and to exist... ..The activators of the negative state separated and isolated the human physical body from the spirit and its mentality in such a manner as to make it appear that the body lives by itself and in itself. Having no or little access to the true spirit and its true soul, people would have little choice but to conclude that no other life, except for bodily life and material life, existed, exists or will ever exist. From that position it is easy to deny God or to accept the nature as God and to despise the spiritual life and its spiritual and mental principles.”

From Chapter Three, “Physical or Bodily Life”

“The problem with our sexual life is not in the fact that we have it, but, that we do not practice it properly. What we consider to be proper and godly about sexuality (procreation and marital life), and earthly life in general, usually is neither proper nor godly, and vice versa. We suppress our real and genuine feelings and needs for variety and if we do dare sometimes to satisfy them, it results in such guilt... ..Unfortunately for us, the current state of affairs with human sexuality is such that distorted, perverted, mutilated and falsified practice of our sexuality is sanctioned and licensed literally by social, moral, ethical and religious laws that punish us if we deviate from their prescribed codes. Those laws give us a license to be possessive, to own each other, to be in bondage to each other, to be self-exclusive, to demand performance of our marital duties from each other. And they force us to do many other such things.”

From Chapter Four, “Sexual Life”.

“Fun, play, laughter, humor, entertainment, sport, recreation, sleep and similar activities can serve their purpose only if their contents are relevant to the needs of our spirit, soul and body. Therefore, unless they are derived from proper spiritual ideas of what their content should be, no leisure activities or sleep can be considered what they seem to be. In other words, unless leisure life and sleep life are a means to the spiritual, mental and physical well-being, they have no sense and meaning. Thus, they can never become the purpose and goal of all life in themselves. We are not creative in order to have fun or to sleep or whatever, but we have fun, and we sleep or whatever, in order to be more creative.”

From Chapter Eight, “Leisure and Sleep Life”.

ISBN #0-939386-09-7

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TMH Publishing, Ltd.

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By

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TMH Publishing, Ltd. 1985 Santa Barbara, California

Library of Congress Catalog Card Number 84-52358

ISBN - 0-939386-09-7

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Publisher:

TMH Publishing, Ltd.
P.O. Box 6344
Santa Barbara, California 93160-6344

Published by TMH Publishing, Ltd. in the United States of America.

First Printing.

(The P.O. Box listed above is no longer valid and only remains here for historical accuracy.)

(Electronic version of the First Printing is with permission and approval of the publisher — 2011.)

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[Page numbers in brackets correspond to numbering in the First Printing – 199 pages. Electronic version contains 175 pages.]

INTRODUCTION

The title of this book indicates that we are dealing with that segment of our life which is bound to this world. Implicit in this statement is a strong indication that our life neither begins nor ends on this earth. Yet, we have little, if any, conscious awareness that this is the case.

If there is more to our life than what we experience as life at any given moment during our earthly life, then our life cannot be properly explained and understood from its earthly quality, content and manifestation.

Unfortunately, no one understands life properly. There is so much confusion about it, so many diverse and contradictory opinions and views, that it is difficult for us to sort things out and arrive at a proper and satisfactory understanding of what our earthly life is all about.

This book is a modest attempt to put our earthly life in its proper perspective. It is neither exhaustive nor complete as far as the subject of life is concerned.

In order to clearly understand what is contained in this book, we are to consider the following points:

1. It is impossible to arrive at an understanding of our earthly life from the position of our earthly life. If our earthly life neither begins nor ends on this earth, then it is only logical that it depends on factors which are beyond anything that is available on this earth. Thus, in order to properly understand and fulfill our earthly life, we need to consider all factors of life which have nothing to do specifically with earthly life itself and the way people live it. Obviously, this life will totally derive from the conditions which are beyond our conscious awareness and which do not originate on this earth.

2. Our ordinary conscious awareness, being the only available means to our external mind, and being fully dependent on our physical sensory organs, is not capable of giving us a correct view about our life. These organs are accommodated and adjusted to the perception of a very limited range of reality from which it is impossible to make any global, general and sensible conclusions about the true nature of life. The physical sensory organs are very narrow, selective and uni-directional, able to give us only a subjective perception of the external reality. That is to say, we see that reality the way we see it, and not the way it really is.

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Yet, most people fully rely on their senses and consider their perception of reality to be the reality itself. Very often, this leads many of us toward making wrong conclusions about life with the subsequent acquirement of the wrong understanding of what life is all about.

3. If our earthly life is not a phenomenon in itself and by itself; if it is not bound to the earthly dimension only; and if it is only a brief segment of the overall life, then the only way we can arrive at some proper understanding of our earthly life is by comparison with different segments of our life. These segments, in most instances, are not bound by the experiences of life which take place on this earth. Thus, in order to properly understand life, we need to consider something else, which has no direct relevance to our conscious, everyday living. Only if we start to look at other segments of our life, which are taking place or have been taking place, and will be taking place, beyond and above our earthly life, we will be able to acquire a better understanding and fulfillment of our earthly life.

4. Because of the limitations and unreliability of our external conscious experiences on this earth, any conclusions about life from this position will be subject to numerous distortions and falsifications. From this position, we tend to explain life as being solely a phenomenon of the earthly environment and being solely dependent on and deriving from the bodily functions. Thus, we tend to derive life from the functions of the bodily organs themselves, instead of deriving the bodily functions from the projection of life into the body.

Because we have a tendency to do this to all our experiences, we end up putting everything in an upside-down position. Therefore, we can safely conclude, that we live in an upside-down world in which we consider the causes to be the effects and the effects to be the causes. With such an attitude we rarely are capable of arriving at any sensible understanding of what this life is all about.

5. It is difficult for us to accept the existence of something which doesn't submit itself to the tangible experience of our ordinary physical senses. We are habituated to look outside of ourselves through the glasses of our physical sensory organs. We have no other obvious means by which we could by-pass or take off those glasses and look at reality the way it really is and not the way those glasses present it to us after screening out the substantial part of that reality. Because those glasses are structured in such a manner as to perceive only something which is somewhere out there, outside of us, and because we consider that something to be the only tangible reality, we "naturally" disregard our

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spirit and our soul which reside in our body, but which are not subject to perception by our physical, sensory organs. Therefore, many of us, not having such sensory experiences of our spirit's and soul's existence, deny that they exist at all and if we admit that they do, we tend to explain and derive them from the position of our physical world and physical body. That is to say, in many instances, we consider our spirit and soul to be the outcome of our bodily activities or activities of matter rather than considering the activities of body and matter to be the outcome of the activities of our spirit and soul. Thus, once again, we end up in an upside-down position and in total distortion and falsification of reality.

Thus, in order to properly understand our earthly life, we need to consider primarily the spiritual and mental factors of the true life from which our physical, bodily and earthly life originate and derive.

6. If our earthly life is the result and outcome of something which is not of earthly origin, then we need to disregard any and all external considerations, as well as everyday events, as being unreliable indicators of what this earthly life is all about. We need to learn to look in a different direction than we have been looking so far. Obviously, life has many aspects, levels, degrees and facets and the ways in which it is manifested, actualized and realized. Usually, we are aware consciously of only one such level — the earthly level of life. But, to properly understand life, we need to transcend our habit of looking at life as solely an earthly phenomenon and instead to turn our attention to the other possible levels which can give us an entirely different perspective of life in general and our individual life in particular. If the direction of looking outside is a distorted version of reality, then looking inside of our selves, into our spirit and soul, can give us a new and unexpected vision and understanding of reality hitherto unknown to us. If we combine and integrate all modes and directions of looking at reality, we can arrive at a much better and more satisfactory understanding and fulfillment of our earthly life.

7. Because of our bad habit of being uni-directional in our outlook on and experience of our earthly life, we end up in a tragic, one-sided, rigid disregard for any level and aspect of our life other than, mostly and predominantly, worldly, physical, material, corporeal, sensual and external aspects of it. This dangerous situation induces a lopsidedness into our life in which certain limited aspects of our life are overloaded and overused while others starve and are gravely neglected or even entirely rejected as having no validity. We tend to look at them with contempt, particularly at the spiritual aspects of our life. Such a bad habit results in many spiritual, mental, emotional, intellectual, physical,

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sexual, environmental problems, miseries, sufferings, shortcomings, illnesses, diseases and ultimate disappointment, dissatisfaction and unhappiness. In view of these facts, it is necessary to wake up from our deep sleep and stop dreaming a reality which is only a dream and which cannot give us the true food and drink that can sustain our life in a proper and livable shape and condition. We need to learn how to integrate all aspects of our life so that everything in us, or what constitutes our life, has an equal opportunity for being actualized, realized and fully manifested.

8. From the above considerations, it is necessary to realize that our earthly life is not what it seems to be and it didn't originate the way we are taught and believe that it did. First of all, as mentioned above, it didn't start here nor will it end here. And, secondly, it is not limited to only our physical body and to the dimension which we are consciously aware of at any given moment.

There is a deep mystery in why and for what purpose our earthly life was initiated. The bloody history of humankind reflects nothing but problems and miseries. The endless list of various problems, difficulties, crises, wars, crimes, etc., of our earthly life and of our everyday living, lead many of us to believe that this is the way life is supposed to be and, therefore, human sufferings and miseries are necessary concomitants of life itself. But, if earthly life is basically such a good phenomenon (after all, most of us do not want to die and desperately cling to this earthly life), then why does it produce such devastating, negative, evil, and bad conditions and their symptoms? Obviously, there is something terribly wrong with the "goodness" of this life. What went wrong with our earthly life? Who or what is behind all the things which have been happening on this earth since the dawn of our history? This points at an entirely different understanding of what this earthly life is all about. It forces us to re-evaluate our view about the true origin of our earthly life.

9. Our earthly life has a very specific purpose and goal which is, in most instances, hidden from us as long as we continue to look outside of ourselves. There is no genuine life outside of ourselves. If we try to understand and to explain life from something which doesn't have any life by itself and in itself, we end up considering life to be death and death to be life. Again, this is an example of our upside-down position and view. We are the ones who are the true carriers and containers of life. If it is so, is it not logical, therefore, to attempt to understand and to explain life from the life itself which is within us?

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If we want to find answers about ourselves and about our life, because we are ourselves and it is our life in us, we have to learn to ask questions and get the answers from within ourselves. Thus, to find out what the specific purpose and goal of our earthly life is, we need to establish what the specific purpose and goal of our inner, private life is. Only by answering this latter question shall we be able to arrive at a proper understanding and fulfillment of our earthly life in general. However, no one outside has any knowledge or answer to what the specific purpose and goal of our private life is. That answer is contained within us. We have to learn to dig into ourselves and bring it out to our conscious awareness so that we can learn the truth about all of this and become free.

Not everyone will agree with what is said in this book. Many people, perhaps even the majority of them, will reject its content and its conclusions as total fantasy or even the insanity of the author.

The purpose of this book is not to convince anyone of anything. Its purpose is to give the reader a different possible alternative and perspective for an explanation of earthly life than just the traditional one. Thus, it is meant only for consideration by those who are willing to keep their hearts and minds open. Those who are not willing to do so should avoid reading this book.

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CHAPTER ONE

SPIRITUAL LIFE

We are going to begin our discussion about our earthly life with spiritual life.

What is spiritual life and how should it be fulfilled?

Many of us have a very vague understanding of what spiritual life is all about. Many people on this earth believe that there is no such thing as spiritual life. They limit their understanding of our earthly life to everyday activities that provide for our survival and physical and material well-being.

Most people have a tendency to confuse spiritual life with religion. The word “spiritual,” for them, very often, means affiliation with some kind of religion, going to church services regularly, performing certain rituals and ceremonies, praying, looking pious, and talking piously, etc. In other words, for many people to be spiritual means to be religious. Yet, these two words — “religious” and “spiritual” have nothing or little in common.

In my encounters with many people throughout the world, I met a number of people who had no sense for any religion whatsoever, nevertheless, they were very spiritual people. On the other hand, I know many people who are deeply religious but have no spiritual sense in them. From this difference, it is obvious that what some people consider to be a spiritual life is not necessarily spiritual life, but something else.

But, what is the difference between the spiritual life and the religious life? Of course, there are many people walking on this earth who are both religious and spiritual at the same time. And, of course, there are many who are neither spiritual nor religious.

To be religious basically means to follow a certain doctrine or teaching of one specific church or religious denomination and to perform certain activities that are dictated by the dogma of that church and to consider such external followings to be the only requirements of the spiritual fulfillment of our earthly life.

On the other hand, to be spiritual basically means to recognize the fact that our earthly life is only a brief phase of our overall life, a transitional period, which is subordinated to some higher purpose and

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meaning and which is governed and ruled by deep, subjective, internal dispositions. These dispositions are the result of the state of affairs that do not originate in this world or in the external factors of human life but come from an entirely different source that we can never perceive with our limited physical senses or properly understand with our ordinary conscious mind.

In other words, to be spiritual is to fully recognize and accept the fact that our earthly life has a deeper and higher meaning and purpose than what our ordinary mind or external mind tells us. But recognition and acceptance of this fact doesn't necessarily mean that we lead a spiritual life. We need to go one step further in order to qualify for the statement that we lead a truly spiritual life. We need to act upon such recognition and acceptance. We need to do something about it on a regular basis and not only know about it and talk about it. Knowing, talking and doing something about it is not determined by what this or that church says or what this or that person says, but what feels right to us from within ourselves, by our intuitive feelings. This is how we can primarily distinguish between being a spiritual person and a religious person. These two conditions are not necessarily mutually exclusive, but, they should never be substituted for one another.

Most people do not recognize that there is something more to our earthly life than just living everyday life with all its hassles, problems, troubles, bill payments, interactions, activities, etc.

Even people who are neither spiritual nor religious recognize that our earthly life is, in most instances, never fulfilled by certain prescribed accomplishments. If we have a need to have a new car, or a better car, or a new home, or a bigger house, etc., once we fulfill our need or desire in this respect, we are usually satisfied only until the novelty of that situation wears off. Once the new car or the new home, or whatever we have, loses its novelty and our excitement about having them is over, we start to feel, once again, restless. A new need or desire comes into our life for which we begin to strive until it is fulfilled to our satisfaction or until we give it up as impossible to fulfill.

But, fulfillment of any such transient need doesn't fulfill our earthly life. Once again, we become restless and dissatisfied and we seek something else to satisfy our desire for this or that. Even if we were to acquire all possible material riches of this world or to possess everything that we need from the standpoint of material life or living, yet we, in most instances, don't feel happy for too long a period of time. Something is always missing. There is always something more. Even for people who

do not believe in anything spiritual and religious, acquirement of certain riches doesn't make them ultimately happy. After a while, they want more. When they get more, they are still not happy because they still want more. This goes on endlessly. No matter how much they have, they want still more.

The reason that we are rarely satisfied with our material accomplishments and always want more, is because we are desperately trying (often without being consciously aware) to substitute fulfillment of our certain spiritual needs with material or non-spiritual goods. Our longing for more doesn't necessarily mean that we need more. It is an emotional substitution of our inner need for the spiritual fulfillment of our earthly life.

For those of us who like quotations from the Holy Bible, let me now quote what Jesus Christ said about these matters. Of course, many non-spiritual people who happen to read this will be disgusted with such quotations. But, it is also for their benefit to know what various sources say about this important issue.

In the Gospel according to Mark, Chapter 8, verses 36-37, we read:

“For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?”

In the Gospel according to Luke, Chapter 9, verse 25, Jesus Christ says:

“For what advantage is it to a man if he gains the whole world, and is himself destroyed or lost?”

In the Gospel according to Luke, Chapter 16, the second half of verse 15, we read:

“For what is highly esteemed among men is an abomination in the sight of God.”

And in the Gospel according to Matthew, Chapter 6, verse 33, we learn that we should

“seek first the Kingdom of God and His righteousness, and all these things shall be added to you.”

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Now, from the above quotations it is very obvious that the true understanding and fulfillment of our earthly life is something entirely different than just going about our everyday regular business and that the priorities of our earthly life are somehow off the track completely because, as we read above, "...what is highly esteemed among men is an abomination in the sight of God." This is a very harsh statement! Why would Jesus Christ say something like that? To bring to our attention that the arrangement of the state of affairs on this earth is not normal as most people would like to think it is and that our earthly life is some kind of a nightmare or a trap that has very little in common with true life. The true life is always of a spiritual origin and, therefore, in order to get out of this trap, we have to seek first the Kingdom of God and His righteousness and all those other things that we value so much and consider to be the only meaning and purpose of our earthly life will be added to us as a bonus. But we, for some reason or other, made that bonus to be the ultimate striving, goal and purpose of our earthly life.

As mentioned above, our need to have a greater and greater chunk of that bonus is a cunning substitute for our genuine need to seek the Kingdom of God and His righteousness. Somewhere along the line we lost our proper perspective and successfully blocked off the surfacing of our real needs for the Kingdom of God and His righteousness, that is, to have a proper understanding and fulfillment of our earthly life and its spiritual aspects.

"To seek the Kingdom of God" signifies that we have lost our way from the true reality and from the true life. Otherwise, there would be no need for Jesus Christ to say, "seek first the Kingdom of God." Secondly, it means that, even though some of us are aware of the spiritual needs that must be fulfilled, we do not put those needs at the top of our priority list. Otherwise, there would be no need to say to seek it *first*. Thirdly, this statement means that our earthly life has a different purpose and meaning than what most of us think it is. Otherwise, we would not be urged to seek something else. And, fourthly, it signifies that there is an entirely different reality of life which goes far beyond anything we know or perceive as life. Otherwise, there would be no need to even mention anything about some other kingdom than the one with which we are familiar — our earthly life.

The statement "seek His righteousness," signifies that what we consider to be true and proper is neither really true, nor really proper. And what we consider to be right and satisfying is neither right, nor satisfying. Thus, it signifies that we live in a total illusion of what this, our earthly life, is all about.

But, if this is so, and overwhelming experiences of humankind on this earth bloodily prove that this is so, then how is it that we lost our way from the true reality and our real home, and live in illusions, distortions and falsities of that reality? How is it that so many of us consider our earthly life and the way it is lived and manifested here to be the only possible, feasible and normal reality? Why is it that, at the present time, so many of us don't even believe or don't even care or want to think that there is anything else or different or more real than what we have and experience at every moment of our earthly life? Why is it that we pay so little or no attention whatsoever, to anything spiritual or what goes on beyond our everyday living? Why is it that we spend most of our daily time in activities that don't allow us to think about or devote our time to our inner, spiritual needs? And then we don't even recognize that we have such needs despite the fact that all our problems, shortcomings, sufferings, miseries, etc., are a constant reminder that we have such needs? Why do we spend so much time doing nothing or spend hours in front of the television screen or in similar useless activities?

Several million years ago there was a race of people on this earth that had very little resemblance to us, except that they were humanoid as we are. That race possessed a tremendous knowledge of science and everything else. That race was highly evolved in all respects and we have no ability to even imagine how far that race had evolved. The members of that race originally were very spiritual people and in contact with the true reality of Creation.

But, at one point in their history, for certain very important spiritual reasons, they decided to experiment with the idea of bringing people into life, not by spiritual means, as they themselves were created, but by natural means without any involvement of anything spiritual.

This experiment was a very long process. After a prolonged period of time, the scientists of that race succeeded in fabricating a certain type of people that were made not by spiritual means (that is, by a direct endowment of God) but, by certain genetical engineering and manipulation of various animals and their own genes. Those scientists could not do too much to the spirit of the individual, because the spirit is always an endowment of the Most High and it cannot be altered by any natural or scientific means, but they could considerably alter the physical form of the manifestation of that spirit.

They entrapped that spirit in a physical form in such a manner as to make that spirit dependent, in its survival in that body, on the external factors and not on the spiritual factors. Thus, they fully preoccupied that

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spirit with the issue of effective survival in that body. This survival was made possible only by following certain external, non-spiritual ways and means (such as, for example, physical need for food, drink, elimination of feces and urine, etc.). A constant preoccupation with external means by which that spirit's physical body could survive, led to the development of the bad habit of looking to nature and its laws, that is, to look outside and not inside.

Now, when we are constantly outside of ourselves, and when this state becomes the major source of our bodily survival, we will gradually tend to lose any need for spiritual considerations.

As time goes by, at one point, we lose all interest in anything spiritual and come to the point when some of us will deny that anything spiritual exists or is needed or is important in any manner or way. Thus, ultimately, we lose our way from our true home and we get lost in the world of illusions and unreality. And, because it is the only world that we know (because one of the major purposes of the above mentioned experiment was to make it impossible for us to perceive directly anything but the external world and nature), we logically conclude that there is nothing else in being and existence, or if there is, it is so remote and incomprehensible for us that it would be a waste of time to try to do anything about it.

Now, we are all descendents of those people, whose physical form and mentality was fabricated by the members of the above mentioned race (I call them the pseudo-creators). If anyone is interested in learning more about this issue, I recommend reading the book "Who Are You And Why Are You Here?" and other books whose titles appear on the last page of this book.

The main thing that was accomplished by the above genetical engineering and manipulation was the suppression of the vital need to seek the truth about earthly life and its fulfillment in the only source where it could be found — in our spirit, or in what I call our Inner Mind. By a special positioning of certain organs of our physical body and the manner by which our spirit enters its physical form of manifestation on this earth, that spirit, or that Inner Mind, is cut off from everything else in us. The spirit is positioned in our body in such a manner that it is limited in its function and influence only for a constant maintenance of life flow from the Most High by which our body and soul are alive or have life.

The relationship of our spirit, soul and body, thus became a very limited one-way street, so to speak. The spirit supplies life to our soul and body and motivates our activities, but our conscious awareness of this fact has no direct experiential basis or a direct line for communication with our spirit. In this manner, many people deny any existence of spirit or soul, or consider it to be something that cannot be understood or approached, or think that it is a by-product of our body and it ceases to exist with the death of our physical body.

Under these conditions it is obvious that we are physically built in such a manner as to be forced away from anything spiritual and to consider our non-spiritual endeavors to be natural, normal, healthy, and the only feasible and meaningful ones. Thus, the understanding and fulfillment of our earthly life is based entirely on our non-spiritual activities. In this manner, we lost the true perspective of our earthly life.

If we carefully and deliberately examine this situation, we come to only one possible conclusion: all problems, miseries, sufferings, illnesses, shortcomings, or whatever we have in the negative sense, which is a daily occurrence of our everyday life, are the result of the loss of the true perspective, understanding and fulfillment of our earthly life. That is, disregard for the spiritual aspects of our earthly life produces all our problems and miseries, no matter what they are or what form, manifestation or symptom they take. There is no exception or exclusion to this rule.

And yet, the true understanding and fulfillment of earthly life is only possible from the spiritual standpoint. We need to consider and incorporate the spiritual aspects and factors of our earthly life first before all its other aspects and factors can be considered and properly understood, realized, manifested and fulfilled. This is the reason why the Lord Jesus Christ (whom I call the Most High) stated: "But seek first the Kingdom of God and His righteousness, and all these things shall be added to you." In other words, when we have the proper understanding and application of the spiritual aspects and factors of our earthly life, then we shall have a proper understanding and application of all other aspects and factors of our earthly life. If we forcefully by-pass the spiritual aspects, we can never arrive at a proper understanding and fulfillment of any other aspects of our earthly life. We shall end up in nothing but dissatisfaction, unhappiness, misery, and all kinds of problems, as it is so vividly illustrated and demonstrated by the history of humankind since the time of the above mentioned genetic engineering and manipulation by the most ancient race of people whom I call the pseudo-creators.

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Because of this crucial, vital and most important priority that the spiritual aspects of our earthly life have for us, it is necessary to first deal with our spiritual life on this earth.

But what is spiritual life and how do we arrive at its understanding and fulfillment so that we and our Creator are fully satisfied?

There are certain basic ideas or principles which can give us an understanding of what spiritual life is all about and how to fulfill it during our earthly life:

1. We need to believe and to accept the fact that there is a Creator of life, who is Life in Himself/Herself and by Himself/ Herself. We call our Creator by various different names, such as, God, Jesus Christ, Holy Spirit, Jehovah, Allah, Buddah, Krishna, etc. It is important for us to realize that, even though we call our Creator by many different names, He/She is One God Indivisible and that there is no other god or gods that are Absolute or who are able to create the entire Creation.

Our Creator created the entire Creation from Himself/Herself and not from nothing. His/Her Creation, therefore, is His/Her extension and process. Because of this fact, our Creator is ever present in everything He/She created being at the same time more than that which He/She created and never being identical with His/Her Creation. In other words, the process of something is not the same as that something. Something doesn't depend on its process or extension while the process and the extension is always dependent on something from which it proceeds and of which it is an extension. Thus, we can never be gods, but, God is ever present in us. If God were not present in us, we would not live for a fraction of a second.

The nature of our Creator is Absolutely Good and Absolutely True, or it is Absolute Love and Absolute Wisdom. Because of this nature of our Creator, nothing can ever come from Him/Her which is negative, bad, evil, false or adverse. Thus, the Most High did not originate the negative state or the hells or all those nasty and ugly things that we experience in our daily, earthly life on this planet.

The nature of our Creator is also Absolute Freedom and Independence. Therefore, He/She created everything and everyone in Absolute Freedom and Independency. Because His/Her Creation was created in this condition, being His/Her process and extension, everyone in His/Her Creation is free, independent, unique, different, individualized, individuated, and self-aware and has full rights and

privileges to accept or to reject God as his/her Creator. No one is forced into anything.

Now, the acceptance of this number one spiritual idea or principle can be one of the most important prerequisites for understanding and fulfillment of our spiritual life which is an integral part of our overall earthly life.

2. All problems and miseries of our earthly life originated from the people on this earth who, at one point in their history, for certain important spiritual reasons, decided to reject God as their Creator and turned their back on Him/Her by not reciprocating God's love, wisdom, goodness and truth and everything positive. These people were called the pseudo-creators who, as a result of their ungodly act, fabricated a human physical form into which they forced the spirit of every individual person in order that by and through that physical form the spirit would be led away from God and everything spiritual.

Thus, it is not God, the Most High, our Creator, who causes our problems and makes us suffer, be miserable and unsuccessful and fail in our earthly endeavors, but we alone are responsible for all of this because we rejected or neglected or inappropriately applied the spiritual aspects of our earthly life.

For that reason, the real truth about the origin of the negative state can be found in the story about the pseudo-creators who were people who lived on this planet as human beings many million years ago. It was not some kind of a fallen angel, Lucifer, who rebelled against God and seduced Adam and Eve into disobeying God's orders, as many people still believe.

No one who was created on a high spiritual level at the rank of angels, archangels, cherubims, seraphims, etc., by virtue of their very positive nature, could ever choose to fall away from the Creator. The story of Lucifer is a symbolic representation of the fact, misunderstood by people and by some angels, that no one is obliged to be positive, even the one who was created by the Most High as the very first sentient entity. That is to say, no one is forced to be good and positive. The story of Lucifer is an allegory which indicates that no one in the Most High's Creation is locked forever in one condition or state. There is no other meaning to this story whatsoever. There has never been such a person, who is called Lucifer, who was supposedly the son of God and brother of Jesus, who decided, for some reasons, to rebel against his Creator.

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It is necessary to realize once and for all that Jesus Christ was never created like all others because, as He Himself says, He always was, is, and will be. Jesus Christ is the physical manifestation of God, the Most High on this earth and, therefore, He is not a different person, supposedly the brother of Lucifer. The original story of Lucifer and its understanding was purposefully perverted by the pseudo-creators and perpetuated by all the hells and by many religions for the purpose of taking us away from the proper understanding of the true nature of the Most High, of the origin of the negative state and what proper spirituality is all about.

The negative state could logically originate only in the most outward degree of the Most High's Creation which by its position is the most remote and tenuous toward the spiritual world or anything spiritual. The negative state can never originate from the top of the spiritual world, because it is a pure condition, but only at the bottom of the natural world, where spirituality of the positive state is in its outermost degree and manifestation. The negative state can never originate in something that is Absolutely Positive or in the closest proximity to the Absolutely Positive. It can originate only in the state which is most relative and most remote to this Absolutely Positive.

The negative state was permitted by the Most High to come to its realization for a certain very important spiritual learning by all in His/Her Creation.

Because the negative state originated in the most relative and remote condition of people on this earth, and has no relevance or being and existence in the positive state and the Most High, it cannot be and exist forever. For that reason, when it fulfills its purpose and exhausts its usefulness for the positive state, it will be eliminated or permanently deactivated.

Now, recognition and acceptance of this second spiritual principle or idea constitutes another important source for proper understanding and fulfillment of our earthly life and its spiritual aspects.

3. The Most High who is the only one God, Creator, at one point in time, in the form of Jesus Christ, incarnated on planet Earth, into the negative state, into the body which was originally fabricated by the pseudo-creators, for the purpose of becoming the Savior of humankind and the entire Creation as well as everyone in the hells, from the negative state.

The Most High, thus, made His/Her Godhood human. In other words, He/She made His/Her Divine Essence human, by becoming a human being. Through that human aspect of Him/Her, the Most High was able to experience the negative state, conquer it, subjugate it, and put it under His/Her control and dominance. In the process of His/Her combats with the negative state, the Most High, Jesus Christ, gradually, step-by-step, repudiated and removed everything evil from His/Her human body and its negative heredity and, through that process and the process of resurrection, He/She made His/Her body Divine. Thus, His/Her Human was made Divine as His/Her Divine was made human. Jesus Christ united that human aspect to His/Her Godhood, which He/She called Father, and became integrated back into the Most High with His/Her original physical body.

By virtue of this act, the Most High became approachable on a personal, individual, private, intimate and very human basis.

From that moment on, the only advisable way to approach our Creator is through His/Her Human form, which was made Divine, and which is called Jesus Christ. Rejection of the Divinity of Jesus Christ and His/Her Human form, as well as rejection of the fact that God became flesh and made His/Her Divine human, leads to perversion and falsification of the true spirituality and all its truth and is a source of most spiritual, religious and other problems.

This third point constitutes another vitally important source of the proper understanding and fulfillment of our earthly life and its spiritual aspects.

4. The experiment in life without spirituality or with false and distorted spirituality, which was carried out originally by the pseudo-creators, caused tremendous havoc and a warp in the fabric of Creation, and in time and space. This resulted in a peculiar condition. All who participated in and on that experiment were thrown out of the true Creation and swallowed by what is called the Zone of Displacement. In other words, they became displaced from their true home. After they became displaced, the pseudo-creators established a very different state and condition which had not been in being and existence up to that point, which is called hell. From that position they spread throughout the entire Zone of Displacement and started to influence the development of non-spiritual life on this planet and elsewhere.

It is very obvious and logical to say that whoever turns one's back on the Most High and rejects His/Her positive state and its spirituality

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cannot stay in the same place and state where the Most High is and where the positive state and spirituality reigns. The two such states are mutually exclusive. It would be very miserable and uncomfortable for anyone to stay in the same condition and place with someone who is of a totally opposing style of life. Thus, everyone who participates in the negative state, who agrees with, supports, perpetuates and fuels the negative state and who loves and lives the negative state and who disregards the spiritual aspects of our earthly life, doesn't live in the true universe or even on the true planet Earth, but, instead, he/she lives in a displaced or dislocated universe on planet Earth. This is the reason why we were advised by Jesus Christ to seek the Kingdom of God. We lost all our contact with the true universe of the true Creation. We are somewhere else.

The realization of this fact about the negative state in the Zone of Displacement constitutes another important source of the proper understanding and fulfillment of our earthly life. If we know the truth about all this and other matters, the truth makes us free, as Jesus Christ pointed out.

5. Everyone who is on this pseudo-planet Earth or in any other place or region of the Zone of Displacement (hells, for example) is here or there by his/her freedom of choice, by his/her free will. No one was forced to be a part of the negative state. For certain important spiritual reasons and lessons, we all agreed to come here and to become lost from our true home and to lose the proper spiritual perspective of our earthly life, with loss of all our conscious memories that we made such a choice. Because of these arrangements, we are fully responsible for everything that happens in our earthly life, to the most minute details. No one else is to blame.

By being incarnated in the Zone of Displacement, where the negative state is fully activated and dominates, we lost our conscious awareness and contact with the being and existence of any worlds and their inhabitants other than with the one in which we currently live. This led us to a considerable spiritual, mental, emotional and intellectual deprivation, devastation, and isolation. This, in turn, led us to make wrong conclusions about our earthly life and its understanding and fulfillment. It placed us in a spiritual vacuum and starved our spirit and soul, while at the same time it put us in a position of taking exaggerated care of our body and material well-being. Thus, a one-sided or lopsided mode of life started to dominate all aspects of our living leading to constant breakdowns, problems, lacks, shortages, crises, etc.

Now, the realization of this important fact gives an entirely different understanding and meaning to our earthly life and puts its fulfillment in an entirely different perspective.

6. As human beings and as any other sentient entities in being and existence, we consist of spirit, soul (mentality) and body. There is a constant interaction going on among them mostly without our conscious awareness. Each component of us has its own laws, needs, requirements, states, conditions, and processes. Each component is positioned differently within us, with different placements in the hierarchy of the spiritual organization. Thus, our spirit constantly resides in the spiritual world and with its inhabitants; our soul or mentality resides in the intermediate world of spirits and with its inhabitants; and, of course, our physical part or body resides in the natural world with its inhabitants. On the other hand, by the specific genetic manipulation and engineering of the pseudo-creators, certain spiritual, mental, and physical conditions and organs corresponding to them were fabricated and subsequently encapsulated our true spirit, our true mentality, and our true body. By these components being forcefully and artificially imposed on us, we are in constant residence in various hells, in the intermediate Zone of Displacement and on this pseudo-earth.

Because of this arrangement of the structure of our mind, we are surrounded by many worlds, by many spirits and entities and by many inhabitants of the other regions of the Zone of Displacement.

But, because of the original genetic engineering and manipulation of our physical form, we are not consciously aware of additional “beings” with us other than those whom we perceive with our physical senses.

By our various affections, desires, wishes, wants and attractions, we draw to ourselves and draw ourselves to many other spirits and entities who have the same type or similar affections. Thus, by our good and positive thoughts, feelings, affections, etc., we are in contact with and in the presence of positive and good spirits and angels. On the other hand, by our negative thoughts, feelings, affections, etc. (such as anger, hate, hostility, foul moods, greed, envy, selfishness, etc.), we are in contact and communication with evil and negative spirits, demons, satans and devils.

This is the law of correspondences and interconnectedness of everyone to everyone and everywhere.

It is very important to recognize this situation and to learn to utilize it to our spiritual advantage in order to properly understand and fulfill the spiritual aspects of our earthly life. After all, our positive and good

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states and affections are supported and expanded by all positive and good spirits and angels and beings who are assigned to us and who sometimes are called our Spiritual Advisors. Unfortunately, the same is true about our negative and adverse states and affections which are supported and encouraged vehemently by evil and negative spirits, demons and entities assigned to us.

Because of the above described arrangement, and because our spirit, in its essence and substance, is a direct endowment of the Most High in us, our earthly life is not the only life we have. Without being consciously aware, we live many different lives. On the quality and content of those lives depends what will happen to us when we are ready to move out of our physical body and leave it behind on this earth. This indicates that our life continues in a chosen place, state and form after we physically die. The only thing in us that is capable of dying is our physical body because it is built from the elements of the anti-matter of this pseudo-earth. These elements decay and fall apart. The only thing that keeps these elements together is our spirit. After the usefulness of our physical body for our spirit is finished, the spirit leaves the body and the body falls apart into its original elemental particles. But, with the death of our body, everything else remains very much alive and the same; our spirit, our mentality, our affections, our desires, our wishes, our attractions, etc., all remain the way they were when our physical body stopped functioning.

At the moment of our physical death, whatever previously held affections and state of mind we had, they will manifest themselves in fullness in the other dimension. Because of them, we usually join those spirits and entities who are of the same type of affections and states. This is the reason why it is so important to incorporate the positive spiritual aspects during our earthly life and to put them at the top of our list of priorities. If we are positive and good, we shall continue being that way there also, but in a more progressive and growing mode. On the other hand, if we are negative and evil and material here, the same condition will prevail there in a worsening state of regression until we realize the futility of that condition and cry for help and for a desire to change.

Thus, by our choices, made during our earthly life, we influence our future destiny in the spiritual world where we go after our physical death. This is a very spiritual aspect of our earthly life.

For this reason, it is very important to recognize and to accept this sixth point of the spiritual reality in order to properly understand and fulfill our earthly life and its spiritual aspects.

7. Whatever is and exists in the Most High's Creation and in the Zone of Displacement is and exists for certain very important spiritual reasons. No matter how remote from anything spiritual it seems, no matter how earthly, worldly, physical, material, banal or negative it seems to be, it always has some kind of spiritual correspondence, meaning and significance. It represents and symbolizes something spiritual. It serves some important useful purpose. Nothing is tolerated in the Most High's Creation or in the Zone of Displacement that doesn't serve some important, useful purpose. In such a service is its true spiritual value.

Therefore, no matter who we are, how intelligent or how mentally retarded we are, no matter what happens in our everyday life, no matter what it might be, no matter how miserable it is, it all serves some very important spiritual purpose. It is allowed to happen so that some significant and meaningful learnings and lessons could come to their fruition for our own spiritual benefit. This is true regardless of whether we are or are not consciously aware that such an important spiritual purpose is being served by the events and happenings of our everyday, earthly life. Thus, every human being serves this purpose, be it a genius of Einstein's caliber, or be it an idiot that cannot even take care of his/her basic needs.

For this reason, it is very important to be aware of this fact for the proper understanding and fulfillment of our earthly life and to utilize it to our own positive advantage. If we learn our lessons from things that are happening to us, or from our position, or from the way we are, we become able to avoid the re-occurrence of unnecessary negative events in our life. They will re-occur in order to remind us that we have not yet learned our lessons. Many unnecessary, miserable situations in our earthly life could be avoided if we were to learn to look upon all events as having some significance for us and that they are for our spiritual learning. If we purposely avoid that learning, or if we fail to learn, the adverse events in our life will constantly re-occur until we start to pay proper attention to our spiritual well-being. Usually, most of the events of our earthly life are either important warnings that there is something very wrong with the way we understand and fulfill our earthly life, or they are a confirmation that we are going in the right direction. Because everything serves this kind of use to us and to everyone in the Most

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High's Creation and in the entire Zone of Displacement, in that use it has its true spiritual value.

8. The spiritual aspects of our earthly life can be found in the fact that it is a stage on which the nature of the negative state and all its battles and wars that it wages against the positive state are unfolding and are being manifested, illustrated and demonstrated. By our free will, we chose to become a battleground for the forces of good and evil and to be actively engaged in determining the final outcome of this spiritual encounter.

Thus, all our activities, likes, and dislikes, moods, feelings, decisions, involvements, relationships, choices and the way we live our earthly life, and the way we function are nothing else but strategies for that decisive spiritual war and its battles and contributions to their final outcome. In most instances, we have no conscious idea that we are actively participating in this war.

This situation indicates that we are all equipped with certain tools, weapons, abilities, gifts, talents, etc., that enable us to properly function during our earthly life and contribute our part to the outcome of the spiritual war and to the proper and clear manifestation of the true nature of the negative state as opposed to the true nature of the positive state. Therefore, it is our spiritual duty regarding all who are with us from all other dimensions (and not only toward those whom we see and hear with our physical eyes and ears or senses) to learn how to properly and fully actualize, utilize, realize and to put to good use everything that we have. If we allow certain things to remain idle and dormant in us, we are reinforcing the negative state in undermining our own effort to live a productive and fulfilling life on this planet. We are destroying our future and contributing to a temporary triumph of the negative state. This helps the negative state to prolong its being and existence.

This eighth point of spirituality is very important to be aware of, to accept and to act upon because it puts the meaning of our life in an entirely different perspective. It gives us the true understanding and possibility of the proper fulfillment of our earthly life and its spiritual aspects.

9. In order to properly understand and fulfill the spiritual aspects of our earthly life, we have to learn the following important spiritual fact:

The proper procedure of everything in Creation is from within to without, from inside to outside, from inwardness to outwardness. No understanding and truth can be acquired from the outside. Therefore, it

is futile to try seeking any knowledge apart from ourselves. As long as we avoid ourselves, our own within, we are doomed to remain blind and confused about ourselves, about our earthly life and about everything else.

It is difficult to learn by other people's experiences. Therefore, no one can teach us how to live our own earthly lives. The information about us is not available to anyone else, but us. Otherwise, other people would be us and we would not be us.

Under the influence of the negative state, we forgot about our inner life where all the answers to our questions are stored. Unfortunately, under the influence of the negative state, many of us are not even interested in asking any questions about anything or only about unimportant transient, material issues. Some people are not interested in learning about the spiritual aspects of their earthly lives at all. This is the tragedy of humankind and all its problems. If we are ever to eliminate the negative state from our earthly life, we have to remove our disinterest in our spiritual selves and the spiritual aspects of our earthly life from where everything else originates and proceeds. There is no other way out of the problems and miseries of our earthly life which is under the dominance of the negative state.

The ninth point of this spiritual awareness gives us a methodological tool for discovery of a deeper meaning, understanding and fulfillment of our earthly life and its spiritual aspects.

Now, the recognition, acceptance, incorporation and actualization of these or similar points of spirituality, can be considered as taking care of the spiritual aspects of our everyday life.

But, how do we go about practicing these spiritual aspects in our everyday earthly life?

One of the best and most effective ways is by a firm, personal commitment to do certain spiritual exercises on an everyday basis in the following or similar manner:

SPIRITUAL EXERCISES

1. Tell yourself that from now on you are firmly deciding to spend some time with yourself privately without being disturbed by anyone. This has to be done on an everyday basis. If you have children, announce to them that from now on this will be your everyday rule and that you are not to be disturbed by anyone or anything except in an emergency.

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You will be surprised to find out that even children can learn to respect your spiritual needs. Tell yourself that you desire and wish to discover yourself, to know yourself and to be good to yourself and to others.

2. Commit yourself to speak with yourself at least twice or three times a day for a half an hour or more, or for as long as is needed and feels right to you.

3. Make yourself comfortable in your reclining chair or some other comfortable chair and relax your body, close your eyes, take a deep breath, and let everything go. Spend a few minutes in this nice, pleasant, relaxed condition making sure that everything in you is relaxed and that you let everything go.

4. As you are nicely and comfortably relaxing, imagine, picture and visualize yourself sitting on a beautiful, pleasant, warm, comfortable and green mountaintop. Tell yourself that this is a special place which is becoming your private sanctuary where nothing, no one or anything of a disturbing, problematical, adverse, evil nature could be allowed to be or to enter.

5. Tell yourself that the purpose of your being on that spiritual mountaintop — your private sanctuary — is to learn how to correctly understand and fulfill the spiritual aspects of your earthly life for the benefit of all in the Most High's Creation and those who are trapped in the Zone of Displacement. And, for that reason, you are evoking your right and privilege, without any ulterior motivation, to be in contact and communication only with your true Creator, and all your positive and true Spiritual Advisors and helpers and your true Inner Mind.

6. Humbly request that they give you the right answers to your questions in any mode they desire. Perhaps, by talking to you directly in your hearing or in your head, or by ideas flowing into your mind, or by flashing answers in front of your eyes, or by writing them down mentally on a nice school board that is placed on your spiritual mountaintop for that purpose.

7. Ask them to reveal to you what are your pressing problems and needs and what is the true status of your spiritual life? Search and examine yourself thoroughly for the purpose of seeing how far away you are from your spiritual awareness and ask what needs to be done to improve your situation in this respect. Meditate on and thoroughly discuss the above nine points of spirituality and question yourself as to whether you truly believe all of them or part of them and to what extent you believe them and to what extent you apply that knowledge in your

life. After all, we are only blessed when we know and do it. Ask what is the purpose of your life and what is the best way to go about fulfilling that purpose on this earth.

8. Ask the Most High for mercy and forgiveness for neglecting your spiritual life for so long and for acquiring so many problems and ego-states that are in your way and that are blinding you from proper spiritual awareness. Ask for help for preventing yourself from falling back into a previous counterproductive and a basically non-spiritual life-style in the future. Listen carefully to everything that you will hear and what will come to you and commit yourself to follow all positive and good advices and suggestions which your intuition tells you are coming from the true Most High. Learn to rely on your intuition only. If you have any uneasy feelings during the time on your spiritual mountaintop, whatever you receive under those kinds of condition, is not coming from the true Most High and you should disregard it. But, first, explore what the source of your uneasiness is and discover the truth about that source. Ask the true Most High to eliminate everyone and everything that is not part of the positive state and that is there to mislead, misguide, or hurt or injure you or to keep you in the previous non-spiritual condition and state forcing you to backslide into more problems. Tell all such negative spirits that by your own free will and your own free choice you are committed to rid yourself of everything negative, adverse and evil from your life and that you are from now on under the protection of the true Most High, your true Spiritual Advisors and your true Inner Mind. Surround yourself with brilliantly white light and keep your mountaintop and yourself penetrated and illuminated by a white light coming from the East side of your mountaintop, from the sun where the Most High is.

9. Give yourself suggestions that you will have the desire and need and an urge to communicate with yourself, with the true Most High and with your true Spiritual Advisors everyday, twice or three times a day if possible, and that you commit yourself to do so without any reluctance. Examine your everyday activities very carefully and see for yourself how much time you are wasting on nothingness. Eliminate that waste and spend that time with yourself on your spiritual mountaintop. When you are finished, you will open your eyes and you will be refreshed and alert, clearheaded and full of positive and good feelings and thoughts.

If we constantly do this or a similar type of spiritual exercise, we shall acquire the true understanding of our earthly life and we shall fulfill that life to our Creator's and our own satisfaction. In this manner

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we take good care of the spiritual aspects of our earthly life and we begin to live a truly spiritual life.

We have to be aware, though, of the danger of falling into a ritualistic and habitual approach or automatization of these exercises. The habituation, ritualization and automatization of these exercises are a deadly enemy for the fulfillment of the requirements for a truly spiritual life.

In order to avoid falling into this mortal danger we always have to come up with fresh ideas, situations, examples, questions and search. We have to actively be involved and participate, always finding something new and exciting to work on. The advice is to give ourselves suggestions, on a daily basis, to avoid this danger, avoiding the routine and boring aspect of this work and always being excited and looking forward to our sessions with ourselves even if sometimes we don't get any answers or if not much is happening. In the latter case, it is a test of our persistence, perseverance, determination, endurance and diligence in doing our spiritual exercises continuously, even if nothing is happening for a while.

Such tests are a necessary and important part of our spiritual learning and our spiritual life.

For a more elaborate, extensive and deeper understanding and practice of a spiritual life, see the step-by-step revelations and procedures in the book "Who Are You And Why Are You Here?" and in some other books listed at the end of this book.

CHAPTER TWO

MENTAL LIFE

Our earthly life can be conceived as having various important aspects. These aspects form certain interdependent clusters that seem to have their own life. Thus, we can say that we live different lives. These different lives are lived by us simultaneously, parallel to each other. No one life can be lived separately, by itself, without, at the same time, all other lives being lived.

In most instances, however, we are not consciously aware that within us, we live many different lives or many different autonomous aspects of one individual life. We each have one individual unique life. But that life has several important aspects. These aspects contain certain specific states that are interrelated and that are different from other aspects of our life. They appear as having their own autonomy and being independent of the other aspects. This is the reason why we speak about different lives within us.

However, these types of lives which we live within ourselves must be distinguished from our involvement in various activities that take place in different dimensions. As mentioned in the previous chapter, we live simultaneously in the spiritual world, in the intermediate world of spirits, in the natural world and in the various regions of the Zone of Displacement. This type of living can be considered a multiple or multidimensional living that involves all aspects of our earthly life or all lives that we live within ourselves.

Thus, by all these autonomous lives within us we, at the same time, live in many different dimensions.

In view of this fact, it is obvious how complex and manifold our life is. Yet, because of a forceful and artificial arrangement of the pseudo-creators, as briefly described in the first Chapter, we are structured in such a manner on this earth as to be able to perceive only a very limited and narrow aspect of our multidimensional and manifold living. In fact, we perceive and are aware of only five percent or less of the totality of our multidimensional and manifold life.

There are certain important reasons why we are deprived so much and limited in our perception and understanding of the true nature and structure of our life.

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1. In order for the negative state to take firm hold in people's minds, and to have an opportunity to be fully manifested and to show its true nature, it was necessary to make considerable alterations in human perceptive and receptive organs. Before this alteration took place, a human physical brain was structured and wired much differently. First of all, there was no division of the brain into the left and right hemispheres. Secondly, the entire brain with all its cells was consciously active and fully involved without any state of dormancy or inactivity as the case is with the modern brain. Thirdly, because of the full activation of the brain, no unconscious states and processes were possible. The people originally created on this earth by the Most High were fully conscious. All their memories were intact and at their full disposal whenever they wished. Fourthly, no ignorance existed because people were born into the fullness of a developed brain and in the form of adulthood with all available knowledge up to that point. Fifthly, the nerves that connect various parts and organs of the human physical body to the brain were not crossed to go into the opposite part of the brain as is the case now. This situation did not allow distorted or illusional perception of reality as is the case with the presently existing arrangement. Everything was seen, heard and sensed as it really looked, sounded, and felt.

Certain parts of the human brain were carefully tuned in (with a fine tuning) to various other dimensions and their respective activities. These specific parts of the brain transmitted to the human external mind all information through all its sensory organs about everything which was going on in all other dimensions. Those parts of the brain had a very specific function to do just that. They were an integral, vital and important part of that brain. They were connecting links between spiritual, mental and natural reality.

Later on, through the specific and mysterious genetic engineering and surgeries, some of these parts of the human brain were either totally closed and put into a dormant, inactive state without having any or very little access to them, or some of them were totally removed so that people would have no awareness of any other realities but the one which is imposed on them by the external sensory organs of their physical body.

2. If we were to be born in the full knowledge which is available up to the point of our birth, no ignorance could ever be possible. If there is no ignorance, no negative state can come to its fruition. We cannot imagine very well anything adverse, bad, wrong, evil, false, miserable and putrid if we know the reality of the positive state and all its consequences. The full identification with the positive state by and through its thorough

knowledge, excludes the possibility of the being and existence of the negative state under those conditions. No one would ever choose the negative state as an alternative to the positive state. But, if this were the case, then no one could learn important spiritual lessons about the true nature of the negative state or what life is like without the positive state, without God and His/Her spiritual principles, or with false and distorted spirituality.

For this reason, it was necessary to permit the alteration of the human brain and physical body in such a manner as to make it possible for ignorance to be manifested. Under these conditions people came to this world in total ignorance about anything positive and negative and they were forced to learn about all those things from other people, that is, from the outside. Mostly, they believed what they were told instead of what the real truth was. Now the negative state can really flourish and show its true nature because the important thing becomes listening to what other people consider to be the truth and reality and not what reality and truth really are. In this manner, the upside down world of the negative state was fully established and people were able to block out any other realities considering their situation to be normal and the only possible one.

3. Maintenance of the continuously open and fully conscious contact with all other dimensions, realities and their respective inhabitants would make it impossible for anything evil and adverse to come into our lives. We have to be aware of a very important fact: before the negative state was activated and put into dominance in the Zone of Displacement and on this earth, no negative or evil thoughts, feelings, desires, wishes, tendencies, things, or life forms, etc., were possible. Thus, all dimensions and their respective worlds and inhabitants were only positive, good and true. If we were in a constant, continuous and full communication only with that which is positive, good and true, no idea of bad, wrong, evil or falseness could ever come to our mind.

So, in order for the negative state to come into an active mode, it was necessary to cut off our perception and conscious interactions with other realities and start a life style totally different from anything previously known. This life style is characterized by a closure of any access to our within, where that contact continues to flourish; by dominance of unconscious process and ignorance; and by total reliance on external sensory input and output of our outward, ordinary conscious mind. This ordinary conscious mind was restricted and limited to the perception of only what is outside of us and what is coming from the outside toward us, and, at the same time, it was cut off from any direct awareness of

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anything that is inside of us with the exception of some bodily feelings and bodily projections of various states and conditions of our internals.

By these acts, we successfully lost any direct and obvious awareness that anything other than our external mind and the external world of nature surrounding us exists.

Thus, because of this arrangement, we ended up in total deprivation and limitation of our perceptive abilities and of any other aspects of our earthly life than the one related to our bodily functions and everyday ordinary living and survival.

One aspect of our earthly life was very briefly discussed in the previous, chapter. We called that aspect spiritual life. Our discussion of the spiritual life was kept on basically a superficial and limited level, without going into a detailed account of its deeper meaning. The reason for this was to not “turn off” most people by discussing issues that seem to be too far from their everyday life and survival concerns. We are contaminated by the negative state to such an extent that anything that deviates from or goes too far off our everyday ordinary life concerns, loses any sense for us and we are not interested in following it. However, those people who are interested in a deeper explanation of facts about our earthly life can read about it in the books listed on the last page of this book.

Because of the above described situation, many of us neglect to be interested in or to know much, if anything, about our spiritual life. On the other hand, people who are too comfortable with their everyday earthly life deny that any spiritual life exists. They usually don't even want to hear about it or read anything related to spirituality or the more important issues of life. Some people consider these kinds of books, dealing with spiritual issues, to be the ravings of mad people.

Although the reluctance of many people to admit the fact that one of the most important aspects of our earthly life is the spiritual life is considerable and sometimes takes on ridiculous proportions, it is not as difficult for them to agree that there is such a thing in our earthly life as mental life. However, this admittance doesn't necessarily mean that they pay more or better attention to their mental life than to their spiritual life or to their other types of earthly life. For some people, even mental life is too far off their daily, outside interests to receive much attention.

Yet, these people don't want to realize that all their other activities would be utterly impossible without the existence of the mental aspects

of their earthly life, as the mental aspects would be impossible without the spiritual ones.

But, what is mental life?

Before answering this question it is first necessary to know what mentality is:

The word “mentality” is a psychological term for what most people know under the name of the “soul.” Mentality can be considered our ability to think, to feel, to will, to act, to behave, to relate, to wish, to want, to desire, etc., in a very unique, private, intimate, unrepeatable individual manner specific only to us. From this description of mentality or soul, it is obvious that every individual person has a qualitatively and quantitatively different mentality even though some obvious similarities exist among all of them. However, these similarities are of an external nature only, that is, they appear only in the manner we express our mentality or soul. Our own experience of our mentality and its expression are two different things. The quality of my mental expression and impression about anything will always be different from anyone else’s experience of the same thing although the way we express it will be, in many instances, similar. No one can feel exactly the same way as I or you do.

From the above brief description of mentality we can conclude that mental life is the personal, private and, at the same time, common mode, way and manner in which we experience our earthly life and all its aspects and how we express it.

The obviousness of the experience of our mental life would give us the wrong impression that we really are fully aware of and care for our mental life. But, the reality of this situation is quite different. What is happening to us when we think, feel, act, will, want and so on? Do we think about thinking? Do we feel about our feelings? Do we concentrate on the act of our behavior or on the process of our desires, etc.? Most people do not differentiate between the act of thinking, feeling, willing, etc., and the object of their thinking, feeling, willing, etc. For example, we think about buying a new car. In the process of this act of thinking, we don’t think about our thinking but about the new car, its make, size, color, speed, comfort, drive, etc. Or we feel the feeling of love toward someone. When we feel that love, we don’t pay attention to the feelings themselves, but, all our attention is directed toward that person about whom we feel in that way.

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Thus, we can say that there is a state and a process of our mentality and there is an object and direction of that mentality. No one ever pays any attention, or very little (except for professional research psychologists) to the state and process of our mentality or soul by itself. Thus, we can say we don't take proper care of our mental life because all we are concerned about are the objects of our mentality and not the mentality in itself or in the subject which emanates or expresses that mentality.

For proper understanding and fulfillment of our earthly life we need to learn to pay equal attention to both the subject and the object of our mentality and its life or, to subjective states and processes of our mentality, as well as to its outward expression, direction and manifestation. Thus, we are advised to pay attention to the proper content and quality of our mentality and its life as well as to the form, mode, manner and way in which we express it.

One of the reasons why we have a strong tendency to neglect the content and quality of our mentality and to be preoccupied more with its formal expressions, directions and objects, can be found in the following facts:

When the pseudo-creators were fabricating our physical body and restructuring our brain, they purposefully suppressed the awareness of our needs for considering our inner, subjective states and processes. In order to keep people outside of themselves, they needed to come up with a structure which would "naturally" keep people preoccupied with the objects, directions and manner of the external expressions of their mentality rather than pay attention to the content and quality of the mental life itself.

Because of those mysterious alterations, it became very difficult for people to pay attention to the quality and content of mental life itself. The problem with paying proper attention to the content and quality of our mentality is that it requires us to turn inward, to go inside and to observe ourselves instead of being outside and observing external sectors of our mentality. Any tendency to go inside, to turn our full attention to our inner life is a danger to the negative state because if we do it consistently, we lose our dependence on the externals and we start to re-evaluate the meaning of our life. This is a very undesirable outcome of events for the negative state because it gradually leads us toward the discovery of truth about all matters of our earthly life, and this is one thing the negative state doesn't want us to do — to discover the truth. The discovery of truth means the end of the negative state's dominance

because it leads to our liberation from slavery and bondage to the negative state.

From the above statements it is obvious that another source of our problems and inability to properly understand and fulfill our earthly life is in our improper and limited understanding, incorporation and practice of our mental life.

In its totality and completeness, our mental life is the result and outcome of our spiritual life. It is impossible to practice a healthy and satisfying mental life without seeing and knowing the fact that mental life is a proceeding of our spiritual life.

Most people have a tendency to believe that they think with the brain, they feel with their guts, that they will and desire with their heart, and, live in general by their physical bodies. Yet, this is a gross illusion. By that special and mysterious genetic engineering of our current body and brain, we are almost forced into believing this to be the truth.

The reality of this situation is that our physical body, by itself and in itself, is not capable of any life or feeling or anything at all. It is our spirit which thinks, wills, feels, desires, acts, behaves, etc., through and by our physical body and its brain on this earth. Thus, our brain and body are instruments of our spirit which is trapped in that altered body.

Our spirit consists of various important spiritual ideas that came from the Most High. These ideas contain all states, processes and conditions of the entire being and existence. They are the knowledges of what, how and why. Thus, our spirit can be defined as how, what and why. This is a state that constantly occurs. This is the spiritual aspect of anyone and anything. But, once there is that “what,” “how” and “why” — that is, what to do, how to do it, and why to do it, it becomes necessary for this important occurrence to proceed to realize itself. From the ideas of “what” proceeds the act of thinking and the entire thought process. From the ideas of “how” proceeds the act of feeling and all our emotions, motivations and intentions. And from the ideas of “why” proceeds the act of willing and behavior. Thus, from all ideas of the spirit, taken together, proceeds the formation of our mentality and its subsequent manifestation in life. In other words, the ideas of “what,” “how,” and “why” are transformed into the processes that form our mentality or our soul.

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Now, this is a very rough, brief, limited and superficial description of how our spirit forms our mentality which is subsequently expressed in our earthly life through our body.

From this arrangement it is clear that without the existence of our spirit no mentality could ever be possible. The dependency on and proceeding of our mentality and its life from our spirit is very obvious.

In the original state of our mentality, before the activation of the negative state and before the extensive genetic alterations of the form of its expression and manifestation, there was nothing negative or adverse. The spirit of our being and existence didn't contain any ideas of evils and falsities and their consequent atrocities and abominations. Only positive, good, loving, wise, affectionate and truthful ideas were present in that spirit. Therefore, from those ideas, only very positive, energetic, good, potent, loving and affectionate mentality proceeded and all our thinking, feeling, willing, desires, wishes, intentions and motivations were always positive and good without containing anything egoistic or selfish in them. This is the way it's supposed to be. This is what the content and quality of all our genuine mentality really is.

But, as a result of the genetic engineering, the direct access to our spirit was closed and an artificial area between our true spirit and our true mentality or soul was built. This artificial area, called the pseudo-spirit, encapsulated the real spirit, and made it impossible for that spirit to directly transmit all its positive and good ideas for their transformation into a positive and good mentality or soul. Instead, that artificial area constantly captures all positive and good ideas; some of them it distorts, some of them it perverts, some of them it changes into something else and some of them it totally rejects or prevents from coming into our mentality at all.

From such acts, the pseudo-spirit fabricates its own ideas of anything opposite to the positive state, true spirituality and proper mentality and transmits them to the soul for transformation into a distorted, false, negative and evil mentality.

From this kind of mentality we started to experience all kinds of evil and negative states and conditions in our earthly life. But, because we had no conscious idea that such is the case with us, we consider our situation and the content, quality and form of the earthly mentality available to us to be the normal state of affairs.

This is a very dangerous situation. It keeps us from any proper understanding and fulfillment of our earthly life and its mentality. It

perpetuates the negative state and all its atrocities and abominations which we experience so much on this planet.

The mentality and mental life presently available to us can be described or characterized in the following manner.

1. There is in us, in the recesses of our innermost self, or what, in other writings, I call the Inner Mind, a spirit which is a direct endowment of the Most High. That spirit consists of all positive and good ideas of life in general and our earthly life in particular. We can consider this area to be the essence and substance of our being and existence because it unceasingly transmits to us our very life from the Most High. It is a life support system to everything that we consist of and are. Because this area in our Inner Mind is the direct seat of the Most High in us, it is of a purely positive and good nature. Nothing of evil and negative flows from that nature. From those positive and good ideas, our mentality is formed for the purpose of experiencing those ideas uniquely and individually in the form of thinking them, feeling them, willing them, acting them, behaving them, and sharing them, etc. This is the original and genuine purpose for creating the human mentality.

Because of this structure, the human mentality, being the proceeding of its spirit, was able to think, to feel, to perceive, to will, to be directly in contact with its spirit and the Most High in it.

Originally, there were no intermediaries for communication between our spirit and our soul or mentality. Because of such an intimate, close and direct relationship within our spirit and soul, there was no possibility of misunderstanding and confusion about any ideas that flowed out of our spirit and, therefore, our mentality, that is, our thoughts, feelings, desires, wishes, wants, will, tendencies, behaviors, actions, motivations and intentions and everything else were always good, positive, loving, wise, true and open for unconditional sharing and mutual benefit. No feelings of egoism, self-love or selfishness could exist under those conditions. Thus, no mental disorders or illnesses of any kind could be initiated and exhibited.

2. Everyone's mentality or soul, in its quality and content, was and is unique, different and unrepeatable. No two identical experiences were or are possible. The reason for this situation is that every idea of each individual spirit is unique and different. It proceeds from the Absolute thought process of the Most High. Whatever comes from the Absolute State can never be completely identical and the same as something else. Otherwise, that state would not be absolute. Therefore, there are no two

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ideas in being and existence that are exactly the same. In their essence and substance they are always different, no matter how outwardly they appear to be the same. This is a necessary arrangement of the Most High's Creation in order to produce infinite varieties and variations of processes and manifestations of the Most High's absolutely loving and wise nature.

Thus, the spirit of each individual, built from that different and unique idea of the Most High, is always unique and different. For that reason, it emanates, produces and transmits a different quality and content of mentality relevant to its unique nature.

As the idea of this quality and content is transformed into some self-perceptive and self-aware mentality, that mentality or soul takes on and reflects the nature of its spirit from which it originates or proceeds. Hence, the uniqueness of our soul or mentality.

3. Our mentality or soul, in its original condition, structure and form was of such a nature that it, always turned itself to its source — the spirit. All energies of our mentation were directed back to the spirit so that new ideas and their respective feelings, emotions, desires, intentions, will and motivations, etc., could come to their fruition and continuous growth, betterment and progression could occur, proceed and become (be realized). The direct, two-way communication between our spirit and soul or mentality assured a healthy, positive, uninterrupted, undisturbed and undistorted manifestation of our thinking, feeling, will, perceptions, attitudes, intentions, motivations, behaviors, actions and all other traits of our mentality. This way maintains and sustains the proper spiritual way of communication — from within to without, from the spirit to the soul to the body, etc.

As long as such a spiritual way of communication is maintained and assured, nothing can go wrong. Spiritual stability, mental stability and good health would be preserved and sustained indefinitely. This is a desirable outcome of such an arrangement.

The arrangement from within to without or from the spirit to the soul to the body, etc., can be called *the Godly reality of interaction and interconnectedness*. This is a holy flow and direction which reflects the true image and likeness of God.

Therefore, maintenance of this flow and direction prevents anything negative, adverse and unhealthy from entering into our spirit, our soul and our body. This is the ideal state and condition of our mental life.

4. However, with the above arrangement, nothing of the negative and adverse nature could ever be effectively initiated. For that reason, at one point in time, by certain mysterious genetical engineering and manipulations, this arrangement was disrupted, perverted and reverted into an upside-down position.

When the pseudo-spirit was imposed between our true spirit and our true soul and mentality, it stopped that flow and direction by diverting everything to itself. By the side-tracking of that flow, the idea of deception was born. Thus, everything negative and adverse was on its way to becoming a painful reality. The direct communication between our true spirit and its true mentality was lost and replaced with an indirect one through that artificially imposed pseudo-spirit.

From that moment on, we lost our ability to perceive directly and to understand what our spirit tells us or sends us. Instead, we get garbled and distorted information in the manner converted in that pseudo-spirit. And, because the survival of our mentality is totally dependent on the constant input and projection of the ideas from its spirit, it becomes dependent on the inputs and projections of the distorted and false ideas of that pseudo-spirit.

From these distorted and false ideas a new pseudo-mentality or pseudo-soul is built that gradually encapsulates and cuts off our access to the true, purely positive mentality or soul. Gradually, step-by-little-step, the pseudo-spirit and pseudo-mentality take over completely and replace the true reality of life with a false or distorted one.

Because of the fact that all direct access to our true spirit and our true soul are now ironclad and closed, we inadvertently begin to consider our pseudo-spirit to be a true spirit, our pseudo-mentality to be a true mentality, and the pseudo-reality produced by them to be the only true reality.

Thus, we are trapped in this vicious circle of negativity that feeds us with nothing but miseries and problems. This situation gives an origin to all our spiritual, mental and physical problems, disorders and illnesses. However, now we consider them to be an inevitable and necessary state of affairs.

Because no proper and correct information from our pseudo-spirit and pseudo-soul is available to us, we have no choice, so to speak, but to seek remedies to our problems elsewhere. Without having any direct access to our true spirit and true soul (the knowledge of how to communicate with our spirit and soul was suppressed by that pseudo-spirit and

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pseudo-soul), we turn to the outside, away from ourselves, where we are desperately trying to find the way out of our earthly predicaments. However, since we seek to get something out of that something, we can never receive any usable information from that something because that something — the negative state — wants everything to be just as it is. As Jesus Christ pointed out, this is like trying to expel Satan by the power of Satan. No wonder it never works and we end up disappointed and discouraged, thinking that this is the way is supposed to be.

5. As mentioned above, at the present time the function of our true spirit and true soul is limited to the maintenance of the life support system in us. To the great bitterness of the negative forces, that spirit and its mentality or soul can never be removed and repudiated from us completely. If it were possible to accomplish this, all signs of life would cease to function immediately. In this case, we would perish.

Therefore, it is totally impossible to replace the true spirit with the pseudo-spirit and the true mentality or soul with the pseudo-mentality or pseudo-soul.

However, during that mysterious genetic engineering and manipulation, in the process of restructuring the human physical form and its brain, the pseudo-creators succeeded, without endangering the cessation of life, in limiting the function of our true spirit and true mentality to approximately five percent of their capacity. To have less than five percent would mean either death or the reduction of humans to the level of vegetating animals that have no self-concept or self-awareness, that is, that have no concept of “I am.” To leave more than five percent would endanger the proper full activation of the negative state. There would still remain too much positive influence on our life. Nevertheless, despite the fact that only five percent of our true spirit and our true soul or mentality is functional and ninety-five percent is of the pseudo-spirit and pseudo-mentality, some genuine and true ideas leak through now and then. They come to us unexpectedly in the form of dreams, images, thoughts, ideas, intuitions, unexpected events, memory patches and similar states. Very often they come in a disguised form or through symbolism in order to avoid detection by the all vigilant pseudo-spirit and pseudo-soul. Most of us don't know what to make of them or how to interpret them or what their meaning is. Unfortunately, for that reason, we tend to disregard these genuine ideas or to reject them and pay little attention to them. We have a tendency to dismiss them as having either no value or that they are the product of some kind of craziness. This is a propagandistic drumbeat of our pseudo-spirit and pseudo-soul which doesn't want us to know the truth about ourselves,

our earthly life and its spirituality and mentality, or its spiritual and mental aspects. Thus, we end up forgetting about those experiences until another leak occurs.

These mysterious occurrences of the genuine and true idea that leak from our true spirit and our true soul are necessary ones in order to remind us of our true nature and origin.

6. The above situation, in which we live on this earth and in all other regions of the Zone of Displacement, can be considered an unnatural, untrue and artificial life made to appear to our genetically altered sensory organs and perception as the true life, genuine life and the only possible life.

Because of this, all mentality available to us in the form that we know and experience it, places us into a forceful position of directing all our attention, or as much of it as possible, in the wrong direction, away from our true spirit and soul to the outside and to the pseudo-spirit and pseudo-soul. Everything in us was structured in such a way as to exactly accomplish this goal. Unfortunately for us, this pseudo-mentality keeps all our interests, desires, wishes, wants, attractions and affections on something that is least valuable, least important and least healthy and normal, that is, on transient, earthly, material, sensual, corporeal, worldly and similar things. It keeps all our interest in our external environment and supports and fuels disinterest in our inner and internal environment. This situation can be considered another potent source of our problems, miseries, sufferings and unhappiness.

7. Because of the above described arrangement regarding our own true spirit and our own true mentality, it is obvious that we are constantly fed wrong information by all modes and tools of our mental perception. Thus, what we think, what we feel, what we sense, what we see, or what we hear, in most instances, is not what it appears to be.

There is a constant misperception of the true reality, the way it really is.

For that reason, and this is the most important realization, our own perception of ourselves, the way we feel about ourselves, the way we hear or see ourselves, that is, our self-concept, self-perception, self-understanding and self-image are, by and large, incorrect or totally distorted. We don't know who we really are, what we are, why we are here, or what the true reality of our being and existence is. Not only do we not know this most important knowledge but we don't even care to know it. It doesn't make any difference to many of us.

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The outcome of such a devastating attitude is total rejection of anything proper, healthy and what is really beneficial for us. Instead, we choose just the opposite, that which is the least healthy and the least beneficial for us.

This state was accomplished as a result of that extensive, mysterious genetic alteration to make us this way in order that the negative state could become a dominant factor in our life.

8. The structure of our current pseudo-mentality is such that it forces us to be infatuated by, preoccupied with and attracted to various concepts, ideas, philosophies, religions, systems, groups, cults, practices, theories, therapies, drugs, and similar engagements and practices that usually are either totally false or they contain major distortions. They usually trigger a favorable tune in our pseudo-spirit and our pseudo-mentality which makes us believe in their validity and truthfulness. Unfortunately, they only support our wrong or distorted perception and acceptance of reality, our false or distorted self-concept, self-image, self-understanding and our improper understanding, fulfillment and practice of our earthly life and its spiritual and mental aspects.

It is only obvious that, if our true spirit and our true soul or mentality are encapsulated by an ironclad false spirit and false mentality or soul, and if they function only within the five percent of their capacity, then whatever ideas, concepts, philosophies, religions, systems, cults, practices or whatever we have appear on this earth, are a direct product of our pseudo-spirit and pseudo-soul. Thus, very little of truth and reality can be found in them. They are usually produced for only one purpose — to continue in the present misdirection and in improper, ineffective and unproductive understanding and fulfillment of our earthly life and its spiritual and mental aspects.

9. Most of the present activities of our earthly life are very removed from finding the proper way of practicing our mental life. No one knows or even cares to know what the true mentality is and how it should be expressed and manifested. We sleep, we eat, we drink, we work, we play, we watch television, we read, we do this or that, but little of what we do has any relevance to the finding of the true understanding or fulfillment of our earthly life and its spiritual and mental aspects. We consider those activities to be the true expression of our spirit and soul. Thus, we consider them to be our true mentality. Yet, they have little or nothing in common with what true life and its spiritual and mental aspects are all

about. These activities are the by-product of our living and our spirit and soul, and not our true life.

But such is the arrangement of our pseudo-spirit and pseudo-mentality — that we consider the by-products of life or pseudo-life to be a real life, and real life is considered as non-existent. In this manner the continuation of the being and existence of the negative state and all its miseries, atrocities and abominations are assured for good.

In order to properly understand and utilize our true, genuine mentality or soul and live a healthy mental life on this earth, we are advised to acquire a proper uncontaminated knowledge about our earthly life and the way we understand and practice that life. We need to seriously consider what was said about our mentality or mental life in the above nine points.

In order to do so effectively we are advised to undertake certain mental exercises.

MENTAL EXERCISES

1. Go through the first five steps as described in the previous chapter, add that you desire to also learn the truth about your mental life so that you can start to practice what is proper and right from the standpoint of your true soul or mentality.

2. Carefully examine your mode of thinking, feeling, will, desires, wishes, wants, behaviors, actions, relationships, intentions and motivations. Think about your thinking. Feel your feelings. Pay attention to your desires and will. Carefully explore your intentions and motivations and see what their content is. Discover how much negativity or how many negative thoughts and feelings you carry within yourself that you allow to pollute, poison and contaminate your life. Proceed with thorough purification and cleansing from all negative, evil, adverse, harmful and hurtful thoughts, feelings, emotions, desires, intentions and motivations. Don't allow anything of that nature to remain in you. Visualize the brilliantly white lights coming from the Most High, entering you and taking out all the blackness and darkness of those adverse states of your pseudo-mentality.

3. Meditate on the above nine points and ask the Most High to give you a proper understanding of what is being conveyed to you. Ask the Most High to show you the way to eliminate the influence of your pseudo-spirit and your pseudo-mentality.

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4. Ask the Most High to help you to get in touch with your true spirit and true mentality and show you how to by-pass and avoid getting entangled and blocked by the pseudo-spirit and pseudo-mentality or pseudo-soul.

5. Ask the Most High to reveal to you what is wrong with the way you understand and live your mental life, what kind of mental and emotional problems you have, how they could be eliminated and with what kind of mental attitudes and states you should replace them.

6. Ask the Most High to introduce you to your true spirit and your true soul and true mentality and request that they give you a profound experience of what it is like to be your true spirit and your true soul without the impositions of the artificially induced pseudo-spirit and pseudo-soul with which you have been identifying yourself so far.

7. Ask for mercy and forgiveness of your true spirit and your true mentality for neglecting them so long and request that a direct contact and a proper flow between them and your conscious mind is re-established so that you could derive everything from the position of your true spirit and true soul instead of from your pseudo-spirit and pseudo-soul.

8. Request that the Most High gradually eliminate, at your own pace, everything related to your specific pseudo-spirit and pseudo-soul and to teach you how to live a productive and fulfilling life to your and to the Most High's satisfaction. Listen carefully to what will come and arrange your life in such a manner as to make it more and more possible for your true positive mentality to be manifested, expressed, realized and to emerge.

9. When you are finished, give thanks to the Most High and to all involved for their help and commit yourself to do these kinds of mental exercises everyday.

Again, it is necessary to emphasize how important it is to constantly modify these exercises in order to avoid empty habituation, ritualization and automatization of them.

For that reason, during your spiritual and mental exercises, ask the Most High and your true spirit or the Inner Mind, to give you or to reveal to you what kind of modifications are necessary and how your exercises should be structured and implemented. Follow that advice.

As you can see, I purposefully avoided giving any concrete examples of such exercises. They are only outlined in general terms to give us a direction in which to go. The reason for this is that everyone's case and situation is inherently different and unique. We cannot go by other people's examples. It is our responsibility, to find out from within ourselves what the most effective and appropriate spiritual, mental or any kind of other exercises are for us personally. No two cases are alike. Therefore, I would do us a disfavor, should I be more specific about these exercises than I am above and in subsequent outlines.

CHAPTER THREE

PHYSICAL OR BODILY LIFE

It is an obvious and well known fact that we all have a physical body. This fact is easier to accept than the fact that we have a spirit and soul. We can see, feel, and touch our body very concretely while we have very little physical or tangible sense of the presence of our spirit and soul. In other words, we cannot touch our spirit and soul with our hands.

It is necessary to realize that every intelligent being, entity or creature in the Most High's Creation and in the Zone of Displacement is built from three major components or parts. The first part or component is called the spirit of the individual. The second is called the soul or mentality of the individual. The third component is called the body of the individual. The spirit can be considered and is the real unique life of every individual. The soul or mentality is the unique expression and impression of that individual. The body is the unique concrete manifestation of every individual.

The spirit is the very idea or the essence and substance of an individual's being and existence. The soul and mentality is the self-experience and the experience of everything else within the individual. The body is the projection and accommodation of the spirit and soul into their respective environments.

When we speak about the body, we don't only mean the physical body of human beings that is available to them on planet Earth. The Most High's Creation basically consists of three vast dimensions. These three vast dimensions contain within themselves infinite numbers of universes, galaxies, solar systems, planets, etc., which are all inhabited by infinite numbers of intelligent beings and entities.

The first dimension of the Most High's Creation is called the spiritual world. The spiritual world is considered to be the spirit of the entire Creation. The inhabitants of the spiritual world, as in every other world, consist of their own specific and unique spirits, specific souls or mentalities and specific bodies.

The second dimension of the Most High's Creation is called the intermediate world of spirits. The intermediate world of spirits is considered to be the soul or the mentality of the entire Creation. The inhabitants of this world have their own specific and unique spirits, souls and bodies.

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The third dimension of the Most High's Creation is called the natural world. The natural world is considered to be the body of the entire Creation. The inhabitants of the natural world have their own specific and unique spirits, souls and bodies.

The above mentioned three vast dimensions can be considered the reality of the Most High's true Creation and its positive state.

Besides these three dimensions there is another vast area which accompanies the true Creation but is not part of it. This area is called the Zone of Displacement. This Zone is a fallout or a dislocation of everything that is rejected in the real Creation. Whoever in the real Creation makes a decision from his/her own free will to turn his/her back on the reality of the Most High's Creation, he/she automatically falls out into the Zone of Displacement.

There are basically three types of people who live in the various regions of the Zone of Displacement. The first type are the people who were originally created by the Most High to inhabit the natural world and specifically, the true planet Earth. At one point in their history, these people decided, for some very important spiritual reasons, to reject the reality of the Most High's Creation and the Most High Himself/Herself and to turn their backs on everything that is the true Creation and the positive state. When they accomplished that, they fell out into the Zone of Displacement and established their own pseudo-creation, patterned and structured in the same manner as the true Creation. Thus, they established their own pseudo-spiritual dimension and its many pseudo-universes, pseudo-worlds, and pseudo-earths, etc. This is their own spiritual pseudo-world which is called hell. The pseudo-spiritual world, or hell, is the pseudo-spirit of the Zone of Displacement. From this pseudo-spiritual world the pseudo-creators established their own pseudo-intermediate world of their pseudo-spirits which became the pseudo-mentality or pseudo-soul of the Zone of Displacement. Then, finally, they established their own pseudo-natural world which became a pseudo-body of the Zone of Displacement.

The people who did all this are called the pseudo-creators by me. Sometimes they are summarily called Lucifer. The word "Lucifer" literally means the morning star. Originally this word had a positive and good connotation because the "morning star" signified the very first natural people who were created and endowed directly by the Most High to inhabit the natural world. They were specifically created for the original planet Earth. Thus, Lucifer doesn't mean a single person who

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was supposedly on a high level such as an archangel who subsequently rebelled against God and fell down from God's grace. This is a myth supported by the negative state and the hells to give people a false impression that evil and falsity were originated by someone who was very close to the Most High, in fact, a son of God and brother of Jesus Christ.

People fail to realize that anything negative, evil and false can never originate from someone who is positive and good. No idea or notion of negativity can ever occur to such a person. Therefore, no one from the ranks of angels, archangels, cherubims, seraphims or any other rank of the true spiritual world would ever want to come up with the idea of rejecting the true reality of the Most High's Creation and the Most High Himself/Herself.

The negative state, therefore, could not initiate or originate at the very top of the Creation or in the first circle of Creation. Instead, it was initiated and originated at the very bottom of Creation or in the last circle of Creation, that is, in the most outward degree of the natural world, on planet Earth, where the spiritual principles are the most remote from their source.

That "Lucifer" was called the son of God signifies that the first people on this planet were a direct creation and endowment of the Most High. That "Lucifer" is sometimes called the original brother of Jesus Christ signifies that the Most High incarnated on the planet Earth to become the Savior of everyone in the Zone of Displacement and to save the entire Creation from the necessity to be evil and negative and to go to hell.

This is the true meaning of the word "Lucifer." Thus, the pseudo-creators of the original planet are called "Lucifer." When they fell out from the true Creation into the Zone of Displacement, they gradually spread out and populated all its regions. In the process of their expansion, having the secret knowledge of life-making from their original positive state (that is, from before the so-called "Fall"), they produced and fabricated numerous life forms which were a resemblance of their own likeness and image, as they used to originally be the likeness and image of the Most High. As a part of that process of fabrication, they also fabricated human beings for the pseudo-planet Earth with the establishment of the same hierarchic structure for their products as exists in the true Creation. That is, every being or creature produced by them in the hells, consists of its own spirit, soul and body.

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The people, or to be precise, the pseudo-people that were fabricated by the pseudo-creators (by the stolen principles of life that they had in themselves from the Most High) are the second type of people that inhabit all regions of the Zone of Displacement.

The third type of people in the Zone of Displacement are basically volunteers that came there from other dimensions of the Most High's Creation. These people volunteered for certain specific assignments and, as a result of that, they incarnated into the Zone of Displacement accepting the conditions that exist in it.

As we can see from the above description, no matter what dimension or region of the Zone of Displacement people are, they are all structured in the same basic manner. They always consist of their specific and unique spirit, of their specific and unique soul and of their specific and unique body. No one can survive or be and exist without one or two of the above mentioned components. Thus, we must consist of the spirit, soul or mentality, and body in order to be able to be and to exist. This is the condition under which we can live. This is the arrangement that was established by the Creator, the Most High. The reason that it was established in such a manner is because the Most High Himself/Herself consists of the Absolute Spirit, the Absolute Soul and the Absolute Body. Thus, the entire Creation is the exact replica of the Most High and the Zone of Displacement is the exact replica of the distortion of the Most High's true Nature.

As the soul or mentality proceeds from the occurring ideas of its spirit, so is the body formed from the ideas of the spirit and its mentality; the only difference being that the spirit utilizes the elements of its environment to be in that body for its manifestation and concretization in that environment.

All dimensions of the Most High's Creation and all regions of the Zone of Displacement are environments for accommodation of their respective inhabitants. These environments are built from the ideas of the spirit that will inhabit them. Thus, the visible universe in all dimensions, as well as the Zone of Displacement, is nothing else but projected ideas of the spirit's mind. If we were to withdraw the ideas of our mind from its environment and stop projecting them into that environment, the universe and matter visible to us (in the case of the physical world) would turn into nothingness. So, first, the spirit emanates the idea of its environment. Once that environment appears, from the elements of that environment the spirit assumes its form of projection or its body.

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From this we can see that there are as many different types of physical bodies as there are different environments. In the spiritual world, the body of the spirit is built from the elements of the spiritual environment. Therefore, that body could be called a spiritual body. In the intermediate world of spirits the body is built from the elements of that world. This can be called a mental body. In the natural world, the body is built from the elements of matter. This can be called a physical body. In the Zone of Displacement the bodies are built from the fall outs or anti-elements and anti-particles which constitute the environment of that zone.

Because any type of body is the result of activities of our spirit and soul, it is obvious that the life of our body is completely dependent on our spirit and soul. But why does our spirit need a soul and a body?

Our spirit in its essence and substance is a pure and unique idea of itself. It is an idea of unique being and existence that proceeds from the Absolute idea of the Most High's Absolutely Unique Absolute Being and Existence.

The state of each idea is an active state. To be aware that "I am" is an active process and not a stagnant condition. Once the awareness of "I am" comes to its fruition, it must proceed to be and to exist. Because it is a unique awareness of the unique "I am," it produces its own unique mentality or soul for the purpose of completely and uniquely experiencing its being and existence. The experience of its unique being and existence produces tremendous energies that appear in the form of various environments conducive to projection and manifestation of that being and existence. Once those various environments appear, they are utilized for building a body into which the spirit and its unique mentality can be projected and be concretely manifested.

It is obvious that without projection and manifestation of the being and existence, no being and existence can be and exist. Thus, in order for the spirit and its mentality or soul to come into its being and existence, it must project and manifest itself. Simply stated, it must become. As we can see, we have three steps of Creation here; first, the occurrence (state occurs); second, the proceeding (the spirit proceeds from its occurrence into its mentality and soul); and third, the becoming (the spirit becomes from its occurrence through proceeding into its body). In unification of these three steps — occurrence, proceeding and becoming, the true being and existence of any intelligent or pseudo-intelligent individual can be actualized and realized.

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Thus, the spirit cannot be and exist without its specific mentality and specific body because its mentality is its means of proceeding for continuous living and its specific body is its means for projection and manifestation of its continuous living. One cannot, very well be and exist without the proper means for one's being and existence.

Thus, our physical body is an integral part of our living regardless of where that living takes place. Those of us who presently live on this planet have our living in the environment of this planet from which our physical body was originally built. In this manner we acquired what is called the physical or bodily life.

Therefore, we can say that our life consists of three major forms and manifestations of life: our spiritual life which relates to the life of our spirit; our mental life which relates to the life of our soul; and our physical life which relates to the life of our body. However, the totality of these three major lives constitute one individual and unique life specific to each individual. It is necessary to realize that the nature of our spirit and its soul is a constant one. Our spirit is a pure idea of "I am." The mentality of that spirit is the impression and expression of "I am." This situation can never be changed or abolished because the idea of "I am" always is regardless of what kind of changes or shifts take place. However, the body of the idea of "I am" is never constant. It depends on where or in what state or environment that "I am" is projected and manifested. While the spirit and its mentality by its very nature must be immortal, because it occurs from the absolute "I AM" of the Most High, as His/Her extension and process, our body, on the other hand, is transient, changeable, modifiable and temporary.

Thus, when the spirit and its mentality fulfills its needs and purpose in one specific environment and is ready to move on to a different environment, or state, or condition, it leaves its former body behind and assumes a new form for its projection and manifestation in a different environment or state. The spirit and its mentality cannot take its former body with itself because the body is always bound to its specific environment, being built from the elements of that environment. Therefore, in a totally new environment or state or condition, the old body would not be conducive to projection and manifestation of its spirit. The spirit and its mentality simply could not appear in the new environment or state with their former body because that body is of a totally different structure than is required for the projection and manifestation of the spirit and its mentality in the new condition or environment. Therefore, the body is put aside. Once it is put aside, the body reverts to its original elemental stage.

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Any specific body can exist in its bodily form as long as it is used by the spirit and its mentality for the purpose of the projection and manifestation of its specific and unique being and existence relevant to its current needs as well as the purpose and use it serves. When those needs are met and the purpose is fulfilled and all use in that environment is exhausted, the spirit and its mentality changes its state and condition. With the change of its state and condition, it changes its environment. Once this change takes place, the spirit and its mentality disappear from that environment and the body returns to its original elemental conditions. It diffuses into its own environment.

From this arrangement it is obvious that the life of any type of body is derived from the purpose and use it serves to the spirit and its mentality. When that purpose and use ends, the body loses its source of life and stops its function. The end of the bodily functions doesn't mean the end of the spirit's life and the end of the spirit's mentality. It only means the change of conditions. But because the body is not transferable from one condition into an entirely different one, it dies out and ceases to be and to exist. The length of the bodily life and its condition depends on the spirit's need and use for that body. In some conditions and places of the Most High's Creation one can remain for a billion years in that body without any signs of wearing out or aging of that body. In other places and conditions it is very short-lived. However, regardless of whether that body continues for a billion or more years or for only one minute, it serves a very important purpose and use for the spirit and its soul. Because of this, everybody's spirit, soul and specific body deserves to have proper care, respect and love.

For a better understanding and fulfillment of our earthly life and its physical and bodily aspects, it is advisable to consider the following important issues regarding our earthly, physical life and the form of its manifestation:

1. The situation with bodily life in the true Creation is entirely different than on this earth and in all other regions of the Zone of Displacement. In the true Creation the bodily forms of the spirit and its soul are built from purely positive and good ideas. Their environment reflects that positiveness and goodness and is void of anything adverse, negative, destructive or evil.

For this reason the bodies in the true Creation are not subject to decay or any disorder or disease or death or any other adverse and uncomfortable conditions. There is no process of aging of the body and death, as it is known to people on earth. In the positive state people's

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bodies and all their organs are always derived from the ideas of the spirit and its mentality. The body is in a constant, conscious awareness of its spirit and soul and in a constant, direct communication with them. There is no separation of spiritual and mental life from the bodily life. The bodies in the true Creation don't produce any waste. Whatever people eat or drink there is totally utilized by their bodies in such a manner as to be fully absorbed and turned into needed energy. Thus, no urination and defecation is known there whatsoever. After all, urine corresponds to falsities and feces correspond to evils. If one lives in a condition where no evils and falsities are possible, one's environment is free from anything that could not be fully utilized for some good purposes without producing any waste. No garbage disposal is needed in any form because no garbage exists there.

2. Before the so-called "Fall" of those who are sometimes called Adam and Eve and sometimes Lucifer, the situation with human physical bodies on this earth was entirely different than it is now. The body of that time was harmonious with all other bodies in being and existence. Although it was created by the Most High from the elements of matter and earth, it was under total conscious control of its spirit and soul. No separation of the physical body and its life from the spiritual and mental life was conceivable at that time. The physical sensory organs were precisely tuned into continuously perceiving all three realities properly and correctly — the spiritual world and its inhabitants, the intermediate world of spirits and its inhabitants and the natural world and its inhabitants.

Because of the total control of the physical body and its functions by the spiritual and mental law, that body was not subject to aging, decay or death. Because the original people genuinely contained only positive and good ideas, their physical body was never subject to any ailments, illnesses, diseases, disorders or discomforts.

The appearance or form of the physical body of the original people was quite different in its function, form and size as compared to the presently existing physical bodies of humans. That body was capable of utilizing and absorbing fully whatever it consumed in the form of food and drink. Thus, as everywhere else in the true Creation, that body didn't produce waste in the form of feces and urine.

The positioning and the function of the physical organs of that body was entirely different from what they are now.

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As mentioned in the previous chapter, the human brain was not divided into two hemispheres. Every single cell of that brain was in the mode of conscious activities. The fullness of the brain's activity to its total capacity required, of course, a different type of body than we have now. That body needed to be accommodated to take the immense intensity of the brain's function and its full capacity and activity.

Of course, the physical environment was also different at that time. For example, there were no nights and drastic changes in weather or temperature conditions. The sleep time was very minimal or only in the form of rest rather than in the form of real sleep as we know it at the present time.

When anyone was ready to leave this planet, he/she simply stepped out of his/her body and moved into another dimension. The body left behind was subsequently reversed into its elemental stages. At that time people lived as long as they determined to stay here by their own free will. Usually, their earthly life lasted for several thousand years.

Because of the important purpose for which the original people came to this earth, they highly valued, esteemed and took proper loving care of their physical bodies because these bodies served well in that purpose. The body was considered to be an integral part of the overall earthly life without which proper projection and manifestation of the life of the spirit and its mentality could not be accomplished. Therefore, they never abused or misused, overused or neglected their bodily life.

3. The above described condition was the ideal one. It didn't contain any negativity of any adverse states. Under those conditions, as already mentioned in the previous chapters, no negative state could ever be activated or come into its being and existence.

In order to activate the negative state it was necessary to totally change the above arrangement. The major target of that change was in the separation of bodily life from the spiritual and mental life and in limiting the spiritual and mental life to the five percent of their original capacity. In order to accomplish this, a different type of body needed to be fabricated.

Taking five percent of the original endowment of the Most High, through certain mysterious genetic alterations and manipulations in the forms of genes, and combining that five percent with ninety-five percent of the available animal genes, produced a peculiar life form that in all respects resembled animal life but, which contained something that none of the animals had — self-concept, self-image or the concept of "I am."

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What was accomplished here was that into the basically animal physical body, which was somewhat modified, the five percent of the original endowment of the Most High was placed. From that original endowment the spirit and its mentality were derived and subsequently placed into animal bodies. However, this time the spirit and its mentality were made to be dependent on the physical body and its function. Thus, the new physical or bodily life was forcefully separated from the spiritual life and mental life and was made autonomous.

The forced separation, having only a very narrow and limited channel for life flow into the body from the spirit, produced an entirely different condition of life on this planet.

Animal bodily functions are entirely dependent on their external environment and the laws that govern nature. There is no spiritual or mental awareness and control in animal life. All functions of animals basically related to only two needs: providing food for their survival and for physical procreation. Everything in an animal's body is accommodated to these two needs.

If we put a spirit and its mentality into this kind of body, the spirit becomes trapped and totally limited in its genuine function. People "naturally" begin to care only about their bodily needs and become absorbed in matters of the external world because their bodies are governed by those matters by the laws of the external world. Thus, they become dependent on everything external and subsequently lose any perspective that anything spiritual or mental exists, and if it exists, it is only to serve our physical, earthly, worldly and bodily needs.

4. The above described situation produced a drastic discrepancy between the fulfillment of bodily needs and spiritual and mental needs. Our spiritual and mental needs are rarely, if at all, cared about or fulfilled. On the other hand, we exaggerate the fulfillment of our physical and bodily needs to such a proportion that it creates tremendous problems for our bodies also.

The paradox here lies in the fact that the proper fulfillment of our physical and bodily needs is possible only from the standpoint of our spirit and soul. The proper knowledge of the ways for fulfillment of those needs is contained in our true spirit and soul. But we lack the proper access to that knowledge since the function of our spirit and soul is genetically limited and narrowed down to the basic requirements of the life support system.

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Because of this situation we don't know how to properly fulfill our physical and bodily needs. So, we fulfill them in the wrong manner and way. This produces all kinds of problems that lead to the sicknesses of our bodies.

On the other hand, if the spirit and its soul don't have full and total control of the body and if the body is forced into its own autonomous functioning, the spirit cannot provide that body with the fullness of true life which is available in that spirit. Because of this fact, only a very small portion of that life leaks through. This small portion of life is not sufficient to keep that body alive for too long a period of time or to keep it from aging and decay. Thus, our body, from the moment of its birth is in the process of dying because it cannot receive a sufficient amount of life energy from its spirit to be able to sustain its life. The very small amount of available life is continuously diminishing and finally exhausted. Because of this situation, the lack of fulfillment of life in our body is obvious. This leads to the condition that whatever we eat in the form of food, and drink in the form of liquid doesn't have enough proper life elements that would enable that food and drink to be processed and utilized fully without producing any waste. Thus, it was necessary to fabricate organs for our body that would carry that waste out of the body in the form of feces and urine.

This arrangement makes us even more dependent on our bodily functions because, as people say, when you have to go, you have to go, and nothing can stop that.

Inability of the life of our spirit and soul to be fully manifested in our body leads toward the development of all kinds of illnesses, deformities, peculiarities and disorders which we cannot properly contain because we don't have enough life energies in us to repudiate those adverse conditions. We are able to do so only by external means which are very often inappropriate and inefficient or have only temporary value. Nothing can prevent our body from dying within a short period of time (average life-span is 68-75 years which is a fraction of a drop of water in a bucket of eternity).

5. The life of the body depends on the proper flow of ideas from the spirit through the soul that maintain the proper function of the physical body. The correct or right ideas allow the correct and healthy functioning of the bodily organs. Each physical organ and its cells correspond and are connected to some spiritual and mental idea or state. Without this correspondence no physical organ and its cells could initiate any activity within themselves. As a matter of fact, that organ is built from those

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spiritual and mental ideas. Thus, it depends on the kind of ideas it receives from its originating source for its function. For example, let us take the human heart. What is the function of the human heart? To pump the blood into all cells and organs of the body bringing to them nutrients and oxygen and removing wastes. Now, the movement of the heart and its function would not be possible without certain spiritual and mental ideas that enable that function. The heart corresponds to the Divine Love and Good that feeds the spirit, and it corresponds to the will to live that feeds the mentality or soul. Without Love and Goodness of life, no life can exist. Without the will to be and exist, no being and existence can be manifested. Without the will to be and to exist, the function of the heart stops and the body is cut off from the supplies of its nutrients delivered by the blood from the heart.

Thus, the spiritual idea of life and its mental proceeding to will that life, create the heart and its function, which allows the projection and manifestation of life into the body or physical form. Similar correspondences exist with all other physical organs of our body.

However, because of the genetic alteration of our body, which led to the severance of the full flow of life from the spirit and soul, very few proper ideas can get through to maintain the healthy function of our body and its organs.

In order to give some semblance of life to the function of our body and all its organs, it is necessary for them to be continuously receptive to some ideas from the spirit and soul. For this, as well as for many other reasons and purposes, a pseudo-spirit and pseudo-soul were artificially built and placed into us and into our being and existence that are able to transmit the necessary ideas into their respective physical organs of reception. But these ideas are perverted, distorted, mutilated and sometimes entirely falsified. These ideas are constantly being fed into our various physical organs, adversely influencing their functioning. This results in frequent disfunction, breakdowns, crises, and death of those organs. If we are not fed with the proper and relevant food, we will eventually suffer from serious malnutrition that will eventually lead to physical death.

Thus, our physical bodies are constantly fed with wrong or distorted spiritual and mental ideas whose purpose is to destroy our lives.

6. One of the major reasons why our physical bodies and their organs don't receive the proper spiritual, mental and material food is that they are cut off from direct access to the true spirit and the true soul. Our

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physical bodies, after they were genetically restructured, were connected to the pseudo-spirit and pseudo-soul. This was done for two purposes. One, to prove that life can be sustained without any or with distorted spiritual ideas and principles and their improper mentality. Two, to destroy any true life by substituting it with the non-spiritual pseudo-life. The goal of the negative state is to wipe out the true Creation and overthrow the rule of the Most High's positive state.

It is impossible to accomplish this goal with someone who is part of the true Creation of the Most High. For that reason, it was necessary to fabricate a different breed of people and creatures who would be structured spiritually, mentally and physically in such a manner as to despise everything truly spiritual and positive. This was the reason why it was necessary to alter the forms of projections and manifestations of the spirit and its soul so extremely. After all, the projection and manifestation of that spirit depends entirely on that form. This restructuring allowed the feelings of hate toward everything purely positive and good to come to its fruition and to take hold in people's mind and to begin to produce its results.

Thus, in our presently existing earthly body, because of those extensive alterations, it is very easy and "natural" to feel upset, to be angry, to hate, to be greedy, to despise others, etc., and, at the same time, it is "naturally" very difficult to be good, positive, loving, kind, nice, sharing, etc. To be negative doesn't require any effort on our part because, as a result of those genetic alterations, it became our natural condition. On the other hand, to be positive takes a tremendous effort because everything in us is geared to oppose it. It is like swimming against the stream that runs speedily down a steep mountain slope. How does one swim against such a current, swimming up the slope? Now, with this kind of crew, the negative state has a chance to succeed in its effort. However, if it does, it means the end not only of the true Creation but also of the negative state itself. The reason for this is that the negative state can exist only because the positive state exists. It derives its life form from the life of the positive state. It is a parasite that eats its host and perishes after it finishes eating it because there is nothing left to feed on. This is the ultimate insanity and foolishness of the negative state's being and existence. This is how the true nature of the negative state is being manifested through all Creation. This is how we learn the difference between the positive and the negative state. This is why the negative state was permitted to be activated by the Most High.

7. In view of the above described facts it is obvious that our earthly life and its physical or bodily aspects is put on a pedestal and is

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worshiped above all and above everything. If we are consciously not aware that anything else exists, we end up with this kind of idolatry. Our body, everything related to it and our earthly life become gods and have their own real existence and meaning. Thus, quite “naturally” we put all our efforts into supporting something that was originally imposed on us and which we accepted as a true reality. We waste our time and precious energy on futilities and banalities of a fake life and non-life, a miserable and hateful life that has no true meaning and purpose but only destruction and self-destruction.

This is reflected in our behavior, attitudes, in the manner of our speech, the way we eat and drink, the way we feel and think and the way we relate, behave and act. Everything revolves around food, drinking, pleasures of the flesh and similar earthly, worldly, material and bodily activities which were considerably exaggerated by that genetic alteration at the expense of everything else. We became so busy and entrapped in these kinds of external activities that we cannot find time for anything else. This becomes a good excuse, rationalization and justification for our avoidance of anything spiritual and mental. Unfortunately, many of us love and enjoy this situation. Many of us consider it to be true fun. It is as natural for us as breathing. This is how we were built. This is how we feel comfortable in our functions.

And yet, it doesn't occur to many of us that all of our miseries, accidents, illnesses, problems, sufferings, depressions, shortcomings, or whatever we have are the exact result of this kind of arrangement.

The insanity of this situation is obvious without any further comments.

8. The one-sided preoccupation with our physical and bodily earthly life and the neglect and underestimation of the spiritual and mental life doesn't serve the proper well-being of our physical body very well either. We constantly lack something. We believe that we lack it because we are not able to have more material goods, or more bodily types of pleasures, or more external types of activities that would be able to take care of that situation. But, it takes care of it only on a temporary basis, because, in fact, it doesn't take care of it but only suppresses or postpones its resolution. That postponement compounds that problem and it will return with greater force and potency. We become sicker, more miserable, more depressed and more dissatisfied. To eliminate this worse condition we again repeat the above effort. This in turn, brings us nothing but more troubles which are much worse than anything previously experienced by us. Again we repeat the same mistakes instead

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of trying to get rid of those troubles. This goes on endlessly until we succeed in killing ourselves either by some kind of illness, or in an accident, or by drinking or smoking excessively, or by eating too much or inappropriately, or by taking all kinds of drugs, or by many other means. Notice, please, how all these means are of a physical, external, or outward nature and origin. There is nothing of the spiritual in any of them. And this we consider to be a true life.

9. The suppression and isolation of our physical earthly body from its spirit and soul gives most people and scientists a false impression that our body is the very life itself. That life derives from the body, and, therefore, life is a product of activities of matter from which the body is built. No spiritual or mental factors are perceived as being the originating source of life. According to this impression, life occurs by pure accident without any planning or will of anyone to live, to be and to exist. If the life of the body is the only possible life in being and existence, then everything else should serve the body. All efforts of human endeavors should be prolonging the life of that body by all means since there is nothing beyond and above our bodily life.

If the spirit and soul are only the outcome of the bodily processes, which we call life, then the spirit and soul are the least important and needed because they are only a by-product of matter's development and activities. In the true sense of this conclusion, it is obvious that no spirit or spiritual world exists and the concept of God is only a figment of human imagination or something so remote and bodiless that it cannot be considered a decisive factor in human bodily life.

To make these kinds of conclusions about life was the major target of the activators of the negative state. These were the reasons why they separated and isolated the human physical body from the spirit and its mentality in such a manner as to make it appear that the body lives by itself and in itself. Having no or little access to the true spirit and its true soul, people would have little choice but to conclude that no other life, except for bodily life and material life, existed, exists or will ever exist. From that position it is easy to deny God or to accept Nature as God and to despise the spiritual life and its spiritual and mental principles.

And yet, seen in a proper perspective and place and in its proper position, our earthly life in its bodily and physical aspects can serve an invaluable service to us in our overall development and well being.

In order to accomplish this it is necessary to come to the realization what the true place and position of bodily life is in the hierarchy of the

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spiritual organization. That place and position were described in this and two previous chapters where it was explained and shown that the proper order of life is from the spiritual to the mental to the physical to the bodily, etc., and not vice versa as is the case with us now. If we start to pay proper and effective attention to our spiritual needs first, then, secondly, to our mental needs, and then, thirdly, to our physical needs, in that priority, we will be able to restore the true life in us to a much greater degree of understanding, fulfillment and happiness than is the case right now. We will be able to get in touch with our true spirit and soul and channel much more life from them into our body than we have done so far. This would make us much healthier, more youthful, and with much less possibility of breaking down or becoming ill.

In order to accomplish this we are advised to do the following exercises.

EXERCISES FOR THE PHYSICAL AND BODILY LIFE

1. Go through the first five steps as described in the first chapter. Make a statement and commitment to yourself that you desire to learn about your earthly, bodily life in order to utilize it in a much more productive, constructive, creative and useful manner in genuine harmony with your spirit and soul.

2. Carefully examine your style of life as far as the body is concerned and see how much time and effort you spend being concerned and preoccupied with your physical life, material well-being and your body image. Pay attention to how you feel about your body, how you think about your body and how you treat your body. What kind of food and drink do you give to your body?

3. Ask your Inner Mind and the Most High in your true Inner Mind to reveal to you in what kind of condition your physical life and your body really is. What is the source of your physical, natural and bodily shortcomings, limitations, discomforts, unhappinesses, or frequent disorders and breakdowns.

4. Carefully explore and ask the Most High to show you how far you have disconnected, isolated, and separated your physical, material and bodily life from your true spirit and soul and their lives. Discover what the consequences and outcomes of that separation are for your life and what kind of problems that separation caused you to have.

5. Direct your attention to your body and ask it to appear to you in your bodily form on your spiritual mountaintop. Tell your body to show

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itself to you the way it really is and not the way you see it and feel it by your external mind. Ask your mind, after it has presented itself to you, the way and the condition it really is in at the present time, to show itself to you in the way and condition it should be in accordance with the correct spiritual laws reflected in the hierarchy of the true spiritual organization, that is, from spirit to soul to body, etc.

6. Ask your body for mercy and forgiveness and apologize to it for mistreating it for so long and keeping it disconnected from its spiritual and mental source.

7. Request that the Most High properly reconnect your body and its physical life to your spirit and to rearrange their function in such a manner as to allow a greater and greater flow of the true life into your true body.

8. On an everyday basis, go through a thorough purification and cleansing of your body with a white light coming from the Most High in the sun in the East to take from your body all sick, weak, aging, diseased and dying cells and to replace them with new, healthy, rejuvenated, strong, energetic and vigorous cells.

9. Commit yourself to talk to your body on an everyday basis in unity, oneness and harmony with your spirit and soul. Request that the Most High indicate to you how much time is necessary for you to spend with your body in order to keep it in good shape and to enable it to fulfill its purpose for being here in the most efficient and satisfying manner. Don't forget to thank your body for the work that it is doing for you.

Now, if we do these or similar types of exercises daily, in combination with the type of exercises described in the first and second chapter, we will be able to defy the condition in us that was established by the genetic manipulation and alteration as described above. This will help us to gradually eliminate the negative state from our lives.

It is to our advantage that the elimination of the negative state takes place within us first. It will free us to utilize, understand and fulfill our earthly life to the fullness of our potentials and capacities. The negative state in us absorbs ninety-five percent or more of life energy and eats up everything positive and good that that energy could produce. Can you imagine how much genuine and true life and its energy would be available to us if we would get rid of the negative state and free that energy for use to our own advantage and for acquirement of better understanding and fulfillment of our earthly life in all its aspects — spiritual, mental, and physical?

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Do these exercises in the spirit of novelty, agility, determination, constant change and enhancement avoiding any ritualization, automatization or habituation.

If we do these kinds of exercises, we can accomplish even more than we think we are capable of. Believe me, we can only gain everything which we always wanted to have anyway.

CHAPTER FOUR

SEXUAL LIFE

The subject of this chapter is one of the most sensitive, controversial, and misunderstood issues. It seems like there is no other aspect of our earthly life which is loaded so much with all kinds of contradictions and problems as is the issue of human sexuality.

For that reason, what follows in this chapter will be a stumbling block for many readers.

During my practice as a clinical psychologist for over twenty years, I met, examined and treated many people both in Europe and in the United States. My professional and social experience with people showed me clearly that sexuality and its understanding and practice is one of the major, if not the most obvious and predominant, source of many people's problems. Even if they initially consciously denied that they had any sexual problems, during a thorough examination and exploration of their lifestyle, the problems related to their sexuality or stemming from their sexual life stick out like a sore thumb. The reason for some people's denying having sexual problems is in the fact that those problems are disguised by the symptoms that seem to have little direct relevance to their sexual life. For example, who would think that persistent and severe evening headaches or backaches have anything to do at all with their sexual life or the sexual attitude? Yet, in many instances, the occurrence of these evening pains and aches are only a symptom of their sexual problems — in this case, avoidance of sexual intercourse. The headaches or backaches, in many cases, become preferable and more "pleasurable" than having sexual intercourse with their sexual partners. There are many other similar symptoms in our earthly life that disguise or hide our sexual problems.

Why is it so that our sexual life is such a loaded, controversial, sensitive and problematical issue?

This situation about our sexual life stems from the vital, crucial and important role that sexuality plays in our earthly life regardless of whether we want to believe it or not.

Certain ideas and concepts about sexuality were revealed and explained in other books, "Fundamentals of Human Spirituality," "Messages From Within," "Reality, Myths & Illusions," and "Major Ideas

of The New Revelation.” Because these ideas are scattered throughout those books, for a better understanding, they will be summarized here.

One of the many reasons why the issue of our sexual life is so complex and loaded is because it is an all-pervading occurrence not only of human life but also of animal and plant life. We encounter sexuality in all corners of our life, so to speak. Our behavior, actions, thoughts, feelings, attitudes, desires, moods, intentions, motivations, etc., in most instances, have a sexual connotation regardless of whether we are or are not consciously aware of such a connotation. Even if we developed disgust and aversion toward anything sexual, whether in practice or theory, that disgust and aversion is loaded with suppressed sexuality. It derives from our sexuality. No matter how hard we try not to think about it, not to have anything to do with it, by that attitude we confirm how important sexuality is for our earthly life in general and for our proper self-image, self-understanding and, in particular, our relationships toward others.

No other area of human earthly life is so stringently and vigorously regulated by various social demands, taboos, prohibitions, prescriptions, laws, religions, etc., as sexual life. It is a matter of both private and public concern.

Why is it that sexual life plays such an important role in our earthly life?

Most people have only an obscure knowledge (if any at all) of what sexuality really is and what its true role is in people’s lives. Some people think sexuality is only a physical or bodily need that has to be satisfied. Some consider it to be a physiological and emotional tension that has to be discharged occasionally. Others believe that sexuality exists for only one purpose — procreation of the human species. Many religious fanatics consider it an invention of the devil to seduce people and to keep them in the bondage of lust, cravings and desires that lead them to the hells. Some people consider it to be a very sacred act to be shared exclusively with someone to whom they are married. Regardless of what our attitude toward sexuality is, the majority of us are affected by sexual life to a most potent degree. Very often, if we deny the importance of sexual acts in our life and if we avoid it for a prolonged period of time, the sexual acts will disturb us in our night dreams over which we seemingly have no control. No matter how hard we try, we can never free ourselves entirely from the influence of our sexuality.

One of the many reasons for this fact is that sexuality has a multidimensional meaning and purpose. Most people are not aware of

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the fact that sexuality is a special tool or means that relates directly to our spiritual life, to our mental life, to our physical and bodily life, and to all other aspects of our earthly life. No one area of our earthly life has such a profound connotation and meaning to all other areas as sexual life has. This is the reason why sexuality is such a sensitive, loaded, controversial and misunderstood issue.

In view of the important position and role which sexuality plays in our overall earthly life, how can it be properly defined and understood?

Sexuality is a spiritual, mental, emotional, intellectual, social, intimate, private, personal, physiological and physical act that, properly understood and practiced, has the ability to unify and integrate into one cohesive whole all aspects and levels of our life. The sexual act is a bridge or link among all areas of human being and existence, as well as being and existence itself. Sexuality, in its proper connotation and practice, can be considered a state, condition and process by which we can acquire the most vital knowledge and understanding of God our Creator who is in us; the most crucial knowledge and understanding of others; and the most important knowledge and understanding of ourselves. In a higher, spiritual sense, sexuality is one of the most important gifts from God for the purpose of sharing ourselves with God in us, with God in others and with God that goes beyond any possible comprehension and understanding by our limited human minds.

Thus, the most important purpose of sexuality, in its original connotation before the so called "Fall," is or was for mutual benefit, common good, exchange and sharing and for a continuous reception and transmission and incorporation of a greater and greater knowledge of the Most High, others and ourselves.

The intensity, intimacy, potency and directness of sexual intercourse, as well as its most private, unique and subjective experience, is of such proportions that no other act can even come close to comparison. In view of this kind of connotation of sexuality, it is very obvious that sexual intercourse was never meant for procreation or for physical birth of children. The latter connotation of sexuality came about after the so called "Fall." Before the "Fall" people were born on this earth not by a physical birth, but by a direct endowment of the Most High. That is to say, the Most High formed a physical body for a prospective human being and then breathed into that body the unique spirit of life. That spirit came from the Most High or from the idea that occurred in the Most High's Absolute Thought Process or in His/Her Absolute Spirit. At that time there were no babies or children born because the endowment of the

Most High doesn't contain ignorance and unconscious processes and states.

Thus, it is obvious that the purpose of sexuality in humans and all other intelligent beings and entities in the entire Creation of the Most High is not for making children as animals do. Its purpose with intelligent beings and entities is for a mystical, intimate, unique, very special and private communication and relation with the Most High, others and ourselves. It connects us with the Most High and with all others in the Most High's Creation.

For this reason the intelligent beings and entities were created by the Most High as the forms or recipients of the two major and substantial aspects of His/Her Absolute Nature — Divine Love and Divine Wisdom and all their respective traits, characteristics and attributes. These two major aspects form total unity and oneness within one indivisible God. Everything related to the Divine Love can be called femininity, and everything related to the Divine Wisdom can be called masculinity. Because love is the essence of any life and wisdom the substance of any life, one without the other cannot be or exist and there is a continuous effort for their mutual conjunction and unification.

Because of this important distinction, all intelligent beings and entities in the Most High's Creation were created in such a manner as to accommodate and reflect these two major aspects of the Most High's nature. One is the image of God and the other is the likeness of God. Thus, every person carries within himself/herself both the masculine and feminine characteristics which continuously strive for their merger, conjunction and unification. This striving is manifested in us as a need for sexual intercourse.

On the other hand, to show how very important sharing, exchange and conjunction of femininity and masculinity, or Love and Wisdom, Good and Truth, Will and Reason, Affection and Intellect, are, people appear in two different physical forms — male and female.

The essential and substantial life's need to unify itself with its love and with its wisdom is reflected in our irresistible attraction to and sexual desire for our opposite sexual characteristic — male to female, and female to male.

Thus, in this connotation, sexuality is nothing else but a spiritual correspondence of the entire desire and need for unification of love and wisdom, good and truth, will and reason, or masculinity and femininity. This relates directly to the proper knowledge and understanding of and

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interaction with the true Absolute Nature of the Most High and His/Her entire Creation.

Now, in the Most High, being that He/She is Absolute, this unification is absolute and constant. Only in an absolute and perfect state and condition, complete and total unification of all principles of masculinity and femininity is possible. However, no one intelligent being, human or entity is ever absolute. It is always relative to that absolute. Therefore, no one but the Most High can be in a state of total unity, oneness and harmony of one's love and wisdom, good and truth, will and reason, masculinity and femininity, etc. We can only become more and more unified but never completely so. In this situation lies the mystery of our motivation to continuously progress to the greater and greater awareness, understanding, and acceptance of the true Nature of the Most High, others and ourselves. This motivation for progressively greater and greater unification is reflected in our sexuality and sexual desires to become one with God, who is Absolute Femininity and Masculinity, and to become one with all others in the Most High's Creation. All males relate to the Absolute Femininity of the Most High and to all females, and all females relate to the Absolute Masculinity of the Most High and to all males.

Sexual relationship of male with male, and female with female (as we see in the act of homosexuality), has no spiritual validity because it doesn't give or achieve any proper spiritual, mental, emotional, intellectual, or physical unification. After all, love or femininity seeks its unification with its wisdom or masculinity, and wisdom or masculinity seeks its unification with its love or femininity. Because there is that spiritual principle of connectedness of all with all and proceeding from the spiritual, to the mental, to the physical, to the bodily, the external form of love is a female body, and the external form of wisdom is a male body. Therefore, the only true spiritual, mental, emotional, intellectual and physical conjunction and unification in the outward degree (as a result of the spiritual correspondence) is possible only between male and female, and female and male.

I am aware of the fact that the so called gay community in the world will not be pleased with the above description of maleness and femaleness and human sexuality. But, the true reality of their physical forms and their vital differences speak above any words. These are spiritual facts. The perversion and falsification of these facts came after the so called "Fall." The falsification of these facts, and their negative correspondences, led to the development of false needs and feelings in all aspects of human life. Because sexuality is one of the most important

aspects of our earthly life, it is only obvious that sexuality became the most important aspect of perversion and fabrication.

One of the many concrete outcomes of this falsification was the appearance of the unnatural desires for homosexual acts. Now, this does not necessarily mean that all homosexuals are evil or condemnable to the hells, as some people think. It only means that for some very important spiritual reasons they chose to illustrate vividly and concretely this falsification through their sexual preferences and practices. Whether such a chosen sexual lifestyle is or is not evil, depends entirely on their intentions, motivations and to what extent they use it to manipulate, to use, to abuse and to hurt other people. Of course, this is true about anything and everyone, and not only about homosexuals.

But to go back to the spiritual unification of masculinity and femininity: in view of the above revealed facts it is obvious that our sexual desires have a much deeper and much more important meaning, connotation and role than many of us are willing to admit.

Because of the fact that we are not absolute, we can experience the Most High and others in ourselves, within ourselves, only in a limited sense. The experiences within ourselves are limited by our relative nature. Yet, in order to progress to a greater self-awareness, awareness of God and others, we cannot be limited to our own limited experiences. The need to experience more is reflected in our need for variety. The human nature and the nature of all intelligent beings and entities is structured in such a manner as to desire a variety of experiences. This is a motivating factor for our spiritual and overall progression and growth. Without love and a desire for variety we would not be able to experience all the available conditions, states and processes in life that continuously proceed from the Most High. Such a situation would make it impossible for us to have a greater understanding and knowledge of the Most High, others and ourselves. Yet, this progressively greater understanding and knowledge is a necessary condition for our overall survival. Without it we would stagnate in one place and condition. The stagnant condition would result in our ultimate death because it is contrary to the principles of life which are always progressive and not stagnant. This is the reason why we have such an irresistible desire and need for variety.

This fundamental spiritual need for variety is, for understandable reasons, the most pronounced and obvious in our desire for a variety of sexual experiences. We sexually attract many people of the opposite sex. We are attracted to many others of the opposite sex. This basically normal and natural desire for a variety of sexual experiences stems from

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the fact of our ability to experience the Most High, others and ourselves within ourselves only in a limited manner. This is so because we are not absolute.

On the other hand, this experience limited to only one other person of the opposite sex, is as limited and exhaustible as it is within ourselves only. After a while, because of our relativity, our experience becomes exhausted and relative and loses its motivating drive. We become bored and satiated with the same type of experience. As a result of this state, the need for variety comes forward.

Variety of sexual experiences, if understood and practiced properly, assures that no limitations are put on our needs to know and understand better the Most High, others and ourselves and, most importantly, that no limitations are put on sharing ourselves with others and others with ourselves for mutual benefit, common good, exchange and usefulness to one another. Thus, in making love to our opposite sex we make love to the Most High because the Most High is ever present in us and in our sexual partners.

However, because we are all unique and different, we contain within ourselves many different and unique aspects of the Most High. Everyone of us experiences, represents and relates to the Most High in a very specific, unique, unrepeatable and different manner. There are no two persons in being and existence that would contain and carry exactly the same aspects of the Most High. I cannot very well experience God within myself the way God is experienced by someone else. On the other hand, someone else cannot experience God within himself/herself as I do. This is particularly true in experiencing God in the opposite sexual characteristics that I or another person represent. However, it is possible to experience God and everything else in the manner someone else does, if that experience is shared.

But the sharing by words or by observations only is not sufficient because it is of an external nature. It doesn't have any intimate, subjective, personal, emotional and sensual connotation. For that reason our Creator, the Most High, gave us sexual life through which we can and may experience God, others, ourselves, etc., as other people of the opposite sex do.

However, to relate sexually from male to male or from female to female (as homosexuals do) doesn't produce any possible conjunction and unification that would allow us to experience things the way the homosexual partner does. Such experiences are possible only through

unification. Love is always conjoined to wisdom, and wisdom to love, as well as male to female and female to male, even as far as their external forms are concerned. This is the spiritual correspondence.

But how can we acquire the unique and subjective experiences of things of the same sex as we are if no conjunction and unification of male with male and female with female is possible by the most important means — through sexuality?

This can be accomplished through the opposite sex. If we share ourselves with many members of the opposite sex and if the members of the opposite sex share themselves with their opposite sex, they acquire many experiences of others. Subsequently, they release those experiences of the others of the opposite sex during their lovemaking sessions with those others. For example, you are a woman who can make love for the purpose of conjunction only with a man. But you would like to obtain the specific and unique experiences and things of some other woman. But you cannot conjoin yourself to her in order to make such an experience possible. However, if you sexually share the same male, you can experience that woman's specificity and uniqueness through having sexual intercourse with a man who previously had sexual intercourse with that woman. During the sexual intercourse with that woman, that man acquired her unique and specific experiences, was uniquely enhanced by them and, now he is able to share those experiences with you. In addition, that woman will be able to experience your unique experiences once they are shared with the same man if he makes love to that woman again.

Most people who are trapped in a false belief system about sexual life (which is the vast majority of humankind) will have extreme difficulty accepting these facts about sexuality and the purpose for which it should be practiced.

It is almost impossible for people to believe that sexuality was given to us by God just for the above described purpose: for the mutual sharing of our experiences with all in the above described manner in order that we are not limited and stuck in one mode of experiencing.

From the above description it is obvious that proper understanding and practice of our sexual life leads us toward becoming more spiritual and more positive beings. If sexuality is one of the major tools to get a better, deeper understanding and knowledge (and how to practice it) of the Most High, others, and ourselves then it can lead only to one end: becoming more positive, more loving, more wise, more perfect, more

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knowledgeable, more sharing, more Godly, more understanding and more beneficial, useful and helpful to all.

With such an understanding and practice of sexuality no negative state and all its atrocities and abominations could ever come to its fruition.

Therefore, because of this major role of sexuality in our lives, it was also the major target of genetic alteration by the so called pseudo-creators. If they were to leave our original sexuality intact, we would never turn our back on God and on the true spiritual principles of life. Thus, we would never agree to be a part of the negative state.

As mentioned in the previous chapters, the human physical form of projection and manifestation of the spirit and soul was altered beyond recognition. The spirit and its soul was limited to only five percent of its function or its capacity. In the process of that genetic alteration all knowledge of the proper purpose and goal of sexuality was repressed and cut off from any awareness of newly fabricated people.

The sexual organs were changed, rebuilt and placed into a different area. The arrangement of sexual organs was copied from the then existing highly evolved ape-like creatures.

The sexual organs were combined together or put into proximity of the organs of elimination of urine and feces. This gave people a very bad connotation regarding sexuality as something very dirty, filthy, smelly and putrid. By this positioning of the sexual organs, sexual feelings were played down and basically reduced to their physical, bodily or physiological aspects only. The birth of new people by the direct endowment of the Most High was eliminated and replaced with the animalistic manner of birth through the physical conception in the mother's womb. Thus, the new organs were developed for humans which they didn't previously have in order to make them procreate or breed as animals do. To these organs new emotional feelings and needs (mothering and fathering) were attached which acquired an entirely different connotation than animals had. This led to the conception of sexuality as being primarily for the purpose of procreation and preservation of the species. The feelings of guilt and all other kinds of nasty feelings were induced if any purpose of sexuality other than procreation was considered, desired or wanted. The institution of marriage was established so that all sexual practices are limited within the so-called marital bonds, and any other sexual involvements are considered adulterous and sinful. Various feelings of possessiveness,

jealousy, dependency, slavery and ownership of others were developed and genetically ingrained into people. Many other similar negative conditions regarding sexual life were established and imposed on people as the only right and proper way of living. They were accepted as truth and the only possible reality. Various civil, moral and religious laws were established and promulgated that would limit or reduce sexual practice to the sole purpose of procreation and only within marital bonds. These laws were so severe that anyone who deviated from adhering to them was stoned to death. Even at the present time, people are still suing one another in the courts of law for alienation of affection or for adultery or similar reasons.

All this was done for only one purpose — to lead people further and further away from the true understanding and fulfillment of their earthly life. This understanding and fulfillment is most available through the proper understanding and practice of human sexuality. But, the major purpose of this deviation was for the successful activation of the negative state by the means of cutting off people from the fundamental source of acquirement of a true understanding and knowledge of God, others and themselves. Everything in our life depends on this understanding and knowledge.

This dispiritualization and externalization of sexuality led to the devastating consequences and outcomes for humankind. Various sexual perversions and abominable sexual practices came to their fruition. Various devastating venereal diseases appeared. The original spiritual need for variety was replaced purely with physical and lustful promiscuity. Because of these perverted practices sexuality was proclaimed by many as an invention of the devil or the hells.

Thus, sexuality totally lost its positive spiritual connotation and became a major source of human problems. It became a curse, a by-word, a shame, something which is whispered about, which is totally concealed and secret, leading to an ultimate doom.

Now, this was exactly what the pseudo-creators wanted to accomplish with their genetic alterations of sexuality. This gave them the needed opening for establishment of the dominance of the negative state as an alternative to the positive state and as a proof that life is possible without God and His/Her spiritual principles. The result of that accomplishment is illustrated by the history of humankind on this earth and in all other regions of the Zone of Displacement.

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The major support of this negative understanding of sexuality is, unfortunately, found in the Holy Scriptures. The statement in the Holy Scriptures related to these issues are misinterpreted and misunderstood.

The sixth commandment of the Ten Commandments (Exodus Chapter 20, verse 14 and Deuteronomy Chapter 5, verse 18) plainly states: “You shall not commit adultery.”

Now, from this statement everybody concluded that to commit adultery means to have sex with someone other than with one’s marital partner. In this connotation it is implicit that sexual intercourse must be limited to only one person — to one’s spouse. Yet, few people are aware of the fact that this commandment doesn’t speak about physical sexual intercourse as much as it does about vital spiritual matters. Because of this limited perception, the concept of adultery is misunderstood and misinterpreted by most people.

The real meaning of this statement is, as was already pointed out over two hundred years ago by the great Swedish scientist, mystic and theologian, Emanuel Swedenborg, in the tendency of people to profane and defile anything good and godly, to deny the existence of their Creator, and to not accept the fact that Jesus Christ is the true God who made His/Her Divine Human and Human Divine. (This applies to many Christians as well.) To proclaim this and accept this as a fact means to commit adultery. Thus, for example, everyone who claims that God doesn’t exist and that life is a by-product of matter or nature, that nature is God or that someone or something else is God — and not the true Most High, Jesus Christ — commits adultery. This is what true adultery is all about.

On the other hand, fornication doesn’t mean premarital sexual involvements as most people understand and interpret it, but falsification of any truth. Anyone who knows the truth but perverts, twists and falsifies it in such a manner as to serve his/her own selfish intentions and reasons commits fornication. If we say to someone that we care and love that someone but inside of ourselves we know that this is not true, we falsify the truth. Thus, we have committed fornication.

In the sexual connotation, adultery means to marry someone for personal gains, for the wrong reasons, for selfish desires and considerations, for hurting and harming, and similar reasons instead of for a true conjunction of love and wisdom and femininity and masculinity. Thus, we can live in full blown adultery even with our own marital partner if we married that person for the wrong reasons. The

sexual involvement with other than the marital partner is adulterous if it is done with wrong intent and purpose — to use, to misuse, to abuse, to hurt, to harm, to intimidate, for selfish reasons, by force through rape, etc., instead of for mutual benefit, common good, sharing and acquirement of a greater knowledge of God, others and ourselves. No other connotation of adultery ever existed, exists, or will exist no matter what people want to believe.

On the other hand, premarital sex may or may not be fornicative depending upon what the intent and motivating factors of such an act are. If it is done for mutual joy, delight, pleasure, sharing, mutual enrichment and enhancement, it is proper, right and Godly. If not, it is sinful and fornicative. Again, there is not, never has been, and never will be any other connotation to the concept of fornication.

Now, in the Gospel according to Matthew, Chapter 5, verse 28, we read:

“But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.”

“To look at a woman to lust for her” very obviously implies (by the word “lust”) the selfish, inconsiderate, negative and evil intent. It means to possess her, to devour her, to use her, to consider her one’s property, and to have no regard for her needs, for her choices and for her own free will.

In the higher, spiritual connotation “to look at a woman to lust for her” means to desire to appropriate to oneself the spiritual ideas and doctrines that are ungodly, alien, and perverted. “Woman” also means the church and the doctrine of the church. This is why Jesus Christ uses the word “woman” instead of the word “female.” From this description it is very clear that Jesus Christ was not concerned that much with the physical sexual relations between a male and female, but between good and truth, and love and wisdom. In this particular connotation, “man” signifies wisdom and truth, and “woman” signifies the church and its doctrine which teaches one to be good and loving. However, in the opposite sense, “woman” signifies the falsified doctrines that produce evil by their falsifications. If one has a desire or lust for these kind of doctrines, even before one conjoins oneself to them, one commits spiritual adultery.

Thus, it is obvious that Jesus Christ doesn’t speak about physical sexuality or earthly marital relationships in this verse.

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Furthermore, in Matthew Chapter 5, verse 32, Jesus Christ states:

“But I say to you that whoever divorces his wife for any reason except sexual immorality causes her to commit adultery; and whoever marries a woman who is divorced commits adultery.”

“Whoever divorces his wife for any reason except sexual immorality” signifies rejection of and separation from our own principle of femininity and denial of its Divine origin. “Sexual immorality” means denial of the Divine origin of sexuality and considering it to be of a devilish and negative origin. If we encounter someone who looks upon sexuality in this negative manner and we agree with that attitude about sexuality, we deny the very essence and substance of our nature. One is never permitted to divorce or reject one’s own unique nature. “Wife” in this connotation means our unique nature, the original endowment of the Most High in us. To deny that nature and its true origin means to divorce one’s wife. (It doesn’t matter whether one is a male or a female because the word “wife” relates here to both male and female. This is the reason why Jesus Christ doesn’t use the word “husband” also.)

Only if that nature is perverted, distorted and mutilated, one is allowed to reject it, that is, to divorce it. But by rejecting one’s true nature, one exposes that nature to such perversion and distortion and therefore, one makes its nature or “wife” to commit adultery.

“To marry a divorced woman” signifies the appropriation to oneself and identification with a perverted, evil, wrong and negative nature. If such a nature is conjoined to our original and true nature, it becomes an adulterous relationship. Once again, this is the reason why Jesus Christ only uses the word “woman” and “wife” but not the words “husband” and “man.” In this sense the word “woman” and “wife” relates to both male and female because those two words — “woman” and “wife” — mean the specific and unique nature of every individual, as well as the perverted, false, negative, evil nature imposed by the negative state.

In the higher spiritual sense, to divorce one’s wife means to reject the truth that Jesus Christ is the true God and the only Most High, that is, to reject his Divine or Divinity. The acceptance of this fact constitutes the very essence and substance of our salvation from the negative state. Therefore, in such a case we deny the act of salvation of the Most High and by that process make our nature commit adultery.

“Sexual immorality” here means all evils and falsities that destroy our proper and correct understanding, knowledge and acceptance of this

true nature of the Most High as Jesus Christ. And, “to marry a woman who is divorced” means to adopt into our life a false and evil doctrine which claims that Jesus Christ is not the true God who became flesh and who made that flesh Divine, but that He is only an ordinary human being. Such a consideration is adulterous.

Now, the above explanation of the meaning of those statements show very clearly that Jesus Christ didn’t speak about earthly, marital relationships or about human marriages.

This is even more obvious from what we read in Matthew Chapter 19, verse 3-12:

“The Pharisees also came to Him, testing Him, and saying to Him, “Is it lawful for a man to divorce his wife for just any reason?”

And He answered and said to them, “Have you not read that He who made them at the beginning ‘made them male and female,’

“and said, ‘For this reason a man shall leave his father and mother to be joined to his wife, and the two shall become one flesh’?”

“So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate.”

They said to Him, “Why then did Moses command to give a certificate of divorce, and to put her away?”

He said to them, “Moses, because of the hardness of your hearts, permitted you to divorce your wives, but from the beginning it was not so.

“And I say to you, whoever divorces his wife, except for sexual immorality, and marries another, commits adultery; and whoever marries her who is divorced commits adultery.”

His disciples said to Him, “If such is the case of the man with his wife, it is better not to marry.”

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But He said to them, “All cannot accept this saying, but only those to whom it has been given:

“For there are eunuchs who were born from their mother’s womb, and there are eunuchs who were made eunuchs by men, and there are eunuchs who have made themselves eunuchs for the kingdom of heaven’s sake. He who is able to accept it, let him accept it.”

“He who made them at the beginning made them male and female” signifies that the Most High created all intelligent beings, entities and humans in His/Her likeness and image, that is, to be receptacles of His/Her Divine Love (female) and His/Her Divine Wisdom (male).

“For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh” signifies that everyone was created in a unique, different and unrepeatable manner, in order to illustrate, to carry, to demonstrate and to be an extension and process of a totally different and unique aspect of the Most High’s nature (father and mother denote the Divine Love and the Divine Wisdom of the Most High). Because of this unique assignment and purpose, everyone becomes different and appears as if separate from his/her Creator and identifies oneself fully with one’s unique and unrepeatable nature. This nature is accommodated to contain and to carry certain specific aspects that come from the Divine Love and the Divine Wisdom (father and mother) of the Most High. Because these aspects are unified in the Most High they also become our flesh. So then, they are no longer two but one flesh. “Therefore, what God has joined together, let not men separate.” “What God has joined together” signifies unification of all principles of love and wisdom, good and truth, will and reason, and masculinity and femininity. Any separation of these gives an impetus for the negative state to come to its fruition. This is the reason why it was prohibited by God to separate them. Only man could separate them. That is, only people on this earth could do that and by that act they initiated the negative state despite the fact that they were warned not to do so by the Most High.

In verse seven, Jesus Christ is asked: “Why then did Moses command to give a certificate of divorce, and to put her away?”

From this question it is very obvious that the Pharisees spoke about earthly relationships between a man and a woman rather than about true spiritual unification of good and truth.

This is the reason why Jesus Christ answers them, “Moses, because of the hardness of your hearts, permitted you to divorce your wives, but from the beginning it was not so.”

“The hardness of your hearts” signifies that they didn’t recognize any spiritual principles of love and wisdom but reduced everything to external relationships that required a permission to separate them from their true nature (wives). Otherwise, they would profane the holiness of the unification of love and wisdom (man and woman) because they didn’t see that any such unification was either possible or necessary.

“But, from the beginning it was not so” signifies that no such physical or external marital relationships existed or that no possibility of separating one’s true nature from its Divine source and conjoining it to the non-divine, negative source was possible because no negative state existed.

Verse nine is the same as verse thirty in Chapter five of the Gospel according to Matthew and has exactly the same significance as explained above.

Verse ten describes how Jesus Christ’s disciples misunderstood what He really meant by marriages or relationships between a man and his wife. Note, please, that at no time did Jesus Christ ever speak about the relationship between a husband and wife, or, a woman and her husband. This has a very significant meaning. This indicated that He doesn’t speak about earthly marital relationships or any kind of external or sexual relationships. “Man and his wife” doesn’t mean husband and his spouse, but a human being (male and female) and his/her true nature (“wife” means human’s true nature).

That such is the case is even more obvious from verses 11 and 12. In verse 11, Jesus Christ says: “All cannot accept this saying, but only those to whom it has been given.”

From this statement it is obvious that not too many people understand the true meaning of Jesus Christ’s statements relative to marriages and divorces. Only a very few who are enlightened by the Most High understand and know the true spiritual meaning of Jesus Christ’s statements.

Verse 12 further confirms this situation. “Eunuchs” represent those people who seek to be enlightened in truth at the very moment of activation of the negative state (“born thus from the mother’s womb”); those people who acquire the enlightenment by studying various external

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sources (“eunuchs who were made eunuchs by men”); and those who came to this world to be enlightened about these matters and by their means to combat the negative state, overcome it, and show others the way to the positive state for the sake of all (“eunuchs who have made themselves eunuchs for the kingdom of heaven’s sake”).

Jesus Christ ends this statement with the words “He who is able to accept it, let him accept it” meaning that not many people are willing to accept the real truth about these matters because of their clinging to the conventional, traditional, external, superficial, one-sided and literal explanation and understanding of their nature and their human relationships.

That the situation is much different in the understanding and practice of sexuality in the spiritual world, as compared to our earthly life, is very obvious from what Jesus Christ says in Matthew Chapter 22, verse 30 (and other places):

“For in the resurrection they neither marry nor are given in marriage, but are like angels of God in heaven.”

First of all, in this statement, Jesus Christ does not say that there is no sex in the heavens. Such a statement would equal the denial that God exists. Thus, not to marry or to be given into marriage doesn’t relate to sexual intercourse. What Jesus Christ conveys to us here is that hereafter there are no relationships which are based on the same principles as humans have, that is, on exclusive possessiveness of others, ownership of others, jealousy, dependency, bondage and slavery to each other, the taboos and limitations imposed on people by their foolish laws and foolish expectations. Such relationships are of a negative and evil origin and nature. Nothing of that nature can enter the heavens or the positive state. (“Resurrection” means elimination of the negative state and becoming a full member of the positive state.) Instead, in the heavens people are like angels of God.

Some people have a very foolish idea that to be an angel of God or like an angel of God is to be sexless. An angel of God is as much a sexual being as anyone else. Nowhere in the Holy Bible is it, ever claimed that angels don’t have sex. It is only said that they don’t get married in the same manner as people on earth because earthly marriages or institutions of marriage, as it is conceived here, stem from the negative state and are of an evil origin. This was done by the so-called pseudo-creators and was included in people’s genes by their original

genetic alterations. It didn't come from God. But, most people foolishly assumed that sexual life is legal, valid, and possible only within marital bonds. Therefore, if angels are not married, they cannot have sex. This is the foolish logic of the hells and all their followers on this earth.

Angels of God are perfectly capable of sexual life and enjoy sexual life immensely because they are purely sexual beings. The substantial and essential difference between sexuality in the heavens and on this earth is that angels don't claim ownership of each other, possess one another, and limit relationships exclusively to one person of the opposite sex. They practice their sexuality in the manner and for the purpose as described above, for all inclusive sharing.

Again, this statement will be very difficult, if not impossible, to accept by many people. This is how far the distorted, perverted and mutilated truth about sexuality took hold in our minds. We don't consider any other possibility of sexual life than the one with which we were raised from our conception in our mother's womb.

In view of the above revealed facts, it is very obvious how far our understanding and practice of sexual life on this earth has deviated from the true reality. Nothing genuine, original and truthful remains in it. We are trapped into understanding, practicing, and living our sexuality in an ironclad trap in a manner that is sick, perverted, unnatural and completely adulterous. And yet, we consider our way to be the proper, healthy, pure and natural way, and we consider the true and natural way to be adulterous, dirty, filthy, unhealthy, immoral, unnatural and ungodly. Because of such a false consideration we became divorced from our true nature. Thus, we are an adulterous generation.

This was exactly what the pseudo-creators needed to accomplish in order to activate the negative state — to divorce us from our true nature. Such a divorce would be impossible to accomplish if the original meaning, understanding and practice of sexuality as it is in the heavens or in the entire positive state would remain. For this reason, the major attack of the negative forces was, is, and will always be (as long as it exists) on the proper understanding, practice and fulfillment of our sexual life. It is sexuality in its proper application and practice, that enables us to be truly what we are, that is, to be truly married to our true nature, to the original endowment of the Most High in us.

For a better understanding of the issue of our sexual life, which is an integral part of our earthly life and its fulfillment, let us summarize what has been said so far in the following points:

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1. All our sexual needs, feelings and desires are deeply rooted in our spirit, in our soul, and our body. They are all pervading feelings that influence all aspects of our earthly life.

In the positive connotation, the sexual organs correspond to the innermost degree of our spirit where the Most High resides and where the new ideas are being constantly born by the creative efforts of the Most High in us. The birth of these new ideas is manifested in our spirit in a unique and very different manner than in everyone else. These newly born ideas require their projection and manifestation for the purpose of sharing. If something is newly born and it is not allowed to be projected, manifested and shared, it loses its motivation for remaining alive, functional and useful. If it is not given this opportunity, the spirit gradually loses its creative effort. Once such a spirit stops its creative effort, it has no desire to live. At that moment it ceases to be and to exist.

The meaning of life is in the mutual sharing. One of the major reasons why we were originally created by the Most High, was for the purpose of sharing ourselves and all our newly born creative ideas and efforts with all in the Most High's Creation, as well as with the Most High Himself/Herself, in the same manner and way as the Most High shares everything that He/She has with everyone in His/Her Creation. This is how the life of Creation is sustained.

The major principles of sharing are that we share all that we are and all that we have. Thus, sharing includes the spiritual, mental, emotional, intellectual, personal and sexual ideas, states, conditions, and manifestations. The totality of such sharing, in all its aspects, is made possible through our sexual life. Sexual life and our sexual organs were given to us by the Most High, who is the Absolute Sexual Being, for the purpose of this all inclusive and all integrative sharing.

Thus, sexual sharing was born from the spiritual ideas of all inclusive sharing.

In this connotation of sharing, no exclusiveness or exception is possible or conceivable because, otherwise, they would be withholding something. To withhold something means to deprive others in the Most High's Creation from being able to learn something vital and important about the Most High, others, and ourselves. This gives an impetus for selfishness or egoism to be born. Selfishness or egoism is the base or foundation on which the negative state with all its evils and falsities and their respective atrocities and abominations is built and thrives.

Thus, the proper understanding of sexuality can be acquired only from the standpoint of the spiritual principle of sharing. It is a purely spiritual state in its origin. First, there is an idea of sharing. This is the spirit of sexuality. Then there is a desire of that idea to proceed or to will that idea to be shared in its unique content and quality. This is the soul of that idea. Then, there is a concrete act of sharing of that idea through the form of its manifestation. This is the body of that idea. Thus, from the idea of universal sharing, certain specific mental processes proceed which manifest themselves into a sexual, intimate bodily and sensual idea to merge with one another in that sharing and become one for that moment. In that moment of oneness the important exchange of each other's nature takes place. By the process of that unique exchange, the new, better understanding and knowledge of the Most High, others and ourselves and all matters come to its fruition. Thus, as a result of that exchange, a new idea is born that is released to all minds for sharing and which subsequently is endowed with a unique and specific life by the Most High. When that newly born idea is endowed with that specific and unique life by the Most High it becomes an intelligent being, or a human entity. This is how new people are born in the positive state. There is no physical type of birth as it is known on this planet.

The ultimate act of this kind of sharing is only possible through sexual intercourse.

Thus, in order to have a better understanding and fulfillment of our earthly life, we need to learn how to properly share ourselves through our sexuality in an all inclusive manner.

2. Before the negative state came to its activation (after the so called "Fall") the true meaning and practice of sexuality was basically as briefly described above. Because it was a tool for sharing of one's principles of masculinity with the principles of femininity and principles of femininity with the principles of masculinity, in which principles the Most High's true Nature could be fully grasped and shared, no restrictions, limitations and taboos on sexual practices existed. Everyone was free to share one's manhood or one's womanhood with all members of the opposite sex who mutually expressed a desire for such a sharing.

Because at that time no evil or falsity existed or was conceivable, no jealousy, enviousness, ownership of one another, possessiveness, dependency, slavery or self-exclusivity entered anyone's mind.

Due to the fact that everyone was in the positive state and of the positive nature, and due to the fact that the positive state is always very

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beautiful, elegant, orderly and lawful, and due to the fact that everyone was a carrier and reflector of the positive state, everyone in the positive state was and is always uniquely very beautiful, elegant, orderly, lawful and desirable. No coldness, asexuality, lack of sex appeal, ugly faces or deformed unattractive bodies or organs were or are ever possible in the positive state. Thus, no one can be sexually turned off by anyone of the opposite sex.

This type of arrangement is very necessary in the positive state because one desires to have ultimate sharing with everyone of the opposite sex without any exclusion or exception. The reason that, this was provided so by the Most High is that the more people of the opposite sex that one is involved with at one time or another, the more spiritual one becomes, the more knowledgeable one becomes, the greater understanding of the Most High's Nature, other's nature and one's own nature one has, the more enriched, and enhanced one becomes and the more one can share all that with others. Thus, one becomes more loving and more wise and a better image and likeness of God. After all, in this manner, one relates to God in His/Her many aspects instead of in just one or two or a few.

In this kind of relationship is the true meaning, understanding and fulfillment of sexuality.

3. Because of the above spiritual mode of practicing sexuality, the variety of sexual experiences was and is assured. For that reason, no one can ever lose one's sexual desire because to lose it would mean to lose the desire for sharing one's self with others and the Most High. To lose the ability of sharing means to fall out into the Zone of Displacement.

Because the desire for sharing from love through wisdom is the very life of everyone in the positive state, after sexual intercourse is completed in the positive state, no one has the experience of a let-down, or exhaustion, or sadness or weariness or whatever humans on earth experience after their pseudo-sexual intercourse.

The position of the sexual organs in the positive state is such that it is not tiring and awkward, as it is with people on earth, but it allows a merging into one another with a total exchange of our thoughts, feelings, experiences, states, conditions and all available knowledge that is in us in a very unique and unrepeatable manner relevant to the spiritual and unique nature of all the participants in that act.

The availability of the variety of the sexual experiences is a necessary condition of everyone's happiness in the positive state. If one is not

limited in one's all inclusive growth, progression and betterment, one can never become unhappy.

Therefore, the more variety of sexual experiences one has, the happier one becomes and the more happiness one can share with all others. This is one of the major sources of everyone's happiness. In such a service lies one of the most important meanings of sexual life. It was given to us, among many other things, for happiness, delight, joy, pleasure and satisfaction.

4. The all inclusive role of sexuality in the life of everyone in the positive state determines a very important factor of sexual experiences and practices.

It is not limited only to the external mode of practice, as it is with people on this earth (the penis into the vagina and the fondling of various external surfaces of the physical body). There are no unconscious processes or ignorance involved. Because everyone in the positive state is consciously aware of everything in one's spirit, everything in one's soul, as well as of everything in one's body in all their minutest details during the sexual intercourse, the totality of it all is involved and truly participated in and shared.

Thus, people in the positive state make love with their spirit, with their soul, and with their body and with all their respective components. This is difficult for humans on planet Earth to picture or even to imagine because they have no direct experience of such an all inclusive involvement.

For that reason sexual intercourse in the positive state of heaven is, first of all, a spiritual act, then it is a mental act, then it is the physical act. The act itself occurs simultaneously at all levels but follows this hierarchy of spiritual organization (in accordance with the spiritual law that everything goes forth from the spiritual, to the mental, to the physical, to the bodily, to the sensual, to the external, etc.). No separation of one aspect of that act from another is possible or conceivable. Exclusion of one of its aspects means incompleteness. No complete sharing can be assured under such conditions. If the sharing is incomplete, no true happiness and satisfaction can occur. In that case, the sexual intercourse would lose its true meaning and the major tool of all inclusive sharing would be destroyed.

This is the reason why it is very carefully guarded by the Divine Providence of the Most High so that no one in the positive state is ever disabled to such an extent as to lose this vital tool of all inclusive

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sharing. After all, one would stop sharing the Most High who is the Absolute Source of life and all sharing. At the moment one would stop that, one would eternally perish.

5. The proper understanding and practice of sexuality in the spirit of the above four points doesn't allow any negativity to enter into sexual life. Thus, the sexual life is perceived as the spiritual, mental, and physical life of purity, holiness and sanctity of its function, meaning and purpose. The Most High is ever present in such a condition. No negative or evil intent or motivation regarding sexual life can ever come to its fruition. Where the Most High is, only everything positive and good is. The all inclusive purpose of sexuality gives us a greater and greater sense of the Most High's presence within us. This sense becomes more and more intense as we practice, properly and correctly, our sexual life. Such practice, leads us to a better experiential understanding of God's love and wisdom and all their consequent felicities and spiritual, mental and, physical or all inclusive pleasures.

Through this meaning and practice of sexuality we can acquire an experiential sense that God is truly in us and we are truly in God and how it feels to experience God in us and us in God. This is a tool of a very personal, very intimate, very private and very unique relationship with God in us, God with us, and God among us. This is what to walk with one's God means. When we relate all inclusively to many people, we relate to more aspects of the Absolute Nature of the Most High. Because God is also in all those with whom we are involved in this all inclusive sexual relationship, being with them and sharing with them means walking with God. Through such acts we become truly holy people, people of God, saints and sons and daughters of the Most High.

This is the ultimate, the most important meaning of sexual life.

6. However, if this connotation of sexuality were allowed to continue to be all inclusive at all levels of the Most High's Creation, no negative state could ever be activated. In order to activate the negative state, it was necessary to destroy the practices of sexuality as it is conceived and practiced in the positive state. As mentioned previously, the sexual restructuring and alteration was the major target of the pseudo-creators' efforts.

The most important step that they needed to take was to separate and to isolate our sexuality from our spirit and soul and to limit it only to the external, bodily functions. This was accomplished by special, mysterious genetic engineering and alteration of the physical body into

an animalistic form. Through this form the externalization of sexuality was assured and all its direct connections to our spirit and soul were cut off.

With this act, one of the most devastating steps was accomplished. By not having any direct access to our spirit and soul, our external sexual experiences remain isolated and totally separated from the experiences of our sexual partner. We can never know what, why and how our sexual partner experiences anything. The only sensation that we have from our sexual partner and our sexual partner has from us is in the external bodily sensations or one-sided experiences of the penis in the vagina and the vagina having in it the penis (one-sided because my sexual partner doesn't know how I experience or feel her vagina and I don't know how she experiences and feels my penis) or what is being conveyed by words and bodily language. But even this experience is limited because we have a tendency to project a somewhat different meaning to the various words and bodily language than our partner expresses.

Under this condition, of course, no true sharing can ever occur. Therefore, we can never learn anything about how the Most High is manifested in our sexual partner, what our sexual partner is really like and what we really evoke (if anything at all) in our sexual partner. Thus, no knowledge of God, others and ourselves can come to its fruition from such a sexual intercourse. No wonder, after each sexual intercourse, we feel empty, tired, exhausted, sleepy and very often unfulfilled.

7. The above negative arrangements of our sexual practices gradually leads toward the development of a view or philosophy that perhaps there is nothing good, positive and godly in sexuality. It is only an animalistic component in us, an inborn instinct that drives us to copulate in the same manner as animals and to procreate in order to preserve and continue the human species. This is the only positive connotation of sexuality — to preserve and to continue the human species. Any other purpose of sexuality is questionable, suspect and contemptible. It is dirty, filthy, nasty and ungodly, giving rise to all kinds of perversions and sexual immorality.

From this view of sexuality, that is, that the only positive aspect of sexuality is the preservation and continuation of the life of the human species, elaborate institutions of marriage and family life were developed and established on this earth. Practice of sexuality was forcefully limited only within the marital relationship. From this, as well as many other things, monstrous limitation and very evil and devastating feelings and states developed: ownership of others, slavery, possessiveness,

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self-exclusiveness, self-righteousness, jealousy, suspiciousness, envy, paranoia, distrust, dependency, insecurity, unhappiness, hate, crime, suicide, homicide, hostility, violence, viciousness, anger, greed, callousness in general, disastrous guilt, child molestation, homosexuality, rape, sexual abuse, venereal diseases, pains, various genital disorders, false pride and many other negative things the list of which could be endless.

This is exactly what the activators of the negative state wanted to accomplish. With such an outcome of sexual life any spiritual connotation that sexuality might have was completely lost and destroyed or totally wiped out from the awareness of the majority of people. And if they have some awareness of this spiritual connotation, they are so much trapped into guilt and fear about their proper sexual feelings and desires that they purposely suppress or repress them. After all, they do not want to jeopardize the so called well-being of their family life, of their children, their spouses, their social reputation, their profession or work, their public positions and office, etc. Little do they know that remaining in their current condition only perpetuates and supports the negative state and contributes to the spiritual devastation of their own spouses, children, family, society, humankind or whatever they have.

In this manner the life of the negative state in its active condition is continuously assured.

And, thus, the all inclusive meaning, purpose and practice of sexuality came to its infamous end on this earth and in the entire Zone of Displacement.

8. The separation of sexual life from its true spiritual and mental source and its reduction to the level of animalistic copulation, and its externalization is helping people to maintain their preoccupation with their bodily, physical and external life. After all, sexual life is mostly felt on the physical level. If this is so, why bother and waste time on seeking any sensations other than external ones, since no other sensations are as explicit and as experiential as the physical ones?

Thus, sexuality became totally sensualized and all human pleasures related to it, as well as to anything else, gives them the false impression that the only real pleasures are sensual pleasures. Because people seek pleasures, and because the most potent, sensual, physical pleasure is through the sexual organs, they have a tendency to abuse, misuse, overuse and overload their sensual life. This leads to a one-sided feeling

of the physical senses and physical sexuality at the expense of total starvation of all other aspects of our earthly life.

On the other hand, some people go into the entirely opposite direction, rejecting the need for sensual pleasures and trying to replace them with something different. This “different,” however, is as much of an external value and nature as the sensuality itself. They exercise physically too much, they jog too much, they sport too much, they eat too much, they drink too much, they take drugs, or they pray too much, or they escape earthly concerns by going into monasteries, into the mountains, into the desert and torture themselves with trying to overcome all bodily, sensual and sexual pleasures and delights or whatever we have. Not being able to totally suppress their sensual feelings, or, on the other hand, having too much pleasures from them, they develop all pervading feelings of guilt that leads them to self-destructiveness and destructiveness of others. Human guilt can be conceived as one of the most damaging, destructive, and devastating emotions. It keeps us in bondage and slavery to the negative state and allows the negative state to strive and continue cheerfully in its being and existence.

The most potent guilt of all is, of course, sexual guilt. This guilt stems from the discrepancy between our inborn needs for variety and the social, family, public and religious demands to be restricted and limited in one’s sexual practices and activities to our marital partner only. The sexual attractiveness and desire to have sexual intercourse with anyone else but our marital partner causes feelings of guilt.

This leads to the need for punishing ourselves or inflicting upon ourselves various forms and states of suffering and misery. Such a situation forces us even more into believing that sexual life or sexual feelings are nothing else but a curse, to be, if possible, repudiated and eliminated from our daily life. Of course, this is not possible because, after all, we are sexual beings. If we are spiritual, mental and physical beings, we are inadvertently sexual beings because in true sexuality they are all manifested. The five percent in us of that original endowment of the Most High makes us this way. Of course, very often we are not consciously aware that the source of our guilts and miseries relates to inappropriate and limited sexual practices which are imposed upon us by the cunning arrangements of the social, moral, and religious codes that pervade the life of people on this earth.

9. The problem with our sexual life is not in the fact that we have it, but, that we do not practice it properly. What we consider to be proper

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and godly about sexuality (procreation and marital life) and earthly life in general, usually is neither proper nor godly, and vice versa. What we do consider ungodly and improper is, very often, proper and godly. We suppress our real and genuine feelings and needs for variety and if we do dare sometimes to satisfy them, it results in such guilt for breaking the rules of our society and religion, that we barely can survive that guilt.

Thus, in our sexual life, as in everything else, we have adopted the upside-down position. This is the true nature of the negative state. This was the original effort of the activators of the negative state whom we call the pseudo-creators.

In their effort to destroy the positive state, the pseudo-creators succeeded in establishing a lifestyle that is in exact opposition to the positive state. Thus, in most instances, we can safely conclude, that whatever we have here on this planet and in the other regions of the Zone of Displacement is not of or from the positive state. It is either the exact opposite or it is a distortion and perversion of it. Even if there are some grains of truth in many things we see and practice on this planet, these grains are buried under mountains of distortions, perversions and falsifications. Therefore, we cannot really rely on anything at all here. This is particularly true, beyond any measure, about our sexual life. If sexuality has that all inclusive connotation, as described above, it is only too obvious that its practices in the negative state will be the most distorted, mutilated, perverted and falsified.

Unfortunately for us, the current state of affairs with human sexuality is such that distorted, perverted, mutilated and falsified practice of our sexuality is sanctioned and licensed literally by social, moral, ethical and religious laws that punish us if we deviate from their prescribed codes. Those laws give us a license to be possessive, to own each other, to be in bondage to each other, to be self-exclusive, to demand performance of our marital duties from each other. And they force us to do many other such things.

With these kinds of laws and licenses, it is difficult to do too much about changing our sexual lifestyle.

Unfortunately, this situation doesn't allow us to acquire and to establish a proper meaning, understanding and fulfillment of our earthly life in all its spiritual, mental, physical and sexual aspects.

In order to change this grave situation we are advised to do the following exercises related to our sexual life.

EXERCISES FOR OUR PROPER SEXUAL LIFE

1. Establish yourself on your spiritual mountaintop by the learned procedures from the previous chapters. After going through all the steps described in the previous chapters, it is very important that you spend some time thoroughly examining and exploring your true intent and motivation with which your approach this issue.

2. Ask the Most High and your Inner Mind and whoever is present with you on your spiritual mountaintop from the positive state, after you thoroughly check them out with your intuition whether they are real or not, to bring clearly to your attention what kind of sexual problems, misconceptions, biases, superstitions, prejudices, and wrong views, philosophies, and practices you hold. Explore them, examine them and see in what kind of symptoms, behaviors, patterns they appear in your daily life.

3. It is necessary to ask your Inner Mind and the Most High to free you, to purify you, to cleanse you from all your misconceptions, misunderstandings, superstitions, prejudices and biases, wrong views and philosophies and adopted standards from the imposed rules by your society about sexuality and your sexual life. You have to ask to be open-minded and open-hearted and to commit yourself to the knowledge of real truth. Otherwise, you will be misled and misguided by your wishful thinking and impositions of the rules of your religion or society adopted by you.

4. Meditate on the content of this Chapter and its nine points and ask the Most High for verification of whether what is revealed here is or is not true. If it is, ask Him to help you understand it, to incorporate it, and to practice it in your life.

5. Meditate and ask for the proper, right, fulfilling and satisfying sexual style of life which is most relevant for you and ask for elimination of all the old, distorted, untrue sexual practices and the replacement of them with the new, proper, right and godly ones.

6. Ask for a gradual, at your pace, reconnection of your sexuality to your true spirit, your true soul, and your true body and to allow you to start experiencing your sexuality in the totality of your being and existence without feeling any guilt.

7. Ask for mercy and forgiveness of the Most High, your own true Inner Mind and your sexuality and at the same time show mercy and

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forgiveness to anyone who you think has hurt you, harmed you, molested you, fed you or gave you the wrong ideas about sexuality.

8. Ask the Most High to introduce you to your true Spiritual Advisor who represents your true sexuality and that the Most High exorcises or takes out from you any negative, evil and dark spirits that supported and fueled in you the old sexuality through which they insinuated themselves into you or attached themselves to you or possessed you. After your introduction to your Spiritual Advisor, who is in charge of your true sexuality, ask him/her to help you properly understand, practice and fulfill your sexual life in accordance with the true spiritual laws that are coming from your Creator, the Most High, who is the Lord Jesus Christ.

9. Finish your exercises with the commitment to yourself and to the Most High and to everyone who is present with you on your spiritual mountaintop that you will faithfully do your exercises everyday and that you are determined to follow all positive and good suggestions and advice related to your sexual life, as well as to anything else. When you are ready and finished, return to your external world with thankfulness and gratitude and appreciation for everything that you learned and for what happened in your session today. Come out feeling fresh, alert, clear-headed and happy. In the process of your daily exercises, don't forget to ask for time distortion so that five minutes of your exercises will be like twenty minutes, or half an hour will be like several hours so that you have plenty of time to do all these things. Don't forget to always bring variety, change, and new things to your exercises in order to avoid the abomination of habituation, automatization and ritualization.

If we follow these or similar steps faithfully, we will be able to arrive at a proper understanding and fulfillment of our earthly life and its spiritual, mental, physical or bodily and sexual aspects.

CHAPTER FIVE

PROFESSIONAL OR WORK LIFE

In Chapter One of this book various spiritual principles that underlie the proper spiritual life were revealed and briefly described. One of those principles stated that whoever and whatever is and exists anywhere and at anytime, is and exists for some beneficial usefulness. The being and existence of anyone and anything can be justified only by what kind of use, benefit, and good he/she/it serves to all.

There are many levels and forms of sharing. One of those forms of sharing, called the all inclusive one, was described in the previous chapter. But life and sharing or its specific manifestation in the form of beings and things is not limited or restricted to one or a few levels and forms of sharing.

As mentioned previously, the Most High creates unique and unrepeatable intelligent (sentient entities) beings, humans, etc. They are unique forms or containers of the Most High's Life Who places in each and any one form an entirely different content and quality of that life. The only common denominator of all living people throughout the entire Creation of the Most High and throughout the entire Zone of Displacement is that they all have in them life which was placed there by the Most High. That life is not theirs, but the Most High's. The reason being that, as Swedenborg already pointed out, no one can be life in himself and by himself in any respect. Life is the Most High. The Most High creates from His/Her own energies various unique and unrepeatable life forms or recipients or containers of life into which He/She places or puts that life. But because the Most High is Life in Himself/Herself and by Himself/Herself, He/She is always present in that life because it is His/Her own. But, being that the Most High is Absolute, it is impossible to place in any receptive form of life the absolute content and quality of that life in its totality. The receptive or the intelligent form of life, being created from the Absolute Source, cannot be absolute. Otherwise, it would not be created because it would always be. Therefore, this being the case, no intelligent or any other receptive form of life is capable of containing the Absolute Life in its totality.

For this reason, the Most High creates the forms of life which are able to contain various aspects of that life but not the Absolute Life itself.

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But each one aspect of life, by the principle of the hologram, reflects the total content of the Absolute Life. This is the reason why it is said that man was created in the likeness and image of God. Man was not created to be God, or God, but in the likeness and image of God. Man can never be God as some foolish people believe. But man can be and is the likeness and image of God. That is to say, man carries within himself/herself one aspect of life from the Most High, which reflects the Absolute Nature of the Most High. To reflect something doesn't mean to be the same as that which is being reflected.

In order that the all inclusive aspects of the Most High's life could be manifested and shared, the Most High created, creates and will create to eternity, infinite numbers and varieties of life forms into which He/She puts one aspect. Because God does not repeat Himself/Herself, otherwise He/She would not be Absolute, He/She never puts exactly the same aspect into two or more life forms. Therefore, no two life forms are ever exactly the same as far as the quality and content of their received life is concerned.

From this follows that the major general purpose and use of anyone's life is to be a carrier, container and manifestor of a different, unique and unrepeatable aspect of the Most High's life. The more specific but still quite general purpose and use of such a life is to share it with everyone else.

This sharing is a fundamental and vital prerequisite of anyone's usefulness for being and existence, because no one else in the entire Creation contains the same aspect of life. No one else can experience life in the same manner. If that unique life would not be available for sharing, Creation would be deprived of experiencing some very important aspects of the Most High's Nature.

Why is it so important to experience this Nature?

One of the major purposes for which life forms — that is, entities, beings, humans, etc. — were created was to share what the Most High has. As mentioned previously, the Nature of the Most High is Absolute Love and Absolute Wisdom. What is the greatest desire of any love? To share and to give everything that it has. This desire of love is the major motivating factor of the Most High for creating His/Her Creation.

The Divine Love wants to give us or to share with us what it has. But it cannot share its Absolute State with anyone who is not Absolute. While Divine Love wants to share everything that it has absolutely, the Divine Wisdom of the Most High moderates that sharing in such a

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manner as to not annihilate the forms of life by placing in them the totality of the Absolute Life. To share the Absolute State absolutely with someone who is not absolute but relative, results in the total annihilation of that someone.

So, the Divine Wisdom is a moderator of that sharing to such an extent that one receives at each moment only as much of life as it can take. However, the Divine Love wants to share everything. In order to make such sharing possible, the Divine Wisdom from the Divine Love creates an infinite number and variety of intelligent beings and entities in whom it places various unique aspects of its Absolute Life in a relative manner and then interconnects all of them in such a manner that they are available for sharing with one another or for giving what they have and receiving what others have.

By this principle of sharing with one another, various other and different aspects of the Most High's Life are available to us which are not the same as we have. By sharing ourselves with others we give them something which they don't have.

By the eternal process of this sharing, we acquire and come closer and closer to giving, receiving and sharing more and more aspects of the Most High's Absolute Life. From this process we become more and more identified with the Most High and fulfill the longing of the Absolute Love of the Most High more and more to share with us everything that He/She has in an Absolute sense.

However, because we do not ever reach the condition in which we become Absolute (after all, we were created and were not always in being and existence), in which condition we could share Absolutely, the Divine Wisdom of the Most High assures that our life continues forever so that such sharing would always be possible to eternity.

Thus, all intelligent beings, entities and humans can never cease to be and to exist in the form of unique, self-aware, self-perceptive, self-individualized and self-individuated beings, entities and humans. They will always live to eternity in order to be able to share themselves or the unique aspects of the Most High in them with others and others with them.

This is the major purpose and use of Creation. Thus, we can safely conclude that we were created for giving, receiving and sharing in our own unique, different and unrepeatable manner. Such is the essential and substantial Nature of the Most High and His/Her entire Creation.

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But, as mentioned above, the process of this vital sharing is manifold and multidimensional. Because we carry within ourselves a unique and different aspect of the Most High's Absolute Life, without ever being Gods or the Most High Himself/Herself, we are equipped with different and unique tools, gifts, talents, abilities and means relevant to the unique nature of our life. Through them and by them we acquire one of the most important Divine Attributes — creativity.

The original purpose of creativity was to always create something new in which a new and different aspect of the Most High's Absolute Life could be placed and shared with all others already created and all others could share themselves with the newly created forms of life. This is one of the major needs for creativity. After all, how do we share our uniqueness with others and others with us? Only by talking about it to them? Talking about it is not sufficient for sharing because we tell about it but we don't share it. Talking can be considered only a prelude to the sharing.

We share ourselves with each other through our creative efforts. We do some work, utilizing all unique tools, gifts, talents, resources and abilities available to us which we received from the Most High, and in that work our unique nature appears. That work brings something new which was not available before. Even if two people were to perform the same type of work, the outcome of that performance could never be totally identical. Each one of them would leave his/her unique stamp on it, which is perceptible, recognizable, and able to be shared with all others.

This is the reason why the need to perform some work, to have a profession, vocation, occupation or to do something useful is inherent in us. This is the originating meaning of such a set-up. This is how the concept of "work" is understood and perceived in the positive state of the Most High's Creation.

Thus, the ultimate purpose and goal of any work, profession, vocation or occupation is to share with all others our uniqueness or the unique aspects of the Most High's Life in us for mutual benefit, common good and continuous spiritual growth, progression, and betterment.

This kind of purpose is a self-motivating factor of any work. One doesn't seek rewards or remunerations for one's creative efforts because it is one's nature from the Most High to be that way. The reward or remuneration is found in the fact that one was able to creatively contribute one's own sharing for the benefit of all. There is no greater

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motivating factor of creativity, work, and life in general than to be useful and to do something profitable and good for the benefit of all.

Because everyone else is motivated in the same way, and everyone else shares unconditionally all of his/her abilities, talents, gifts or whatever he/she has, there is no lack of anything for anyone. One does not need to worry that one will run out of food, drink, various needed supplies, tools, means, etc. of any type of life (spiritual, mental, physical, bodily, sexual, environmental, etc.). Thus, everyone is constantly provided for in abundance with absolutely everything that one needs, wants, desires or wishes, without any tangible payment. The only payment that is needed is that everyone shares unconditionally what everyone has in the form of his/her abilities, style, gifts, tools and creative efforts. The unconditional contribution of all my talents, abilities, gifts or whatever I have, from the unique source of creative life in me from the Most High, to the common good and benefit of all, is all the payment that is needed in return for what I receive.

On this principle the entire positive state of the Most High's Creation is built. Failure to actualize this principle in one's life throws one out of the true Creation and causes one to fall out into the Zone of Displacement.

From this we can see what kind of creatures inhabit the Zone of Displacement.

The creative effort of every human being and intelligent entity is a gift of God which is bestowed upon everyone of us from the Absolute Source of the Absolute Creative Effort of the Most High. The only common denominator that we all have without exception or exclusion is having this gift. But the quality, content and the type of use that gift has is different from one person to another. If it were the same, no sharing would be possible or even necessary. But if this were the case, no motivation for living and being would remain. We would commit existential suicide, so to speak. If I cannot share what I have or what is available to me with others, because they already have it, and if they cannot share what they have with me, because I already have it, no tangible meaning and purpose for having it would be discernable. Why and for what purpose do I have it then? All motivation for having it would be destroyed by such an arrangement.

This is the reason why the quality, content, and the type of use my unique life has is always different from anyone else's so that this difference could be shared with all others and that motivation for eternal

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being and existence could be sustained. In sensing that difference of our being is the origin and source of our creative effort. We come up with all kinds of new ideas that may convey that difference in its unique essence and substance. This gives an opportunity for everyone to learn and to incorporate that difference in their own lives and, thus, to acquire a better understanding of the Most High, others, and themselves. By such acts, the purpose, meaning and usefulness of our lives (anywhere else and not only on this Earth) is fulfilled.

This is the only possible structure of Creation and its life. This structure is derived from the true Nature of the Most High because the Most High put His/Her Nature into His/Her Creation.

If we, for some reason or other, fail to fulfill this purpose of our life, we automatically expel ourselves from membership in the positive state. In this case, once again, we fall out into the Zone of Displacement.

Now, the above described arrangement of our need for work, is the positive one. From such needs and their motivating factors most of the negative, evil, adverse, bad and egoistic tendencies cannot result. For that reason, if these requirements and conditions were allowed to continue everywhere uniformly, no negative state could ever be activated and put into dominance. No other so-called alternative meaning and sense of life would come to its fruition. No life without the true God and His/Her spiritual principles could be instituted.

Therefore, it was necessary to alter or deviate from this condition in such a manner as to establish a different style of life opposing anything in the positive state.

The major step which was necessary to accomplish in this endeavor was to curb the inherent creative effort of our spirit and soul and its proper manifestation in our physical body. Because of this, it was necessary to fabricate a different type of spirituality and mentality that would oppose the original Godly spirituality and mentality and their physical forms of impression and expression. For this purpose, the pseudo-creators, through mysterious genetic alterations and engineering, fabricated an animalistic type of body with an animalistic type of pseudo-spirit and pseudo-soul by which they encapsulated in an ironclad manner the original spirit, soul and their relevant body.

By this act, the flow of the creative effort of our true spirit and our true soul from the Most High and their influence on our life was drastically reduced, cut off and limited to minimal proportions, related to the care of our own everyday personal needs. Some degree of creative

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effort was necessary to preserve in order to motivate people to take care of their everyday survival needs. Otherwise, they would perish and the experiment in negativity would fail totally.

Now, with this step, several important things were accomplished. The interest for sharing with others what we have for the sake of others was lost. The love to perform useful activities for the sake of mutual benefit, common good and sharing was repressed. The self-centeredness, egoism, and concern only for our own needs was firmly established. The separation and isolation from all others and their needs was made possible. Boredom, laziness, idleness and dormancy started to flourish. The only motivating factors for doing anything was some kind of personal gain. This led to the necessity of the establishment of a reward system in the form of transient, useless and meaningless valuables, such as, for example, money, possessions, offices of fame and glory, recognition, reputation, attention of others, social positions, power hunger and similar atrocities and abominations of the negative state.

In other words, the motivating factor of the human activities became a slogan in the form of “what’s in it for me?” “For me” or for my own and not for anyone else, unless they are supporting “my own,” became another major, driving force of human activities and efforts.

Thus, whatever we do, we do it not for the sake of unconditional mutual benefit, common good, and sharing, but only because our survival depends on it (meaning from paycheck to paycheck) or because there is some personal gain in it exclusively for us.

This situation, of course, contributes toward the firm establishment of ambitiousness, competitiveness, aggressiveness, wars, crimes, envy, hate, greed, uniformity (if he has it, then I must have it too), conformity, fears, anxieties, worries, artificial and imposed needs (need for a better car, a bigger home, a higher paying job, a more prestigious position, etc.), disregard for others, cruelty, dominance, ruling over others, depriving others of their needs, jealousy for what others have, etc. Again, a list of these kinds of atrocities and abominations of the negative state could be endless.

Such is the outcome of all human activities, if they don’t stem from spiritual and mental sources and from the purpose for which the Most High created us.

In order to elaborate further on our professional or work life, let us consider the following points:

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1. Our earthly life in the majority of all cases consists of constant unceasing activities. In most instances, these activities take the form of some kind of work, profession, vocation or occupation. The specificity and uniqueness of these activities is determined by the specificity and uniqueness of our abilities, talents, gifts and the degree of creativity that leaks through from our genuine spirit and soul. As we can see, the genuine source of all our activities is always spiritual and mental regardless of whether such activities are spiritual, mental or physical themselves. Without the influence and inspiration of our true spirit and soul, which is available to us in the 5% of its original capacity, we could not move as much as our little finger. Thus, no matter what the motivating and intentional factors of any type of our activities, they stem from the existence and being of our spirit and soul in us and, particularly, from the presence of the Most High in us. Without that presence, no initiation of any activities could be possible because we are not life in ourselves but only recipients of life from the Most High. If that flow of life were to cease, all activities would stop permanently.

From this fact it is obvious that the major rule that we need to recognize in this, as well as in any other respect, is that all our activities are connected to and initiated from the spiritual states and conditions through the mental states and conditions into the physical states and conditions.

The major purpose of these activities is the justification of our being and existence. We cannot live unless we perform some use, that is, unless we do something useful.

On this planet, because of the activated negative state, the form of this usefulness can sometimes take a very peculiar role. For example, what is the usefulness of the being and existence of a habitual criminal or a vegetating idiot who is totally dependent on care by others? The usefulness of these kinds of occurrences is in the example or vivid illustrations of the true nature of the negative state that they are able to perform. Everyone in the true Creation learns what the results of the activated negative state are. But, most importantly, everyone can learn what not to choose. In non-choosing, the choice illustrated by such grave examples, is their useful spiritual value. Everyone learns what and how not to be. If one does not have that knowledge, one doesn't know what to choose properly.

Thus, from this statement, it is obvious that people on this earth, by their various activities, work, professions, occupations, vocations, or whatever they have, regardless of their personal motivating and

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intentional factors (no matter how selfish or altruistic they are), serve a very important purpose and use for the entire Creation. They either illustrate what not to choose or how to overcome the negative state or what not to be, or any other similar matters. In this purpose of our earthly life is our true spiritual value.

2. In view of the above facts the usefulness of any type of activity we engage in is obvious. It doesn't matter whether you are an executive, or a janitor or an unskilled laborer, because in all those positions we contribute something which makes it possible for us to be and to exist. As long as there is this fundamental contribution, everyone is as important, as needed, as valuable, as special and so on, as anyone else. This is true regardless of how we value such positions and works — either in the form of salaries paid or in the form of our attitude (respect, disrespect, admiration, contempt, etc.). People who don't work formally perform a different type of use. They illustrate the futility of life without a contribution of something consciously useful. By their unique coping, reactions, responses, behaviors and attitudes about their situation, they contribute to the overall knowledge about the specific nature of the negative state. They are living lessons of evil incarnate.

Thus, all our activities and inactivities, no matter what they are, have some spiritual value. By having this spiritual value, our being and existence is tolerated and justified. Without this, we could never live. This is the spiritual motivating factor of being and existence. It doesn't make any difference that, in most instances, we consciously don't perceive this value and our consideration is in only making a living and paying our bills. That is to say, we work not because this is the way life is supposed to be, but we work to pay our bills and to maintain our standard of living or to have various sensory pleasures. Even if we consciously do not see any spiritual value in our activities, our true spirit and soul know and work towards such a purpose without our conscious awareness, of course.

3. In the positive state of the Most High's Creation the meaning of everyone's life is determined by everyone's ability to perform some useful activities to the fullest of one's potential and capacity without expecting anything in return. One doesn't do something for the sake of being rewarded or praised or promoted because of those activities. One does it because it is a delight and pleasure of one's life to do something from which everyone can benefit.

Now, in such an attitude is the true meaning of any work, profession, vocation, occupation and/or business. No matter what one does, no

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matter in what position, office, or role one is, one feels competent, happy, content and satisfied because one is enabled to be oneself and to give to others what one has and not what someone expects or anticipates from him/her.

In the positive state no expectations and anticipations to perform this way or that way, to be this way or that way, or to do this or that, are projected or even conceived. It simply doesn't come into their minds. Everyone naturally does what he/she is best equipped to do and everyone performs in accordance with one's best abilities, to the fullest of one's potentials and capacities without ever holding anything back or performing less than one's capacities. There is no deceptive mode of acting or thinking possible in the positive state. Because of this, no expectations and anticipations or projections are possible because everyone knows very well that he/she does his/her very best.

In the positive state no one is forced to do anything one doesn't wish to or is not equipped to do or has little or no ability to do. Therefore, everyone is fully satisfied with what one does and is. No feelings of envy, jealousy, competitiveness, or ambitiousness ever come into anyone's mind or behavior and everyone respects and values everyone as someone who is a carrier of specific aspects of the Most High's Life.

Under such conditions, to do any work at all is a great delight, pleasure, joy, gladness, peace, serenity and tranquility. Because one is allowed to fully flourish in one's creative effort, reflected in one's specific and unique activities, no boredom, routine, automatization, habituation, or ritualization of any work is possible. It is always fresh, unique, exhilarating and exciting. There is always something new to be discovered about oneself and about one's work and to share with all others.

Such an attitude and lifestyle is one of the major purposes for which work activities were established by the Most High.

4. Because of the above arrangement of the positive state, the concept of discrimination, partiality, and preferential treatment of one over another is an utter impossibility. Everyone respects everybody equally and one is promoted to the higher level not because one strives for it but because in the higher level one has an opportunity to be even more useful than before. The purpose of striving in one's work, no matter what it is, is not to be promoted, rewarded or praised but to exhaust one's usefulness in each work as much as possible. If one is promoted and rewarded for it, it is an acknowledgement that one truly put maximum

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effort and all one's abilities into it, and, therefore, one can move on to the higher position where one can be even more useful. The happiness of being promoted doesn't stem from the promotion itself, but from the awareness that one reached the point where one is capable of becoming more useful than was previously the case.

No other source of true satisfaction and happiness than being more useful for the benefit of all is ever possible or ever existed in the positive state. Everything is done only from this perspective. This is the love of one's life. This is what everyone lives for. In such a life is its wisdom. What can be more valuable than to serve others with love and wisdom, and, thus, the Most High? After all, how do we serve the Most High? By serving others because the Most High is present in others. No other motivating factors for such services are needed or required. Unconditional love toward God and others is the essence of positive people's lives, and performing service to the Most High and others in wisdom is the substance of their lives. In such a life they find everything that they need and that sustains their excitement, exhilaration, delight and always new forms of spiritual progression, growth, and betterment.

5. In choosing or applying for any new position, job, office or work, people in the positive state have no selfish or egoistic considerations. Such feelings are unknown to them. They are not after that job because it would bring them greater honors, recognition, reputation or power, etc., (which many jobs in the heavens do). They submit themselves for thorough spiritual, mental, physical and vocational examination in which all factors for that job are determined. Many people apply for such a job but only that one is selected who shows the best overall abilities for that job and for performing it with utmost productiveness, constructiveness, creativeness and usefulness for the benefit of all.

If one is turned down for that job, one doesn't feel any hurt or harm or any feelings of inferiority or inadequacy or any other bad feelings of envy or jealousy. Just the opposite takes place. One rejoices immensely when one learns that someone was selected and appointed for that job who can perform much better than he/she could.

In the positive state, there is no greater delight than to learn that a person was promoted who was the most suitable for any particular job, and in it, can perform greater use than anyone else.

The reason people apply for any job is because they want to be more useful for the benefit of all. If they were to get a job, and it would be established that someone more suitable was by-passed (which in the

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positive state is an utter impossibility), it would make them very unhappy and they would instantaneously resign their position to vacate it for the most suitable person.

After all, everyone in the positive state is motivated by the degree, intensity, quality, specificity and extensiveness of one's usefulness for others. If one would have a job that doesn't match this condition, one would be depriving others and oneself from a greater possibility of sharing through such useful activities as related to that specific job.

Such is the nature, structure and dynamics of the positive state.

6. Of course, the situation in the Zone of Displacement and on this planet is entirely different. In fact, it is just the opposite of what was indicated above. How many people on this Earth in their earthly activities and jobs don't have any ulterior considerations? The whole negative state is built on these ulterior considerations.

The result of this opposite nature of the state of affairs in the negative world is that, very often, people are forced to do or to choose to do something for which they are either totally unqualified or have only limited qualifications. Many of us do our work only because it is a living. Either nothing else is available or what is available doesn't give us the necessary material means to maintain or to improve our standard of living.

Only external and ulterior factors determine what kind of career or activities we choose to pursue. Very little or no spiritual factors are taken into consideration. Because of this disconnectedness from our spirit and soul, we end up dissatisfied, unhappy, unfulfilled, bored and chronically tired of our job and activities. This leads to many crises, breakdowns, errors, bad judgments, mistreatment of others, tensions, high blood pressure, heart ailments, pains and many other miserable states and conditions.

Because of the external considerations only, we tend to choose our job and activities which are usually inconsistent with our true nature and in which we can never function properly to our fullest capacity and potentialities. If our job is inconsistent with our true nature, it cannot trigger the proper motivation in us and creative effort to put our heart into it, so to speak. Thus, we end up inappropriately utilized, or underutilized, or overutilized. In either case, it brings us nothing but unfulfillment, a sense of lacking something, restlessness and the feeling of chronic exhaustion, with various physical symptoms, such as insomnia, disorders of the digestive system, tensions, pressures, stresses,

and constant worries. The outcome of this condition is unhappiness and a sense of futility.

7. Now, this outcome is exactly what the activators of the negative state wanted to accomplish. When we establish within ourselves the feeling of futility, a sense that no matter what we do leads to disappointment and unhappiness, we gradually lose any motivation to do anything useful or to perform any job. We acquire the habit of doing it only because it is a grave necessity, a condition of earthly life, a forcefully imposed arrangement that makes us do some work only for one purpose — to make enough money to maintain the desirable standard of living.

With this kind of attitude any spiritual, deeper, inner, mystical connotation of any profession, work, vocation, occupation or activity is wiped out and primarily replaced with materialistic or external considerations. Work becomes a drag, a bore, a duty and an obligation which must be done if one is to fulfill one's daily living needs or to be promoted or to gain some power or position or control or whatever one is after.

Very little, if any, consideration for mutual benefit, common good, and sharing is taken or ever thought about. The purpose of work is not use and benefit of all but reward itself (whatever form that reward takes). One works to be rewarded and not to be useful; hence, the ulterior motivation for most of our activities. In order to be rewarded, we learn to pretend that we do it for other people's sake. Thus, a deceptive mode of our activities comes to its fruition.

In this manner the goal of the activated negative state is accomplished and the end becomes a means, while the means becomes the end. Such is the true nature of the negative state.

8. The feelings of futility and ulterior motivation of our work effort create a condition in which people learn and subsequently adopt an attitude of doing as little as possible for as much as possible. This diminishes our work efforts to the level of a joke. Work becomes a joke, something to be laughed at, to be scorned, or to be taken as a sport or bait to see how much we can get paid for doing less and less or doing nothing at all. All incentives for work and productivity of work become regulated by this philosophy. This is especially true with people in Communist countries where no one is allowed to truly be oneself.

In most countries, this situation allows an appearance of a special breed of people that feed on these policies, becoming parasites of society. They stop working completely and go on welfare. Whole generations of

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the same family come into a being and existence that become welfare recipients without ever doing anything objectively useful. These people place themselves in a condition which makes it impossible for them to find any work or to acquire any vocation or skills in order to justify their not working. In many instances, this is done without any conscious awareness on their parts. Other people go through life begging from others. Others, by doing as little as possible. Still others go through their earthly lives by cheating, stealing, deceiving, robbing, burglarizing and defrauding others.

This is the outcome of any situation when all proper spiritual considerations are disregarded and not applied properly. Such is the true nature of the negative state.

9. Deprivation and suffocation of the spiritual principles leads toward the establishment of a society that is built on material considerations only. If we are constantly forced to be outside of ourselves, we become habituated to our external life's conditions. This becomes a way of life. For many people it becomes the only way of life. To make it more attractive to be in these externals and to keep people as far as possible away from spiritual considerations and pleasures, the negative state developed all kinds of material goods, trappings, consumers' delights, etc. They are all materially related, of course. People are constantly bombarded with invitations to have those goods. We are constantly being persuaded and brainwashed into believing that we need this or that and that we cannot live without such goods. Thus, we begin to believe that our lives depend upon those external goods.

This set up accomplishes two major goals for the negative state: people need to work in order to buy those goods. The purpose of work, or making a living, thus, becomes having and possessing more and more such goods. In this manner, we do not work to be useful or for the benefit of all but in order to have more of those goods. Thus, we do it purely for selfish reasons and purposes. In this manner, work becomes a means toward something of questionable value and not a major motivating factor of being more useful with regards to mutual benefit, common good and sharing with everyone.

By this attitude, the second purpose is accomplished: all spiritual considerations, understandings and fulfillment of work life is successfully and effectively suffocated or entirely killed.

And, thus, we effectively lose the true perspective, meaning, understanding and fulfillment of our work life.

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This is the outcome of cutting off our work life from our spiritual and mental life as the only source of everything positive and good. Again, such is the true nature of the negative state. This is what the negative state is all about.

In order to overcome this curse of the negative state, and reestablish a proper understanding and fulfillment of our earthly life in its professional, vocational, occupational and work aspects and activities in general, we are advised to do the following daily exercises.

EXERCISES RELATED TO OUR PROFESSIONAL, OCCUPATIONAL AND WORK LIFE

1. When you are on your spiritual mountaintop in a very relaxed condition, and when you complete your security checks and all exercises as prescribed in the previous four Chapters, explore, examine and search yourself regarding your situation and the type of activities and work you have (even if you are unemployed or a housewife). Make yourself aware of everything in this respect.

2. Ask the Most High in you to bring to your attention any possible problems, shortcomings and restrictions that you might have regarding your work. Explore the source of those problems. Ask that this source is vividly brought to your attention. Consider the nature of that source and how it influences your work life.

3. When you recognize the problems and their source, request that they be gradually removed from your life. Utilize the white lights for thorough purification, cleansing, repudiation and fumigation of all sources and their problems that relate to your work life. Ask for mercy and forgiveness for neglecting your work life and for allowing these problems and their sources to dominate you.

4. Meditate on the content of this chapter and its nine points and request the Most High to give you the proper understanding of how all that is contained in this chapter is related to your personal work life. What are the true motivating factors of your work or job activities? Why did you choose to do this or that particular job?

5. Request that the Most High reveal to you what the true nature of your specific gifts, talents, abilities, tools and creative endowments are for the purpose of learning how to utilize them to the fullest of your potential without allowing any of them to be dormant, idle, lazy, or underutilized, not utilized or overutilized. Ask if the work or job that you are engaged in is really what you should be doing. If not, request a

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revelation about what type of work you should be engaged in, in order to satisfactorily fulfill your purpose of being on this Earth.

6. Ask the Most High to introduce you to your new Spiritual Advisor who is to represent and to advise you on your creative, work, or job-related activities. Confirm with your new Spiritual Advisor and discuss with him/her the true role that you agreed to play on this Earth.

7. Ask the Most High and your work Spiritual Advisor to illustrate to you in some vivid manner your place, position and type of work that you can do most appropriately, usefully, effectively and beneficially for all.

8. Request the Most High and your new Advisor to acquire a new, properly spiritual type of motivation for all your activities and job-related work and to totally eliminate from you any ulterior, selfish or egoistic motivations or considerations.

9. Request the Most High to reconnect your work life to your true spirit and soul so that you are able to derive everything from the genuine spiritual Source. Give hearty thanks for the help, advice or any learning that you had in your session. Ask if there are any other issues related to your work life or anything else that need to be brought to your attention in today's session. If yes, have them discuss it with you until they are fully resolved, incorporated and absorbed. In all respects, follow their good and positive advice (checking it out with your intuition as always) and then finish your session.

In the process of these exercises make sure to always be mobile, flexible, open, diverse and versatile so that you always bring some novelty into your exercises in order to avoid the habituation, externalization, automatization or ritualization of your valuable exercises.

If we faithfully do these or similar kinds of exercises on a daily basis, we most certainly will learn how to live, understand and properly fulfill our professional, vocational, occupational and work life to our fullest satisfaction and to the satisfaction of the Most High. In this way we will be able to eliminate the negative state from our earthly life or to limit its dominance considerably and to abolish the power that it has had over us up to this point.

CHAPTER SIX

FAMILY LIFE

As mentioned in a previous chapter, the Most High created intelligent beings, entities and humans to be receptacles and containers of certain specific and unique aspects of the Most High's life. The number and variety of these aspects is infinite and can never be exhausted because they all come from the Absolute Source. Whatever is Absolute can never run out of its aspects. This is the reason why the act of Creation can never cease to continue to eternity.

However, it is very obvious that, although there are an infinite number and variety of aspects, they all come from the same source — the Absolute Life of the Most High. It is the same life. All those aspects in their totality constitute one Absolute Life of the Most High who is life in Himself/Herself and by Himself/Herself. Thus, all infinite numbers and varieties of life's aspects are interrelated and interconnected. One without the other or separate from the other, cannot be and cannot function or manifest properly. In their totality they form one family.

Different aspects, in their quality and content, are always unique and unrepeatable and there are no two aspects that would have exactly the same content, quality and meaning. However, they relate to each other by a degree of similarity of that content, quality and meaning. The more similar they are, or the closer they are to one another, the more they appear as one unit. The units of such similarities form certain clusters that, in a broader sense, give the impetus for appearance of various societies and nations that have certain characteristics in common. The common characteristics hold them together and make it possible for them to be distinguishable from any other society.

Within those societies, however, some people exhibit more similarities in their characteristics than others, and these naturally attract them to one another so that they become a family unit.

The more similar these characteristics are, the closer the members of that unit are. The less similarity there is among them, the less they relate to each other. In this case they appear further from one another. If there is little or no similarity, they don't appear to one another at all although they are connected by the common denominator of their source and the usefulness which they perform for the whole.

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In the broader sense, all these aspects, no matter how diametrically different they are, because they originated from the same source, can be called brothers and sisters. All those aspects that represent and originated from the Divine Truth or Wisdom and its respective ideas, can be called brothers. All aspects that represent and originate from the Divine Good or Love and its respective ideas, can be called sisters. Taken together, they are called Children of God. The source of their origin, if it is from Divine Wisdom and Truth can be called their Father, and if it is from Divine Love and Good can be called Mother.

In a narrower sense, however, because the quality, content and meaning of some of them varies from one aspect to another and because this variation can be to such an extent that it is either negligible, considerable or entirely different or unrelated, the various aspects of that life can also be called by such names as uncle, nephew, cousin, half-brother, half-sister, second, third, or fourth cousin or nephew, etc. The greater the difference the more remote the relationship is, so that at one point we come to the state where they don't relate to each other at all. They relate either as friends or they are total strangers who never ever meet.

Now, we have to remember, that all these aspects of the Most High's Absolute Life are projected by Him/Her for manifestation into the respective forms, containers or receptacles. These forms, containers or receptacles were created by the Most High for the purpose of being carriers of those aspects. Because all aspects of the Most High's Absolute Life carry His/Her attributes, they are all intelligent, self-aware, self-perceptive, and self-individualized units, called human beings or sentient entities.

In a broader sense, thus, from the spiritual standpoint, because of the above described arrangement, all human beings and sentient entities are brothers and sisters, children of one father and mother and they are all closely related to the same One Source. Through that source and around that source — the Most High — they constitute one universal family. As Emanuel Swedenborg already pointed out, because of this relationship and arrangement, the entire Creation, or all sentient entities and human beings, appear in front of the Most High as one perfect man (in this connotation the word "man" signifies both male and female).

Thus, we are all sons and daughters of the Most High and through Him/Her we are all brothers and sisters.

In a narrower sense, however, our relationship is determined by the quality, content and meaning of the aspect of Life that we carry from the Most High. Even more so, our relationship will be determined by the degree and extent to which we actualize and realize that quality, meaning and content in our daily life.

Do you know what Jesus Christ replied to people who informed Him that His earthly mother, brothers, sisters or relatives were standing outside wanting to see Him? Read the Gospel according to Matthew, Chapter Twelve, verses 46 and 50. He answers them, “For whoever does the will of my Father in heaven is my brother, sister and mother.”

From this statement it is very obvious that any relationship is determined by the extent to which anyone is actualizing, realizing and manifesting the representative aspect of the Life of God that one carries within himself/herself. It is the will of God that we fully live the life that was given to us for that purpose.

However, that life consists of two major essentials and substantials — one relates to love or good and the other relates to wisdom or truth. For that reason to do the will of God is to love and to be good and to have wisdom by adhering to the truth. If we live life in accordance with this principle, we do the will of God because this is what to actualize and to realize, given to us life in that specific and unique aspect, means.

The degree and extent to which we do that determines our relationship to other people. There is only one father and mother — the Most High. No other parents can ever exist. We derive our life not from our earthly parents. (Our earthly parents are only the means through which we enter this world. The relationship ends right there.) Our true brothers and sisters are all those who properly actualize, realize and manifest life given to them by the Most High in accordance with its nature — love and good, wisdom and truth. If one is a loving and wise person, if one loves the truth and lives one’s life in accordance with this principle and if one acknowledges that the Most High, the Creator, is the only originator of the entire life and is the only true parent, that person is my brother, sister or mother. The less the fulfillment of this requirement exists, the less the relation there is. If there is no such fulfillment, there is no relation whatsoever even if that person were my blood-related father, mother, brother, sister, son or daughter.

As mentioned previously, each aspect of the Most High’s life, which is placed in us, who are forms and containers of that life, derives from two major Absolute attributes of the Most High’s Nature — Divine Love and

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Divine Wisdom, or Divine Femininity and Divine Masculinity. In the Most High these two are Absolutely One. Such is the Nature of the Absolute Condition. However, the less one is in the Absolute Condition, the more distinguishable these two major attributes will be. At one point, in the most relative condition, they can appear in a totally separate form — as a male or as a female. But because these essential and substantial forms derive from the same Absolute Source, they are always attracted to each other and seek unification with one another as though to become one and not different, as it is similarly with their Absolute Source.

However, since any aspect, be it in a feminine form or a masculine form, stems from its Absolutely Unified Source, no matter how masculine or feminine its form is, it always contains within itself both characteristics. The difference is not in a total lack of one or the other, but which of them is more strongly and predominantly emphasized and manifested. But, both male and female strive to compensate for the diminished presence of its opposite characteristics by seeking out a conjunction with its opposite sex.

Each specific aspect of love and good, has its precisely corresponding specific aspect of wisdom or truth. And vice versa, each specific aspect of wisdom or truth has a precisely corresponding specific aspect of love or good. There is an eternal longing and striving of the specificities of these aspects to conjoin themselves to be one as they are one in the Most High. The specific aspect of love or good and the specific aspect of wisdom or truth, which correspond to each other precisely, are called spouse.

When they are conjoined, they become one flesh but not one spirit. They cannot become one spirit or lose their individuality because they represent different aspects of the Most High's Nature. If they were to become one spirit also, one aspect of that life would lose its unique and unrepeatable individuality and the possibility to be uniquely manifested. In this case, something very important for sharing would be lacking and Creation would be deprived of the vital knowledge of the certain aspect of the Most High's Nature.

This is the reason it is said in the Holy Bible, "They will become one flesh," but not one spirit or soul. "To become one flesh" signifies to conjoin two precisely corresponding aspects of two major attributes of the Most High's Nature for the purpose of their fuller and enhanced manifestation, realization and actualization for the benefit of all. Such a conjunction is called spiritual marriage because there is no other aspect of love which would be in such precise corresponding position to its aspects of wisdom,

and vice versa, as the one to which one is being conjoined. Thus, they are eternally spiritually married.

However, the state of that marriage is a very unique one. The experience of its state is unrepeatable. For that reason, it needs to be shared with all other relevant aspects so that they participate in that unique experience. This sharing is conveyed through the all-encompassing tool — sexual intercourse, in the manner that it was described in Chapter Four of this book.

Thus, a relationship between one specific aspect of femininity and precisely corresponding to it another aspect of masculinity, and vice versa, can be called the marital relationship or relationship of spouses. On Earth they are called husband and wife. This earthly term is a distortion of the proper understanding of correspondences since the word “husband” in a spiritual sense is predicated on the Most High who loves His/Her Creation in an Absolute sense. And the word “wife” is predicated on the entire Creation and all its members who reciprocate the Most High’s Love.

Thus, we can say, that, whoever reciprocates God’s love in the fullness of one’s nature (from the totality of the aspect one carries and represents), becomes a “wife” of the Most High regardless of what the external form one has (male or female). And the Most High, in such a case, relates to that one as a lover and husband (to a male from Her feminine state and condition and to a female from His masculine state and condition).

This is the reason why it is not appropriate to call earthly marital relationships as relationships of husband and wife because in the spiritual world those terms have an entirely different connotation and meaning.

Thus, we can say that the conjunction of two precisely corresponding aspects of love and wisdom and wisdom and love is the nucleus of what is called family life. Such a conjunction, being very unique and specific, produces the birth of the new creative ideas. Those ideas are utilized by the Most High for endowment with a unique and specific or new aspect of His/Her Absolute Life which hitherto has not yet been manifested to Creation.

Those ideas, therefore, subsequently become new human beings or sentient entities. In the spiritual world, those new ideas, produced by such a conjunction, are called children; and two conjoined people are called the relative mother and father or parents as opposed to the

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Absolute Mother and Father or the Absolute Parent Who is the Most High. The reason why they are only called relative parents is because they cannot be life-givers since they are not Life but receptacles of Life only. The spiritual, mental, sexual and physical conjunction can and may produce the new ideas. By virtue of such a production, those two people are called relative parents. However, the newly born ideas cannot become alive and functional unless the Most High endows them with a specific aspect of His/Her Life. When He/She does, those ideas become truly alive. For that reason, the Most High is called the Absolute and the only true Parent.

Another reason for this distinction is in the fact that two people who produce the new ideas from their conjunction carry within themselves their own specific aspects of the Most High's Life which is not theirs but the Most High's in them. Thus, in an ultimate sense, it is the Most High in them, Who is ever present in all His/Her aspects, that produced those new ideas and the two people functioned as channels for such a possibility of production. Hence, the Most High can be the only true Absolute Parent.

Now, once the new ideas are born through the two conjoined people, they become their own unique lives from the Most High in them. In turn, they will seek their own conjunction. From those new conjunctions other new ideas will be born. The newly born ideas will relate to their relative parents and through them to their relative grandparents. Thus, the original couple now also become grandparents to the children of their children (all in a relative sense, of course).

On the other hand, some other conjoined couples who are in the closest proximity to this conjoined couple, and who can therefore be called their brothers and sisters, will also produce their own new ideas from the Most High in them. Thus, newborn ideas will become nephews and cousins to this couple, and to those children this couple becomes an uncle and aunt. No physical children are ever born from those relationships.

From the above description, it is obvious how family relationships are developed and established. This is a spiritual and positive origin of family life.

Everyone relates to everyone by the content, quality, degree and meaning of manifestation of that aspect of the Most High's Love or Good, and Wisdom or Truth which one represents or carries within oneself. Because everyone in the positive state derives everything from one's true

nature, which nature is good and positive, only positive and good ideas are born and endowed with life. Thus, only positive and good relationships are possible among the members of one family unit or among members of one community, which consists of several family units, or among members of one society, which consist of many family units, or among the members of the entire Creation which consists of an infinite number and variety of family units.

In the center of those family units, from the single unit to the all-inclusive one family of the entire Creation, the Most High is, Who is everyone's Absolute Father and Mother and Who unites them all in one cohesive, harmonious, and beautiful whole.

Because the Most High is as much the sole center of the simple family unit as of the one family of the entire Creation, everyone in that unit is equal to one another, and as special, needed, unique, different as anyone else regardless of gender or sex, position, office, community, race, nation or whatever one has. Thus, there can never be preferential treatment of one person, male or female, one race over another, because everyone is a unique carrier of the very specific and different aspect of life endowment from the Most High, in which the Most High is ever present in everyone.

Each aspect is an extension and process of the Most High. In the absolute sense, there are no aspects that could be more superior or more important than any other. They are all equally absolute in the Most High. Any admission of anything relative or inferior or less important in the Absolute State would abolish the Absolute Nature of the Most High. For that reason, every aspect, by uniqueness of its nature, cannot be less needed or less important because no other aspect is the same.

This is the principle on which the relationship of spiritual family life is built. When I relate to someone, whom do I relate to? Primarily and basically to the Most High in that someone. The life in that someone is a unique aspect of the Most High. I relate to that very aspect because that aspect makes one who one really is. Without it, that person is absolutely nothing. So, I relate, in fact, to the Most High. Therefore, logically, the Most High is the only one who is my true relative (grandfather, grandmother, father, mother, brother, sister, uncle, aunt, etc.). All my relatives are my relatives only because they carry in them the Most High in that specific aspect which makes them what they really are. Thus, I relate to the Most High as my Absolute Relative. Because the Most High is always Absolutely the same (by the fact that being Absolute, He/She contains all infinite number and variety of differences and changes — this is the true nature of His/Her sameness), it is obvious that one person

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carries the same Most High as any other person. After all, there is only one Most High and one cannot say that someone else carries some different Most High than I. If it is the same Most High in everyone, everyone is equal and of the same importance as everyone else.

The difference in our relationship to each other is not determined by the impossible fact that someone has less of the presence of the Most High in him/her or carries a less important aspect of the Most High, but by how that person allows the fullness of the presence of the Most High to be manifested, actualized and realized in his/her life.

Because everyone in the positive state strives equally to fully, completely and exhaustively actualize, realize, and manifest that presence, no one is treated differently or discriminantly.

From this discourse it is obvious that relationships among people in the spiritual world, as a family unit, are not relationships of a person to a person but from one aspect of the Most High to another aspect of the Most High. This is what makes the relationship stand.

When we relate from the Most High in us to the Most High in others, we are in the positive state. Such is the true nature of the positive state. Nothing negative, evil, bad or adverse can ever come from such an arrangement of family life.

The uniform maintenance of this situation through the entire Creation, of course, could never bring about the activation of the negative state. Under those conditions, no idea of any negativity could ever enter anyone's mind. Therefore, it was necessary to permit an entirely different arrangement to come to its fruition.

The problem with the arrangements of the family affairs in the positive state and the way it was originally on this Earth before the so-called "Fall," is that no ignorant and helpless children are born from the sexual relationships of their parents. Everyone is born there as a special idea which is subsequently endowed directly by the Most High with a unique spirit of life which builds itself a body from the elements of the environment in which that idea chooses to be or to reside as a unique sentient entity or a human being. Thus, it is very obvious to everyone from birth that the Most High can be the only Absolute Parent and Absolute Relative and all others are related to one another through being children of the same Absolute Parent. The conscious awareness of this fact and direct communication with the Most High within oneself and through all others makes this fact the only acceptable one. With such an attitude one can never become negative.

For that reason, in order to bring about the negative state, it was necessary to change the mode, way, means and the methods by which children were to be born on this Earth.

The extensive fundamental genetic changes and alterations of the human body took place. This was emphasized more so in the restructuring and alteration of the sexual organs. The animalistic way of childbirth, through the genetic alteration, was made possible. The pseudo-creators used the genes of animals that conceived their babies in the womb after copulation with a male animal. The same arrangement was used for restructuring and alteration of the male and female reproductive organs (which prior to that were not reproductive but productive in a spiritual sense — for sharing in the manner described in Chapter Four). In the process of this genetic alteration, the pseudo-creators also accomplished that bodily functions and everything related to the externals were cut off from their spiritual and mental source to the extent of 95% of their original functions. The spiritual and mental functions were ironclad encapsulated in the 95% of their capacity by the artificially built and imposed pseudo-spirituality and pseudo-mentality and their respective functions. These functions were structured in such a manner as to force people to direct all their attention to the outside or to the externals, away from anything spiritual or mental. The function of the genuine spirit and soul were put in the mode of unconsciousness. Only 5% of them were allowed to come through in order to maintain the life support system.

With such an arrangement several major things were accomplished: children no longer were a direct endowment of the Most High. Because of the very limited access to the spiritual and mental source and very limited life flow, children were physically born as tiny, weak, totally helpless and dependent for their survival on adults. Minimal access of any knowledge of spirit and soul produced totally ignorant children. The only ability that was preserved was the ability of physical growth and learning. But, by genetic alterations, the learning processes were perverted in such a manner that a learner would not go to the true source of all knowledge within himself/herself — to the Most High, Who is in his/her spirit, but, instead, to the external source of learning — to other people, who used to be in the same predicament. From this arrangement the false and distorted learning occurred. However, because it is the only learning which is available to people on Earth, it is “naturally” considered to be the only true learning.

The ignorance and helpless dependency of a newborn child on adults created a very peculiar situation. Adult people became the absolute

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authority and the only source of all knowledge and information. On the other hand, adult people started to consider their children to be their own property or possession, because, after all, they came from “my semen or were conceived and born from my womb” and “I am the rightful parent and my children are here for my own needs and because of my own desire.” Therefore, no one else has the right to make any claims on them. The same feelings are developed by children — these are our parents and we are the only ones that have the right and privilege of having them for our parents and our own needs and desires. Now, having children as their possessions, parents assumed the right to demand from children to be the way they want them to be and to behave the way they dictate or expect them to behave an act.

Another thing which was accomplished by this genetic alteration of our sexual organs, was that the female was put into a subservient position to the male and thus discrimination of sex and gender became possible. The spiritual danger of this situation is in the fact that the aspect of the Most High which is contained in that female, and thus the Most High Himself/Herself, is considered to be less valuable and less needed than the aspect of the opposite sex. Suddenly, the Most High becomes someone Who is totally different in the Absolute sense. And if it is the same Most High, He chose to manifest Himself/Herself in a female to a lesser degree than in the male and therefore, pseudo-logically, the female is a less valuable species than the male. Such is the abomination of the negative state’s endeavor to destroy our ability to perceive properly and correctly the true nature of the Most High. They knew only too well that when the proper perception and understanding of the true nature of the Most High is undermined, no truly productive, constructive, creative, fruitful and useful family could be built.

From this type of arrangement a very intricate system of relationships developed on this planet and in the other regions of the Zone of Displacement.

First of all, by genetic alteration, all human relations were cut off from the internal resources and put in the externals only. This resulted in little or no direct access to the Most High. In this new position, the Most High cannot be considered the only and true parent because one has no direct experience or awareness that the Most High in any way participated in the production of or produced those children. The reality is that one is properly connected to one’s spirit, where the Most High is, by a spirit of life from that presence breathed into that pseudo-body in the mother’s womb. However, one has no knowledge that one’s spirit was born from the spirit of God Who is present in the parents, that is, in the

5% of the original endowment of the Most High in them. Therefore, one has no intimate, private, personal, or inner relationship with one's Creator. One can only learn about this situation by word of mouth from one's parents or from church. But one, not having a direct experience of this holy relationship, may or may not believe this is the case and for that reason one doesn't pay much attention to it and if one does, it is not considered to be binding or obligatory in any way. That binding and obligation is only toward the members of one's family because one's life depends on them. As a result a selfish base, from which the family life in the negative state is built, is established.

Because everything in the negative state is externalized and materialized, people choose to enter relationships from which they form their family ties, based not on the quality, content, degree and meaning of manifestation of their spirits and souls or the aspect of the Most High which is buried in deep recesses of their Inner Unconscious Mind, but by the external physical appearances and attractions, or by the external material considerations or by external social status and political games. Other considerations are either overlooked entirely or are not considered decisive and important.

Because of this fact, people never, or perhaps extremely rarely, are able to be conjoined to the aspect to which they correspond precisely and which should be represented in their spouse. Thus, their marital relationships are built on totally false pretenses and ideas and not on proper correspondences of the aspects of love or wisdom, good or truth, will and reasoning, and masculinity and femininity. These are completely repressed and forgotten. Because no true marriage is possible between anything else but precisely corresponding aspects of the specific love and its wisdom and the specific wisdom and its love, and because no such considerations are ever taken into account by people, no true marriages can exist on planet Earth. We have here only pseudo-marriages or miserable imitations of a true marriage.

When the pseudo-creators did the genetic alterations, they made sure specifically that the newly produced people were built and structured in such a manner so as to not allow, under any circumstances, for a true conjunction of their specific love with their specific wisdom, and vice versa, to ever occur. The proper conjunction of the true aspect of love with the true aspect of wisdom and vice versa, is always positive. It cannot produce anything negative.

Therefore, to allow such a true conjunction to take place means to eliminate the negative state. The purpose was to break it and make it

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impossible to be realized and actualized instead of building it and actualizing it.

Thus, all human relationships were contaminated to such an extent that no matter how hard people on this Earth would like to be truly married to each other, they can never succeed in this endeavor because they are not even physically built for such a possibility.

Therefore, no matter what people think, they are never truly married to their spouses. Because no true marriages are possible on this Earth, no true family life exists here either.

As a result of the extensive genetic alteration, what we have here is not the true family units, groups, societies, races, nations, countries, etc., founded and built on mutual respect, love, tolerance, patience, use, sharing, and the presence and manifestation of the Most High in them, but artificially and forcefully imposed units put together which make it possible for the negative state to thrive and to continue its existence. Because only very little true spiritual considerations are taken into account by such units, they are bound by obligatory social, civil, moral, and religious laws which must be followed and obeyed no matter what.

On the other hand, because basically people build their family units on false, non-spiritual pretenses (solely physical attractions, material considerations, security reasons, social positions, sexual needs, the need to provide or to be provided for, the need to rule or to be ruled, the need for dependency or being dependent and on many other similar ulterior selfish reasons), they end up with all kinds of insurmountable troubles and problems that plague their family life continuously. Violence, crime, hate, intolerance, abuse, and misuse of any kind, and many similar factors, are the most prevalent among members of the same family unit. The statistics show clearly that the majority of violent crimes, such as homicide and assaults, are committed among members of the same family.

This situation is the outcome of a family life which is not built on the proper spiritual and mental considerations. Such is the outcome of the negative state and its true nature.

Let us elaborate further on family life in the following points:

1. The major purpose, goal and function of the family life in a positive connotation is to bring to the fullest, most intense and comprehensible attention of everyone the operations of various closely related aspects of the Most High which are placed in the members of the same family unit.

One of the most important purposes here is to allow the proper conjunction and unification of all specific aspects of the two major attributes of the Most High's Nature — love and wisdom, good and truth, will and reason, and femininity and masculinity.

Being a single human being or a single sentient entity he or she can carry only one such aspect at any given time, and is not capable of encompassing and comprehending any other aspects within himself/herself or by himself/herself. Because, basically, one can represent either one aspect of love or one aspect of wisdom — otherwise one would be Absolute — it is necessary to seek out other conjunctions. These conjunctions are only possible with one other aspect which is in a very specific correspondence to it.

Thus, one seeks out one's true partner or an idea from which one's love and its wisdom or one's wisdom and its love originated. When one finds that idea, which is now in the concrete form of a being or an entity, one conjoins oneself with it. Through this conjunction one can experience the Nature of the Most High in the aspect which is lacking from one's wisdom and one's love which one needs to have in order to be a complete individual. The proper creative effort of every individual can be fully expressed only when one becomes such a complete individual. Every individual therefore, needs to be conjoined to its counterpart (love to wisdom and wisdom to love) in order to effectively and fully manifest, actualize and realize one's creative effort. In doing so, one manifests and illustrates fully the true Nature of the Most High, as represented by that individual.

Thus, we can say that the major purpose for spiritual marriage or formation of a family unit is the fact that it provides everyone with a most effective means to fully and completely actualize, realize, manifest and bring to their fruition all one's creative efforts in which the presence and the nature of the Most High, as represented by that individual, can become fully manifested and shared with all other individuals for mutual benefit and common good. This is a mutual effort. This is the positive state. In this manner the family life serves everyone in the Most High's Creation by allowing the continuous enhancement and enrichment of everyone's knowledge, understanding and practice of their individuality.

2. Love and wisdom, good and truth, will and reason, affection and intelligence, femininity and masculinity and their specific aspects serve as the only basic components on which any relationship is built. Thus, the family life which is not built from and based on these principles

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cannot produce any genuine new ideas that would result in a betterment, growth and progression of everyone in the Most High's Creation.

The conjunction, interaction and activity of these principles give life to everyone's creative effort. The usefulness of any family unit is found in how much it initiates, supports, inspires and motivates everyone's creative effort. If these factors are lacking, no justification for formation of the family unit and its life could ever be found.

Unfortunately, people on this Earth consider such terms as love and wisdom, good and truth, will and reason, etc., to be abstract and non-tangible. By their externalized and materialized pseudo-nature, they failed to see that these are not abstract terms but very factual, real and necessary concomitants of life.

For example, we all love someone or something. Can any of us imagine ourselves without loving someone or something? If you can achieve a state in your life in which you are totally void of any love whatsoever, you would instantaneously die. The wisdom of that love is in seeking, by a kind and tender means, reciprocation of that love by the object of our love. Such reciprocation gives us fulfillment and satisfaction, and motivates us in our creative effort, inventiveness, and innovation in order to make that love deeper and flourish more productively.

Now, does this example reflect the abstract connotation? This is how all such terms should be perceived. They all have a tremendous spiritual, mental, emotional, intellectual, physical and practical implication.

Any family unit and its life is for this very purpose — to make it possible for all such states and conditions to be productively, creatively, constructively and practically utilized, actualized, realized and manifested for the benefit of all.

3. Every aspect of love and every aspect of wisdom has its spirit, its soul and its body. The content and quality of love and the content and quality of wisdom is the spirit of that love and wisdom. The good of that love and the truth of that wisdom, as well as the will to love and to reason about the truth, is the soul of that love and that wisdom. The formal external impression and expression of that love is the feminine body of that love and the formal external impression and expression of that wisdom is the masculine body of that wisdom. In the totality of the spirit, soul and body of that love or that wisdom, or their respective aspects, is rooted the being and existence of every individual. Thus, we can say that a human being is nothing else but the form and

manifestation of some kind of aspect of love, good, will and femininity — a female; or some kind of aspect of wisdom, truth, reason and masculinity — a male. Neither male nor female in themselves and by themselves constitute a total and complete one individual which would allow them to express or to impress the fullness of their essence and substance as reflected in their ability to be creative. For that reason, each one such aspect seeks out a conjunction with its counterpart for the purpose of becoming such a full and complete creative individual.

The purpose of such seeking is solely for mutual benefit, common good, usefulness to all and sharing with all.

When any individual finds one's counterpart, or, when they find one another, they form a family unit. This family unit establishes a specific lifestyle — family life — that serves only one purpose: to bring out in each other and in every member of the family the full potentials and capacities of everyone's unique and unrepeatable creative effort and a greater identification of all with the Most High Who is present in that creative effort.

Because love loves its wisdom and wisdom longs for and adores its love and all their fruits and new ideas, only everything positive, good, happy, joyous, delightful, pleasurable and satisfying can result from their conjunction. Thus, such a conjunction into a family unit and its life is the most desirable condition to enter.

4. The conjunction of love and wisdom or femininity and masculinity in all their infinite number and variety of aspects produces the most exquisite and beautiful ideas and their forms. These are called children of such conjunctions.

On the other hand, that conjunction, because it gives the participants a greater opportunity to be themselves, makes them, in turn, more exquisite and more beautiful. The more productive, creative, constructive, more functional, beautiful, desirable and exquisite they are, the more themselves they become. This state is reflected simultaneously at all levels of their being and existence — spiritual, mental, intellectual, emotional, sexual, physical, bodily and environmental. Because their environment is the result of that conjunction, and therefore it reflects their current state and condition, the environment also becomes more beautiful, more desirable, and more exquisite to live in.

The continuous improvement and beautification of their condition, reflected at all levels of their being and existence and within their family unit, contributes to the improvement and beautification of the entire

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Creation. Any family unit and its life is a part of the whole. If one part improves, if it beautifies and progresses to the higher level of creative effort, the entire whole benefits immensely. One of the major purposes of such a conjunction of a male and female into a family unit is these higher considerations — improvement, beautification, and progression of the entire Creation. This act is not possible from without but only from within. If this state and condition of Creation depends on the state and condition of its inhabitants, then Creation can be improved, beautified and progressed only if its inhabitants do so.

Thus, everyone enters the family life for this higher purpose. There cannot be greater joy and delight for anyone in the positive state than to be able to contribute to the overall improvement, beautification and progression of the entire Creation. This is done through their own effort to be that way constantly. This is what is meant by the statement that this can only be accomplished from within. This is what family life is primarily for.

5. The fruits, products, ideas or children of such a conjunction, once endowed by a unique and specific life from the Most High, become their own independent and free life with deep love, respect, gratitude and appreciation to all who participated in their birth. The purpose of their production is not to make them dependent on anyone, particularly not on their relative parents. The purpose is to help them to be different, independent, unique and as free as possible. They are brought up in that kind of atmosphere. The purpose of the family unit in this respect is to bring out in their children to the fullest possible extent their potentialities, talents, capacities, gifts, abilities and uniqueness. Only in this manner can children become fully functional and useful, independent, free human beings or sentient entities. Because nothing alien is imposed on them whatsoever and because no expectations and anticipations of their relative parents are projected on them, they can become fully themselves. Only by being fully themselves can they effectively contribute their own part to the beautification, betterment and progression of their own family unit and subsequently of the entire Creation.

The purpose in the family unit is in helping children to be fully themselves. No one has any desire, wish or even the tendency to deprive anyone and particularly one's children from being themselves. No family life would exist for a fraction of a second if it were to show any tendency of such abominable deprivation. Therefore, it never crosses anyone's mind to demand from their children to be the way their relative parents

want them to be and not the way the children really are in their essence and substance.

6. In the positive state the family unit and its life is not a closed, isolated and separated self-feeding loop. It is an open system of sharing with all who are of the positive, loving, caring and good disposition and state. And because everyone in the positive state is that way, everyone is invited to share and to participate in the life of any family unit. Such participation is very welcome because they bring in the experiences of all others. They enhance and enrich the life of the family unit enabling it subsequently to be more productive, creative and fruitful. This sharing is unconditional and is not limited to one or a few aspects with the exclusion of some or all other aspects. In the positive state there is no such thing possible as conditional sharing only.

For that reason, the conjunction of two individuals in a spiritual marriage never means exclusive possessiveness of another. This would suffocate all their creative effort and take away their unique lives. Thus, their sexual intercourses are never limited only to themselves but they enter into sexual relationships with everyone of the opposite sex who is willing and has a need to share something vital and important through the all-inclusive sexual tool of sharing (in the manner described in Chapter Four). This doesn't produce any feelings of jealousy or guilt but instead a great joy, delight and pleasure that some new experiences were acquired which are subsequently shared with one's marital partner through their own sexual intercourse.

Such experiences make them more productive and allow their creative effort to come through to a much greater extent, intensity and depth. It makes them much better and more loving beings. Whatever makes them more loving, more productive, more creative, more useful, more knowledgeable and more wise is godly, proper, right and is welcomed as a great gift of the absolutely loving and wise Absolute Heavenly Parent — the Most High.

In such a sexual relationship is nothing but a pure blessing of the Most High for all His/Her children.

7. The structure of the family unit and its life, as well as properly matched and conjoined marital partners, is such that everyone in such a union is given an opportunity to continue in that relationship to eternity (if needed). Because the aspects of Divine Love and Divine Wisdom of the Most High which they carry within themselves are never exhaustible (after all, they are in the absolute state in their source), there are always

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new elements in those aspects which the marital partners trigger in each other. Whenever such new elements are triggered, the partners change even in their external appearance. They become more attractive, more beautiful, more desirable, more loving, more wise, more knowledgeable and more exciting in all respects. Under these conditions no satiation, boredom, exhaustion or revulsion toward one another in any manner and way can ever develop. There is a constant newness and variety in their relationship which is even more enhanced by their sexual involvement with others. This prevents any undesirable feelings or attitudes from developing or appearing. In this manner, they fall progressively more and more in love with one another and thus, with the Most High, and thus, with others.

One of the many purposes of the family unit and its life is to make such a universal falling in love possible. If I fall more in love with my partner, I fall more in love with the Most High Who is present in my partner. If I fall more in love with the Most High, I fall more in love with everyone else in the Most High's Creation because the Most High is present in all of them. And the more I fall in this all-universal love, the more productive, constructive, useful and creative I become. By becoming this way, I become more and more myself. By becoming more and more myself, I allow the Most High to come through me more and more. By allowing the Most High to come through me more and more, I make it possible for all others to know and to experience the Most High in a manner which is available only through me.

This is a nice example of a loving and wise relationship of all with all in the Most High's Creation and how the family life in the positive state serves this purpose.

8. In the positive state the family life is considered to be a means for a greater degree of sharing with all. The family unit is not the ultimate goal, an idol to be worshiped and deified. No one looks at a family unit as a self-purposeful unit which assumes the well-being and stability of the society, race, nation, country or a planet, as people on Earth believe. The family unit is a means through and by which various individuals can become themselves more. The stability and well-being of the society or country depends on how much its members are themselves or are allowed to be themselves. Thus, the ultimate purpose of any incorporation in a family unit, society, nation, race, country, planet, solar system, galaxy, universe or dimension is to help each other to be more and more ourselves so that we can share ourselves more and more with all others. The incorporation in such units gives us a greater opportunity for sharing ourselves with others and for usefulness, benefit and service

to others. The point to realize here is that we cannot become truly ourselves, and properly manifest the presence of the Most High in us, unless we are serving others by sharing everything that we have (all our talents, gifts, abilities, tools and our entire life and all its aspects and at all its levels). When we do this, we become more and more ourselves. Such is the structure of the Most High's Creation and in this manner we were built.

If the family or any other unit is not capable of serving this purpose or providing such opportunities, its usefulness is questionable and it soon falls apart. This is the reason why it is said that the family unit is a means and not a goal in itself. One is not a slave of any unit but one is an equal, free member who gives, receives and shares with all what one has for the sake of all, and by doing so one becomes more oneself. The family unit, as well as all other units, provide us with an opportunity of giving, receiving and sharing. Thus, they are the means by which this can come to its fruition. In such a purpose of any family life is the presence of the Most High. The Most High is the One Who wants to give and to share everything that He/She has in an Absolute sense. However, sharing is possible only in reciprocation. If we give, we receive. If we receive, we give. Thus, sharing, in mutual love and wisdom is all-in-all. This is the true Nature of the Most High.

For what other purpose could the whole Creation be created?

9. In the negative state, of course, everything related to the family life, as well as to anything else, is either a distortion or a falsification or a total opposite of what was described in the above eight points.

The continuous breakdowns, crises, unhappiness and problems of that life are vividly illustrated by the history of humankind and all its atrocities and abominations. This is the result of externalization and materialization of the family life and its disconnectedness from the true spiritual and mental source. Its goal is to perpetuate and to preserve the negative state. The falsified and distorted social, religious and all other views and doctrines are utilized to portray the earthly family life as the only possible source of stability and proper well-being of any earthly society. For this reason the family unit is forced into a closed, isolated and separated loop that cannot be shared with anyone but only shared for selfish reasons. All possible sharing is always conditional and restricted to only certain areas well defined by laws. This is supposed to assure the preservation of the unity and cohesiveness of the family members. Of course, it accomplishes just the opposite. People become unhappy and miserable. They want out of their family commitments.

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They are never properly fulfilled in their relationships with other family members, particularly with their spouses. They constantly seek something else. Many of them end up in divorces and guilt over their failure to adhere to the conformity and uniformity of the requirements that society places on them. Others feel trapped or obligated to stay in marital bonds for the rest of their earthly lives unable to find any reasonable solution to their situation. This leads toward the development of low self-esteem and all kinds of spiritual, mental, physical, sexual and social problems.

This is the outcome of the effort to disconnect family life from its spiritual source or to build it on any foundation other than on those described in the above points. If family life doesn't serve those purposes, the result is a total fiasco. Again, just look at the entire history of humankind. No more comments are necessary in this respect. If that doesn't convince anyone, nothing else will.

In order to improve the situation with our family life, we are advised to do the following exercises.

EXERCISES REGARDING FAMILY LIFE

1. Once you are firmly established on your spiritual mountaintop, and have gone through all the prescribed steps in the previous Chapters, analyze the quality, content, meaning and practice of your family life. Spend some time on all aspects of your family life (regardless of whether you are a mother, father, son, daughter, brother, sister, grandfather, grandmother or all of the above). What is your attitude and position in these matters?

2. Ask the Most High to bring to your attention all and any problems, shortcomings, misconceptions, misunderstandings or whatever you have related to this issue. Explore how you treat other family members and how do they treat you? Why do you treat them that way or why do you allow them to treat you in a certain way?

3. Ask for the mercy and forgiveness of the Most High, of your own Inner Mind, and all the members of your family, within yourself, for all injustices and mistreatment that you may have brought on the members of your family. Forgive and show mercy, within yourself, to all others who you think mistreated you badly or unjustly. Request thorough purification and cleansing with white lights from all problems, misunderstandings, misconceptions, mistreatment or whatever you have in this respect. Make sure that all is out of your system.

4. Meditate on the content of this chapter and its nine points and request that the Most High enlighten you in all these issues and give you a proper understanding of the true reality about the family life on this Earth.

5. Request that the Most High introduce you to a new Spiritual Advisor who will be in charge or will advise you in all matters of your family life. Explore with him or her your present condition in this respect.

6. Ask the Most High and your family Spiritual Advisor to help you clearly realize what it is that you need to be doing in order to properly fulfill all the requirements of your family life and serve you for the purpose of being a better human being and a more loving, wise and sharing human being.

7. Ask them to reconnect your family life to its original spiritual and mental source, to your true spirit and soul, and particularly to the Most High.

8. Ask them how much of your present marital involvement is a self-feeding loop of miseries and problems or to what extent does it serve a positive and good purpose for which it was intended in the first place. What were the true motivating factors for your entering this marriage? Should it be continued and if so, under what conditions? How could your marital and family life be improved (if at all)?

9. Request the Most High and your family Spiritual Advisor to give you a concrete image and picture of how your family life and marriage should be conceptualized and practiced in such a manner as to give you a proper understanding and fulfillment of your earthly life in all its aspects. Request help to have enough courage and determination to successfully follow all good and positive advice that you will receive from within yourself (relying mostly on your intuition). Ask if this is all for this particular session. After you are through, with thankfulness, gratitude and appreciation you can finish your exercises feeling refreshed, alert, clear-headed and satisfied with your accomplishment.

Again, make sure that constant novelty, change and creative efforts are reflected in the manner you are structuring your exercises so that no automatization, ritualization and habituation will occur. After all, they are the signs of the negative state prevailing in you.

If we faithfully and diligently do these or similar types of exercises on an everyday basis, without skipping a day, we shall be able to acquire a

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proper and right understanding and fulfillment of our family life in particular and earthly life in all its aspects in general.

CHAPTER SEVEN

SOCIAL LIFE

The issues of social life are closely related to family life. In the case of social life we are dealing with relationships which occur among people unrelated by the ties and blood of the family life. But the basic purpose and goal of socializing is very similar as is the case with family life. This is true in a looser and broader sense.

As mentioned many times before, all and any life was basically given to us for the purpose of sharing of all the specific and unique aspects of life given to and placed in us by the Most High. Thus, those unique and specific aspects represent the Most High in His/Her infinite variety and number of manifestations.

Because of this arrangement, and because life was not given to us for self-purposeful or selfish reasons — to keep it to ourselves — but for sharing its unique, different and very special, private and intimate content, by the nature of this major purpose we are all social beings.

This is uniformly true throughout the entire Creation. No one in the entire Creation can be considered anything else but a social being. Because everyone in the Most High's Creation is the image and likeness of God, we can safely conclude that the Most High is an Absolute Social Being. If this were not the case, the Most High would never create a single entity or being whom He/She would be able to tolerate around Himself/Herself.

If the fundamental, essential and substantial nature of the Most High is Divine Love and Divine Wisdom, and if the nature of true love is to give and to share all that it has with others, then the others, having originated from that Love, are created for the same purpose — to give, to receive, and to share; hence, the Nature of God and all intelligent beings and entities as social beings.

One cannot very well share what one has if one has no desire to share. However, in the positive state the desire to share is the very life of everyone. Remove from them the ability and the opportunity to share and you remove their life. They perish. On the other hand, no sharing can take place unless there are people with whom one can share and who are willing to share. Reciprocal sharing is the foundation upon which any proper relationship is built. Therefore, we can say that the true nature of the social life is the reciprocal sharing.

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The word “sharing” in itself implies a two-way street: we share. There is no such thing as “I” share only. There is always someone toward whom that sharing is directed. In sharing, there are always two or more people involved. I cannot share anything with an empty space.

The Most High, being Absolute Love, and wanting to share absolutely all which His/Her Love has and contains, could not do so with nothingness. Therefore, He/She created intelligent beings and entities relative to His/Her state and condition whom He/She endowed with basically the same nature as His/Her own.

It would be futile to create someone with a different nature which would not be susceptible to receive, to give, to share and to reciprocate. The whole purpose of creation would miss the point.

Thus, we can repeat that one of the most important reasons and purposes for which the entire Creation was created by the Most High was for sharing, that is, for giving, receiving, and reciprocating what everyone of us has.

The term “sharing” contains the act of giving, receiving and reciprocating. “Reciprocating” has a double content here: when I give and receive, I subsequently reciprocate the experience of my act of giving and receiving. Thus, to reciprocate means more than to just give and receive.

From the above brief discourse we can conclude that social life was originally structured in such a manner as to give people a broader opportunity for actualizing, realizing and manifesting their basic needs for sharing: to give, to receive and to reciprocate. No other purpose, in a general sense, for socializing has ever been or will be in being and existence.

However, there is a higher spiritual connotation to this purpose of sharing. As mentioned in a previous Chapter, we are all forms and carriers of very specific and unique aspects of the Most High’s Nature and Life. Everyone of us has a different aspect. No one else can ever have the aspect which would be absolutely the same. In that aspect the Most High is present in a unique and unrepeatable manner and way. Because no one else can contain within him/herself more than one such aspect (otherwise he/she would be absolute and uncreated), no one else can know within him/herself what the other important, vital and crucial aspects of the Most High’s Nature are. The lack or unavailability of such knowledge would limit us in a possibility to progress eternally. Without such a progression, everyone would lose their motivation for living. Without the motivation to be and to exist, no sharing could take place.

For this reason, the need for sharing all available aspects in us with one another was inherently placed in us. This need is a base and function of any social life.

Thus, the primary purpose, in the initial connotation of social life, was to give everyone an opportunity to share the Most High in a unique and unrepeatable manner, unavailable anywhere else, with as many people as possible.

This is the fundamental spiritual connotation of social life. No other connotation makes any sense.

In view of this fact, we can see the multi-level life of sharing. Each level of sharing has a different quality and content and one level of that sharing in no way can be substituted by another level of sharing. Thus, we have many means or tools of sharing — spiritual, mental, physical or bodily, sexual, professional, work, social, etc. Each of these means of sharing has a different quality and fulfills entirely different needs regarding our sharing. Each one of them triggers an entirely different element of the aspect that is in us from the Most High. The all-inclusive act of sharing by sexual means, to a certain extent, incorporates all others and contains certain elements of others but by itself is not sufficient to fully take over the function of any other tool or means. Thus, sharing through social life is not the same as through sexual intercourse or by any other means but each of them can be included in any other with preservation of its own unique quality. Therefore, it would be futile and counterproductive to try to compensate or substitute one level or tool or means of sharing with any other. In doing so, we would deprive ourselves of acquiring the understanding and incorporation of a very important element of our unique and specific life's aspect which can be triggered and manifested only through a certain specific act of sharing.

In order for any social life to fulfill its major purpose, all members of socializing have to be aware of and to accept the fact that they are carriers of a unique aspect of the Most High's Nature and Life in them, and that they are here for the reason of sharing with all others the presence of the Most High in them. Failure to recognize and to accept this fact destroys the fundamental precepts of social life as well as any other life and gives an impetus for the negative state of evils and falsities to originate.

Notice, please, that the ultimate and the most important effort of the activators of the negative state (the pseudo-creators) was to curb and, if possible, to destroy in people's mind the awareness, recognition and

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acceptance of the fact that God and His/Her Kingdom is within people or that God exists at all.

All genetic engineering, manipulation and alteration was for this very purpose. As long as we are aware, recognize, and accept the fact that we are receivers, receptacles, carriers and containers of a very unique and specific aspect of the Most High's Nature and Life, and, thus, represent in that aspect the Most High, the negative state can never be activated. The reason for this is that the Absolute Nature of the Most High is absolutely good and positive. As mentioned many times before, nothing of the negative nature is contained in the Most High. Therefore, none of His/Her aspects can be anything else but good and positive. As long as one is aware, recognizes and accepts this fact, one is and remains good and positive by virtue of that presence of the Most High in him/her.

For this reason it was necessary to cut off people's identification with this fact and somehow make them in such a manner as to stop the major purpose and function for which they were created in the first place — to represent and to share the Most High in them. If one stops representing and sharing the Most High, Who is the only source of everything good and positive, what remains for sharing and representation? Only what is not positive and good. Hence, the negative state with its evils and falsities.

The basic structure of any intelligent human being or sentient entity is such that it can either choose its original purpose or reject and deny that purpose. The choice has to be made. Without this choice there is no life.

So, it was necessary for the pseudo-creators to devise some means by which they could bring people into this world who would choose the second alternative — to be unaware, not recognize and not accept the fact that they carry within themselves the presence of the Most High from whom they live and that they need to share this presence with others and that this act constitutes the true meaning of their lives.

This was accomplished by that specific and extensive genetic alteration of human physical form of manifestation and by fabrication of a false spiritual and mental state which blocked people's direct access to the unique source of their lives — the Most High, replacing it with a pseudo-source, either themselves or nature.

When we lose our direct access to the only source of the true life and everything good and positive — the Most High, nothing good and positive can come through. Instead, we start to produce conditions, states, and

processes which are the exact opposite of everything good and positive. Hence, the negative state. Because we have that inherent need to share and to socialize, we begin to share in our social encounters only what we have or think that we have — everything negative, bad, adverse and miserable. In such an encounter and realization there is nothing godly and positive because there are no spiritual considerations; there is no awareness, recognition and acceptance of the fact that the Most High is present in us. The thought that we are to share that presence with all other people hardly ever, or extremely rarely, crosses our mind.

The excellent characteristics of modern man can be found in the Holy Bible in Psalm ten, verse four:

“The wicked in his proud countenance doesn’t seek
God; God is in none of his thoughts.”

And if God happens to be in our thoughts it is for some ulterior motivation, merit seeking, fear, guilt, personal gain, reputation, reward, etc. These are all negative considerations and, therefore, ungodly. So, in such a type of seeking or thinking about God or praying to God, there is no presence of God but only one’s big ego. That ego becomes God.

Thus, most of the positive, spiritual, godly and proper motivating factors for our social life on this Earth were carefully and effectively obliterated by the activators of the negative state.

But why do we socialize on this Earth if it is of such a negative connotation?

If from the true spiritual standpoint, the true purpose of socializing is to share the unique and unrepeatable presence of the Most High in us, which gives us a greater degree of motivation and ability to be more ourselves and to be more creative, productive, constructive for the benefit of all, then in the negative connotation it is for the sharing of everything negative, evil, bad, false, distorted and adverse.

Now, how does the negative state with all its evils and falsities spread and communicate with everyone?

If it were locked within each person and not allowed to be shared, it would lose its motivation to be and to exist. This would mean the end of the negative state. After all, the negative state lives from the same principle as the positive state (no other source of life than the Most High is possible; therefore, there are no other principles but spiritual principles that are in being and existence) — to give, to receive, to share

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and to reciprocate. The fundamental difference between the positive state and the negative state *in this respect* is the difference of motivation and intent for which this act of sharing takes place. While in the positive state the intent and motivation is always for mutual benefit, common good, and for the sake of all, in the spirit of unconditional love and wisdom, without expecting anything in return, and for the simple reason that this is the right way and the only way it's supposed to be, in the negative state the major motivational and intentional factors are for personal gain, for one's own sake, for selfish reasons or for ulterior motivations from the position of self-love and love to the externals, worldly possessions, prestige, ambitiousness, personal reputation, competition, politics, sensual pleasures and for many other similar negative things.

Now, all these adverse states and their needs cannot be fulfilled unless one socializes with other spirits. Others are means through whom one can exhibit, actualize and realize all the tendencies enumerated above. Many of us are even willing to pretend to be good and positive or to be generous and giving in order to accomplish our own goals, for our own sake.

But, of course, for the activators of the negative state these kind of considerations were secondary and a very desirable side-effect. What they needed to do was make sure that the negative state had a constant opportunity to be continuously fed and spread widely to all corners of this world.

Therefore, they carefully preserved and emphasized more the need for socialization in order to spread the negative state as much as possible and to keep it going on indefinitely by making sure that it is shared constantly with all. After all, we are motivated to be negative if we see that all others act in a similar manner and way, with similar ulterior reasons and motivations. We find in such acts of other people a good source of justification, rationalization, and excuse for our own negativity. If we perceive that most people are motivated in the same manner, at one point we come to the conclusion that this is the only possible, normal, appropriate, right and healthy way. We inadvertently conclude that this is what life is all about and that this is how true life is supposed to be.

By this kind of attitude the life of the negative state is assured and preserved indefinitely.

This outcome is what the pseudo-creators needed to accomplish in order to keep the negative state alive, thriving and spreading.

For that reason they named their pseudo-humans “social animals.” Without socialization no sharing, reinforcement and spread of all aspects of the negative state and its nature is ever possible. After all, misery likes company (a better way of saying it is, “misery likes miserable company”). The negative genetic endowment by the pseudo-creators’ effort made sure that misery would love company. How else could it be manifested, actualized, realized and spread all over the world?

The pseudo-creators had a good example for such a need — the positive state. They saw the manner of socializing of people in the positive state and what a tremendous advantage it has and how many marvelous things could be accomplished by this means. They used the same kind of principles only for the wrong reasons.

From the above briefly described considerations you can see that we have two fundamentally different reasons for social life. One is very positive and good and one very negative and bad. The specific and peculiar conditions on planet Earth, for which purpose this planet was chosen by the Most High, requires that both of these trends are equally represented and manifested. People who are incarnated here from the positive state are here to illustrate the possibility of a positive alternative for social life. Due to this peculiar and specific reason, on this planet we can find a mixture of the positive and negative reasons for socializing. In most instances, however, all our relationships are contaminated, polluted and poisoned by negative considerations (selfish reasons). The externalization and materialization of all our values makes it impossible for us to have only pure, selfless motivations and intentions for our socialization. Somehow many of us end up with asking, “What’s in it for me?” If we invite someone to dinner, we inadvertently expect, consciously or unconsciously, to be invited back or we do it for some other ulterior motives. There is some kind of advantage in it for us and therefore we choose to invite that person for dinner. Very rarely do we do it because we want to share ourselves unconditionally with those with whom we decided to socialize.

This situation is even more obvious in our tendency to socialize only with a certain type of person. Our choice of people with whom we socialize is very carefully determined by the advantages which the socialization with such people can bring to us. We rarely socialize with people who are not of the same social status. Otherwise, we would lose our social reputation and all advantages that we have from such socializing. We are very much concerned with what other people will say about our involvements with different people.

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From this concrete example it is very obvious that our primary consideration regarding our social life is determined, in most instances, by some kind of ulterior reasons. In such reasons, very little, if any, truly spiritual, selfless, objective and just factors are contained. All spiritual considerations in this respect are cut off from our awareness and behavior. The result of such a disregard for spirituality is that we end up having many social enemies, envy, hate, spitefulness, gossiping, character assassination, defamation of character, put down, ridicule, rejection, dishonesty, hypocrisy, deception, fakery and many other similar insanities. These kinds of states and conditions we share with our neighbor, so to speak. Of course, we receive what we give. Thus, the need for socialization in order to spread the negative state was firmly established and thrives cheerfully on this planet and in all regions of the Zone of Displacement.

In conclusion, let us summarize the issues of the social life in the following points:

1. As mentioned above, in the positive state the need for social life is determined by the need for giving, receiving, sharing and reciprocating everything that we have. We do it not for our own sake but for the sake of all and for the sake of principle itself. This is the way the positive state is structured. No other considerations are possible. No ulterior thoughts, feelings and desires enter social relationships of people in the positive state. Everyone reciprocates with everyone. One doesn't need to worry that if one does something, without any regard for oneself, that one would be deprived of receiving anything in return. When people are motivated to do these things for the sake of principle and for the sake of all, they do it for everyone. No one is excluded or excepted. Thus, I do it for the sake of all and all do it for my sake also. This is the way it is. This is the godly way. This way stems from the true Nature of the Most High. When I do it this way, I affirm the presence of the Most High within me. I do it for the sake of God. In the ultimate spiritual sense any socialization in the positive state is done for the sake of God.

After all, God is equally present in everyone else. If I do something for God's sake, I do it for everyone's sake. If I do it for the sake of all, I do it for God's sake. If I do it for God's sake I also do it for my sake because God is within me and I am only because God is. This is how we serve God. There is no other way that we can serve God. God is not somewhere over there or in some remote, unapproachable place or state or condition but He/She is right here within us, with us, and among us. To serve God is to serve all. To serve all is to serve God. Because I am part of that "all"

(“all” is all-inclusive which also includes “I”), by serving God, I serve myself for the sake of God in me.

The social life makes this service possible on a widespread basis.

However, if I do something only for my own sake, I exclude God and others from my services. I serve only myself. With such a service, I, in fact, do myself a disservice because I exclude from that service my very essence and substance — the Most High. The ultimate outcome of such a service is nothing else but misery, suffering, resentment, rejection, evil and falsity. That is, the result of such service is hell. This is the reason why it is said that by doing it only for my own sake, I do a disservice to myself. By that act I condemn myself to hell. All the hells consist of those who exclude from their service God and others and do everything only for their own sake. Such is the nature of the hells.

On the other hand, servicing for the sake of God and all others, being all-inclusive, is a true service to and establishment of myself. The Lord says: “He who finds his life will lose it, and he who loses his life for My sake will find it.” (Matthew Chapter Ten, verse 39).

To find one’s life means to do everything for one’s own sake. This results in the loss of that life to the hells. On the other hand, to lose one’s life for God’s sake means to do everything for God and all others. By doing it this way one is able to discover one’s true nature. By discovering one’s true nature one finds one’s true life.

The above statement of Jesus Christ can be considered the fundamental base on which social life, as well as any life, is built. This constitutes the positive state. This is what it means to be in the heavens as opposed to being in the hells.

2. Because of the above described spiritual purpose of social life it is obvious that everyone in the positive state desires to socialize with as many people and groups as possible. This desire leads toward the formation of all kinds of interest and social groups which have for a purpose to make such broad socialization possible. In them all requirements and goals of social life are fulfilled.

However, it is physically impossible for one single person to personally socialize with every other single person throughout the entire Creation. And yet, it is very important and vital that this be done. How is this dilemma resolved?

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Every interest or social group has a liaison or representative that relates to some other group. Every society has its own representatives that are in constant contact with all other societies of their respective planet. Each planet has its own liaisons or representatives who are connected to all other planets of their respective solar system. Every solar system has its own representatives who are connected to all other solar system and their respective galaxies. Each galaxy has its own representatives who are connected to all other galaxies and their respective universes. Every universe has its own representatives who are connected to all other universes and their respective dimensions. And every dimension has its own representatives, who are connected to all other dimensions. (For more on this issue, see Chapter Three entitled “Principles of Spiritual Metaphysics” in “Four Concepts of The Spiritual Structure of Creation.”)

Now, all these liaisons or representatives are equipped with special abilities and tools of perceiving and transmitting precisely all experiences which are available from all other people to whom they are connected. By tuning in to them and through them, a single person can receive and give everything that he/she needs and everything that he/she has. This experience is very private and intimate and not only general and global. Through those liaisons or representatives I can personally experience all others who are not available for direct socialization, as well as all others experiencing me.

However, at any time that person, after scanning the liaison’s mind, feels a need to be in a more direct contact with someone in a remote place either in his/her own dimension or in an entirely different dimension, and wants to be there personally, he/she is given an opportunity to do so. After a certain time of preparation (the length of that time varies with the degree of difference and alienness of that place or condition. The more different and alien that place is the longer the time for preparation. The less different an area, the less time is spent for preparation), one is teletransported to that place or condition if it is in the same universe. If it is in a different universe or a different dimension, one is taken there by special means and ways which are incomprehensible to our Earthly mind — something like warping time and space through hyperspace. Only this applies to the states and conditions and not to place, time or space. After that person appears in that state, place or condition, he is joyously welcomed by the inhabitants of that place and they socialize, share and learn from one another whatever they need. When the purpose for which the trip was undertaken is finished, that person returns back to his/her own state, condition and place.

Thus, by these and similar means, everyone is assured the possibility of socializing with everyone else in Creation.

3. One of the many important reasons for socialization in the positive state is to motivate everyone to continue in their spiritual progression, or to motivate them to be and to exist. The important factor of such continuous being and existence is the possibility of acquiring knowledge, understanding and application of all other aspects of the Most High's Nature which are placed in all other people. For this reason, an infinite number and variety of intelligent beings and sentient entities of all kinds of forms, conditions, states, places, times and para-times were created, the total cumulative sum of whom reflect the Absolute Nature of the Most High. Since the number and variety of these people is infinite, one can be motivated to eternity to explore all other aspects of the Most High's Nature reflected in His/Her Creation. There is always something new and different to explore, to learn and to share. There is always someone out there with whom I can socialize in an entirely different and new manner, with innovative experiences that enhance and enrich all participants of that socialization.

If there were to be only a limited number of inhabitants with whom I could socialize for the purpose of sharing, at one time in the future that number would be exhausted and at that point there would be nothing to share. The end of sharing means the cessation of life because the very life of life is continuous progressive sharing. Such is the Absolute Nature of the Most High.

Fortunately for us, the Nature of the Most High's Absoluteness creates new worlds with new inhabitants who carry different and new aspects of the Most High's Nature and therefore, can never run out. This gives everyone an opportunity for sharing to eternity. Thus, social life provides us with the proper motivation to be and to exist for good and forever without any end.

This can be considered one of the major purposes for which the social life was instituted by the Most High in the first place.

4. In the positive state the social life is centered around conveying or communicating to each other the specific experiences that we have and for exploration of how those experiences can benefit all others. Because the center of such experience is the unique, personal, intimate and private communication with and experience of the Most High within everyone, the major topic of sharing is the sharing of this particular experience. When all members of a social group share these unique

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experiences with one another, the Most High in the form of Jesus Christ appears to them as a result of that sharing and socializes with all of them as one of them.

This latter experience is the most ecstatic and elating experience because it gives everyone a tremendous boost and incentive to be more creative, more productive, more fruitful and more sharing. There is nothing more inspiring, motivating, illuminating and enlightening than to socialize directly with the Most High Who becomes as one of us for that very purpose and reason.

For this reason we can say that one of the primary reasons for socialization is to bring about the personal presence of the Most High in an entirely different mode of experiencing Him/Her — as our Lord Who is among us and with us as one of us. This gives the greatest inspiration for all and unlimited and inexhaustible pleasure. Whatever pleases people, pleases the Lord. This is the reason it is said in Psalm 149, verse 4: “For the Lord takes pleasure in His people.”

And as it is also said in Psalm 113, verse 4-6:

“The Lord is high above all nations, and His glory above the heavens. Who is like the Lord our God, Who dwells on high, Who humbles Himself to behold the things that are in the heavens and in the earth?”

Verse six of this Psalm very obviously implies that the Lord humbles Himself/Herself to be one of us and to be among us and to socialize with us in order to give us pleasures forevermore. These pleasures are the motivating factors for our continuous spiritual progression and its sharing and the true spiritual reward for our creative effort that we share during our socializing hours.

5. In the positive state no one ever stagnates. Neither is anyone in the same condition. Because everyone in the positive state is fluid and constantly in the state of change, during social hours everyone always brings something new and different. No boredom or sense of futility during social encounters are ever detected. The change of every individual is perceptible even in his/her external appearance. There is always something new and different about that individual. Thus, everyone can look forward to finding out in the next social encounter what kind of new, exciting and different things each individual will be sharing today.

For this reason the social hours of each group and society are considered to be the favorite pastime. After all, by always bringing something new and different, each member of the social group is enhanced and enriched immensely. The result of such enhancement and enrichment is the greater creative effort of everyone and greater possibility for becoming more ourselves, as well as, most importantly, a greater knowledge of the Most High, others and ourselves.

This is another major reason why social life plays such an important part in everyone's life in the positive state.

6. The newness and difference of every social encounter in the positive state is determined by the degree by which everyone utilizes, actualizes and realizes various elements of the specific and unique aspect of the Most High's Life which is contained in everyone. Thus, for the sake of all, everyone is motivated to do one's best to actualize, to realize, and utilize oneself as much as possible at each given time. This assures that one never has any desire to stop and to deprive oneself and others from bringing out some other element of that aspect for sharing which has not been actualized, realized and utilized so far.

The social life is needed for the motivation and for the clear experience that everyone performs some important use for the benefit of all. If one has this awareness, one is always motivated to bring out different and new elements of the aspect one uniquely represents. If there is no one out there who can appreciate and benefit from my progress and growth, I lose all incentive, motivation and need for such growth and progression. To lose this kind of need is to lose one's life.

Thus, social life provides everyone with essential and substantial important feedback that everyone really does do something useful from which everyone can really benefit immensely. In this consideration is the true meaning of social life.

7. In its essence and substance the social life in the positive state can be considered a means for everyone's self-actualization, self-realization and becoming oneself. By going through this process, everyone fulfills the purpose of one's being and existence. Through the process of self-actualization and self-realization, one fully manifests the specific aspect of the Most High's Life which was placed into that one. By a constant display of that aspect and by always triggering new elements of that aspect one fulfills the purpose of one's life.

Thus, we can say that social life serves two factors. One is to trigger in everyone the need to always bring out a new and different element of

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the Most High's aspect of life and, thus, give the impetus for spiritual progression and becoming oneself. Another is to unconditionally share with everyone all that one has. The social life, as all other aspects of our lives, provides everyone with these opportunities unceasingly.

8. Now, the above described true meaning of the social life in the positive state is always good and positive. It doesn't allow anything negative and adverse to come to its fruition. The above nature and structure of social life is of the purest spiritual origin. The spirituality of such life brings about very positive and delightful consequences into everyone's spiritual, mental, emotional, intellectual, sexual, physical, bodily and environmental life. Everything is positively affected and properly interconnected. The flow of life into the social life from its spiritual source — which is the Most High, assures that everyone has everything that one needs for being a happy, content, satisfied, joyous, productive, constructive, creative, useful, beneficial, sharing, loving, kind, wise, knowledgeable and social human being or sentient entity.

With such a proper direction of flow of spiritual life nothing ever can go wrong. Therefore, in the true positive state of the Most High's Creation no breakdowns, crises, shortcomings, stagnation, backsliding, or lack of anything is ever possible. No need for worrying about anything is ever experienced by anyone. Everything is constantly provided.

Such is the outcome of life when it follows a proper and orderly direction — from the innermost spiritual, to the intermediate mental, to the external physical or natural.

Based on this major law and principle, the social life of the positive state always derives from the spiritual need for sharing and reciprocation of everything that one has. In such a life the presence of the Most High is manifested in a greater fullness and accessibility.

9. With the above described arrangement of the social life no negative state could ever be chosen by anyone. Thus, no activation of the negative state could ever occur. Therefore, it was necessary rearrange this situation on this planet in such a manner as to bring about a different concept, understanding, purpose and practice of social life.

Its purpose was basically described at the beginning of this chapter. Here, it is necessary to realize what the major purpose of the negative state is. Because the target of the negative state is to overthrow the reign of the Most High and His/Her positive state, the ultimate goal of the negative state is to destroy the entire Creation and all life. Whatever negative state invents and produces in the form of life, it is produced and

invented with only one purpose in mind — to destroy life. The foolishness and insanity of that purpose is obvious because, if the negative state were ever to succeed in destroying life, in the process, it would destroy itself.

In order to accomplish this goal it was necessary to disconnect (or only minimally, barely leave connected) all life from its spiritual source and proclaim that life is limited and is not forever.

The pseudo-creators successfully rebuilt the human body and its psyche to make sure that non-spiritual externalized and materialized life would be possible. Because in their present state and condition, people on this Earth have no conscious experiential awareness that any other life than their Earthly life exists, many of them must conclude that life begins and ends with life on planet Earth. If life begins and ends on this Earth then it is a scientific fact that life is a product of matter, of limited occurrence and there is no need to believe that life was created by God by and through His/Her spiritual principles. Thus, life is not a spiritual phenomenon but a material phenomenon or a natural phenomenon. Anything spiritual is the outcome and result of this natural life and not its originating cause.

In order to spread this falsity the social life was instituted on this planet. It enables this idea or philosophy to reach as many people as possible. Even if not all people accept this idea, at least it plants doubt in them. After all, the doubt will say that there is always that possibility that this pseudo-philosophy is correct especially if the majority of people have no direct, scientific or empirical experience that any other life than Earthly life exists.

The more they believe in such a devastating possibility, the more influential this philosophy is and the more doubt comes into those people's mind who have a tendency to reject it.

In order to spread this poisonous philosophy, many social groups are formed to ensure its successful dominance particularly in the minds of scientists. Social science is full of such abominations.

Now, because the earthly social life is disconnected from its spiritual source, its ultimate purpose is to destroy anything spiritual and, thus, paradoxically, to destroy all life on this planet. This is a paradox for production of life in order to destroy life. This is how the negative state works throughout all regions of the Zone of Displacement.

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Unless our social life is reconnected to its original spiritual source and resumes its original purpose for which it was established by the Most High in the first place, it will succeed in destroying any life on this Earth.

How can we personally contribute to the spiritual awareness of our social life on this Earth and to the re-establishment of its genuine true purpose?

Among many other things, by allowing ourselves to go through the following or similar types of exercises.

EXERCISES FOR SOCIAL LIFE

1. After you have completed all the exercises prescribed in the previous chapters, spend some time on analyzing your social life. With what kind of people do you socialize? Why? What are the primary motivating factors of your socialization?

2. Ask the Most High in you to bring to your attention all problems and shortcomings of your social life. Explore thoroughly your thoughts, feelings, attitudes, expectations, etc., about other people with whom you socialize. What is your specific and particular need for socializing with this type of person but not with that type of person? How much prejudice, bias, superstition, racism and discrimination do you have in you regarding people in your group, your community, your country, or on the planet Earth? Face them all. I can assure you, you can find a lot of them. We all have them.

3. When they are all clearly in front of your mental eyes and you recognize and acknowledge all of them, ask for mercy and forgiveness from the Most High for adopting them and living in accordance with them and, at the same time, forgive all other people with whom you socialize who support and pressure you into those kinds of problematical relationships. Request from the Most High the white light of Divine Love and Divine Wisdom to enter you and thoroughly purify and cleanse you from all of them and remove them for good and forever.

4. Request that the Most High introduce you to your new Spiritual Advisor who will be in charge of and who will represent your social life. Discuss the true meaning, purpose and goal of social life with your social Spiritual Advisor.

5. Ask the Most High to give you and to fill you with the right ideas, thoughts, feelings and behaviors regarding your social life and your

social status and ask Him/Her to make you free and independent from all adverse social pressures imposed on you by people with whom you socialize.

6. Meditate on the content of this Chapter and its nine points and ask the Most High to give you the proper insight, understanding and acceptance of them, as well as to show you how to implement them in your own everyday social life. Of course, you do this only when you check out within yourself whether what is described in these points is true.

7. Request that the Most High and your social Spiritual Advisor reconnect your social life to its true spiritual and mental source, that is, to your true Inner Mind and particularly to the true Most High in your true Inner Mind so that you can begin to live your social life from the Most High in you and not from the externals and this world.

8. Request that the Most High and your social Spiritual Advisor show you clearly and without any hesitation what use, if any at all, your present social involvements and people you associate with serve. How much are your current social associations harmful and damaging to your and everyone else's true spiritual and mental well-being? Should they be discontinued and dismissed? If yes, with whom and why?

9. Ask the Most High and your social Spiritual Advisor to illustrate vividly the type of social life you should be involved in and the type of people with whom you should associate and socialize and why. When you finish these exercises, thank everyone for their participation, help and advise. Follow their advice (if corroborated by your inner intuition) faithfully and with determination.

Return to your external mind refreshed, alert, clear-headed, in a good mood, with good disposition, joyous and happy.

In the process of your exercises make sure, as always, to be innovative, always bringing something new, changing the content of your exercises and asking the Most High and your Spiritual Advisors to give you an idea how these exercises should be conducted in order to avoid their automatization, ritualization, and habituation at all costs.

Now, if we have enough will, determination, perseverance, and diligence to do these or similar exercises on a daily basis, at one point, we shall most certainly succeed in putting our social life on the right spiritual foundation, returning it to its original purpose, as described in this chapter. By this act, we shall acquire a true understanding and fulfillment of our Earthly life in all its aspects.

CHAPTER EIGHT

LEISURE AND SLEEP LIFE

In the previous chapter it was pointed out that life in general and human life in particular has many levels of manifestation and fulfillment. It was also pointed out how important it is that each level of life has its proper and equal opportunity for actualization and realization. For that reason, as it was pointed out there, no substitution of one level of life by any other level of life could be, effective or meaningful. It is vitally important that each level of life is fully manifested in itself, by itself, and in conjunction with all others.

Each level of life has a specific and unique ability, unavailable to any other level, to trigger and to fulfill a different content, meaning, quality, impression and expression of the aspect of life from the Most High which everyone represents. These different qualities are equally important, unique, special and as needed as any others and, therefore, without fulfillment of some of them or one of them, life becomes one-sided, lacking something and not completely fulfilled. In this case no one is able to properly manifest, actualize and realize what one really is and what one really has. Such limitations are intolerable in the Most High's Creation. For this reason, constant opportunities are provided for everyone for fulfillment, manifestation, actualization and realization of all levels of one's life.

Up to this point, we have briefly described the following levels of life — spiritual life, mental life, physical or bodily life, sexual life, professional or work life, family life and social life.

Another vital and important level of human life, as well as the life of all intelligent beings and entities, is leisure life and sleep life.

In actuality, leisure life and sleep life are two different categories of life which are included in this book under the same chapter because of their closely related purpose — to give an opportunity to everyone to rest from all other activities represented by the remaining levels of our life.

In this connotation rest life can be divided into two parts — leisure life which is an active rest; and sleep life which is a passive rest. Both are equally needed for our survival.

What is the meaning, purpose and function of leisure and sleep life?

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From the content of previous chapters it becomes very obvious that any level or aspect of human life has a spiritual origin. No matter how any human activity appears to be unrelated to anything spiritual, it derives from and corresponds to some kind of spiritual state or condition.

It is a spiritual fact that whatever we do, think, feel, will, need, desire, wish, etc., is made possible only because there is within us the presence of the Absolute Source of Life — the Most High. The Most High is a purely and absolutely Spiritual Being. Because the Most High's presence in us makes it possible for us to be and to exist, to think and to feel, to will and to desire, to act and to behave, etc., no matter what we do we are able to do it only because of that spiritual presence.

Hence, everything in us and in our life has a spiritual connotation and correspondence.

It is a spiritual fact that we all are created and not absolute. To be created and to be relative (that is, not absolute) means that we don't contain the fullness and completeness of all available experiences, states, conditions, processes, changes, varieties, meanings, etc.

It is a spiritual fact that we did not give ourselves life but that we are forms, containers, and receptacles of life which is given to us by Life itself — the Most High.

It is a spiritual fact that the Life in the Most High is in its Absolute state, while the life in us is in the relative state since we are not capable of carrying the fullness of the Absolute Life.

It is a spiritual fact that, not being absolute, we run out of energy for continuous involvement in one or another activity. The depleted energy must be replaced if we are to continue in our daily life and its various activities.

Only the Most High, being Absolute and being Absolute Energy in Himself/Herself, can never run out of energy. Thus, only the Most High can always be absolutely alert and active. Anyone less than absolute, no matter how close that one is to the Most High, cannot be unceasingly, uninterruptedly alert and active. He or she at one time or another, will deplete his/her energies and will need a recharge.

Now, the closer one is to the Absolute Source, the less frequently that recharge is needed and the shorter time for inactive state and inattention is required.

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On the other hand, the more remote one is from that Absolute Source, and thus, the less spiritual his/her state is, the more frequent recharging is needed and a longer period of inactivity is required. In other words, the higher the level of spiritual awareness and identification with the Most High one attains, the higher the level of energy and alertness available to that one and the less he/she needs for leisure types of activities. In the spiritual world, or, to be precise, in the positive state of the spiritual world, this is also true about sleep. The greater the spiritual awareness and the quality of the spiritual state, the less formal sleep one needs.

However, the situation is entirely different on planet Earth where the negative state is active and dominates. The leisure and sleep requirements are more vital and crucial than in the positive state for the reasons which will become apparent throughout this chapter.

Thus, we can say in general, that the spiritual origin of the needs for leisure and sleep will be found in our relative state that runs out of energies which are needed to fuel our daily activities on a productive level. Whenever we run out of these energies, we feel tired, exhausted and sleepy. In order to eliminate these undesirable states we have to engage ourselves in different types of activities. These activities enable repletion of our energies to a desirable level so that we can continue to function in our productive life.

As mentioned above, the two such activities able to accomplish this repletion, are leisure activities and sleep activities. One is always conscious, while the other is mostly unconscious, except when we consciously go to sleep.

In this spiritual connotation the purpose of leisure and sleep activities is to maintain our spiritual, mental, physical, sexual, professional or work, family and social life at the level which can be most productive, constructive and creative and which enables us to properly manifest, actualize and realize what we are and what we have.

Thus, in the higher sense, leisure life and sleep life serve as a means to a better and more effective understanding and fulfillment of our life and all our creative efforts. In another sense, the leisure and sleep life ultimately serve the major purpose of any life — better, more effective, more pronounced, more active, more alert and more conscious giving, receiving, sharing, and reciprocating. And even in the higher spiritual sense, the leisure and sleep life serve for manifestation purposes, actualization and realization, with a greater clarity, sharpness, focusing

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and explicitly of the aspects of the Most High which everyone of us contains, carries and represents.

Such is the spiritual connotation of leisure and sleep life.

If we carefully analyze the structure of our leisure and sleep life we can detect in them the following aspects: there is a spiritual leisure life, a mental leisure life and a physical or bodily leisure life.

The spiritual leisure life consists of the activities that produce ideas of fun, humor, laughter, smile, play, relaxation, sport and rest. Constant preoccupation of the spirit with the production of the ideas of only spiritual significance and meaning of life and its proper maintenance, manifestation, function and fulfillment, leads to the depletion of the spiritual energies that weaken the ability of proper transmission of those ideas, of any ideas, from their Absolute Source — the Most High. In this weakened state there is a danger of misunderstanding, misperceiving or mistransmitting of those ideas. In the moment the perceptible weakening occurs the spirit switches to the production of ideas related to leisure and rest. During this period of time, the higher faculties of spirit are recharged with the energies that come from the Absolute Energy, the Most High. Once this process is completed, the spirit resumes its original major function and related to it production and transmission of necessary ideas for life.

From the above statements, it is obvious that all kinds of leisure activities, without any exception or exclusion, originate from their ideas in our spirit. Hence, the spiritual source of leisure life and sleep life.

The mental leisure life derives, of course, from the spiritual leisure life. The soul, not being absolute, has only limited capacity, at any given time, to transform ideas of the spirit into its own mental images and life. When the process of this transformation is weakened, because of depletion of life energies, the mental activities, in synchronicity with the spirit, are switched to the reception and transformation of ideas related to fun, humor, play, laughter, sport, relaxation, rest, or sleep or whatever one has. In this case the soul induces into us the states and needs to feel, to experience, and to express fun, humor, laughter, play, entertainment, recreation, etc.

A physical or bodily leisure life derives from the spiritual and mental leisure life. It is entirely dependent on the state and support of its spirit and soul. The weakening of transmitted energies from the spirit and the weakening of their transformation in the soul, produces the weakening of all bodily functions. The body begins to feel tired, exhausted or sleepy

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and requires either totally different leisure types of activities or physical sleep.

The ideas and mentation of fun, play, laughter, humor, recreation, entertainment, etc., motivate us to seek out concrete activities, conditions or places which induce into us the real or imaginary fun, play, laughter, humor, smile, being entertained and sense of letting everything go.

Such is the interconnection and interdependency of spiritual, mental and physical leisure and sleep life.

However, why is it that we need to sleep and to dream and why is it that conscious leisure activities in themselves and by themselves are not sufficient to replenish our life energy level to its necessary state?

There are several reasons for this need.

1. The external form of manifested spirit and soul, that is their body, is from the elements of their respective environment. Because of this structure, the body doesn't have eternal continuation as spirit and soul do. By virtue of this fact, the body lacks any life in itself and by itself. Whatever life is in the body, it is not its own but the spirit's. Because the body does not consist of life elements, but only of the perishable environment, it cannot sustain that life within itself in its fullness on a continuous basis. In order to make that body liveable and effectively functional, the spirit and soul need occasionally to withdraw from their body to the extent that only a minimal amount of their presence remains in it for the purpose of life support.

Because of the fact that the external body is perishable, it has a tendency to wear off and to stop its functions. If it were to be forced into continuous activities to the fullest potentials of its spirit and soul, it would soon fall apart. Therefore, the spirit and soul, after withdrawing most of their presence from the body, heal and repair that body so that they can return into it and continue to function to their fullest possible capacity. The state of the body during that period of time is the state of physical sleep. During sleep most of the bodily functions are minimized and slowed down considerably and the healing and repair work can take place. From this the need for sleep is obvious.

The need for sleep and its length is determined by the kinds of elements that the body is built from. The more fluid, the more spiritual the environment is, a shorter time of sleep is needed and the less bodily rest is required. On the very pure or high spiritual level, where our body

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is completely spiritual, very short periods of irregular and sporadic sleep are needed. The more material the body is, the more vulnerable it is to the life forces and, therefore, it needs regular and longer periods of sleep.

2. Only the Absolute State of the Most High's Nature, that incorporates all environments and everything else in being and existence, as well as being and existence themselves, doesn't require rest and sleep. Otherwise, it wouldn't be absolute. The constant, uninterrupted and conscious flow of ideas from the Absolute State into the relative state would result in a total breakdown. This relative state cannot be built in such a manner as to accommodate continuous conscious awareness at all levels, simultaneously and synchronously, of that flow. If it were able to do that, it would be absolute and uncreated. Therefore, in order for the relative state to continue in its effective and proper function, it is necessary to make arrangements by which a respite can be given to it in a manner in which respite is given to one level at a time. Because the most vulnerable to this flow is the external form, it is this form that needs such a respite more frequently and regularly. However, this is also true of our spirit and soul. The spirit and soul, not being absolute, require an occasional respite from conscious perception of this flow. During such respite, they are in the state of sleep-rest. When they sleep, the Most High does the repair and healing work on them in order to make them function always better and more effectively. Again, the frequency and length of such sleep-rest depends on the quality and content of everyone's spiritual awareness, state and condition.

3. By virtue of this fact, that is, that all of us are relative, we can never be perfect. Only the Absolute State, that is, the Most High is perfect. The state of imperfection, once it is fully realized, may bring about a feeling of incompetence and inferiority and may result in the activation of the negative state even in people who are in the positive state. Everyone is given a certain assignment. When the assignment is coming to its end, and is about to be fulfilled, everyone suddenly realizes that it could be fulfilled in a more perfect manner and way. When this realization comes about, everyone momentarily feels impotent and unworthy to do anything else. This is a predusk period of everyone's day. Before the consequences of this realization can bring about the negative state and do the damage to one's spirit and soul and their body, everyone is put in a deep sleep by the Most High. During that sleep all results of the above awareness are removed and, instead, one is given a new assignment with the feeling that one has done an excellent job and that all which is required from anyone is to do one's best and not to strive to be perfect. The point is to strive to do one's best and not to strive to be perfect.

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The deep sleep is necessary while this work is going on, because, otherwise the consciousness of our imperfect state would be interfering with the activities of the Most High in this respect. Thus, the need for deep sleep is for our own protection.

4. The quality and content of sleep life is totally different and unique from any other life activity. It functions as an integrative tool of all activities in the sense that it helps them to be organized, classified, synthesized and stored in a cohesive, logical, meaningful, and rational sequence. No one can do this ultimate synthesis but the Most High. Without this synthesis no one could retain any life experiences and connect them meaningfully to the next step of their spiritual progression. The activities of the Most High during this synthesis are of such a magnitude that they cannot be comprehensible to any relative or non-absolute mind. If we were to become aware of them, their complexity, immensity and intensity and their unusual magnitude would annihilate us. Therefore, it is necessary to have periods of deep sleep in which this, one of the most fundamental and crucial acts of the Most High, could be accomplished within us without annihilating us in the process. Thus, the need for sleep can also be conceived as one of the most important tools through and by which the synthesis of all our activities is accomplished. This enables our development, growth, betterment and spiritual progression.

It is obvious that sleep has its own very specific, unique and important life which is an integral part of overall life. It is a level of life which must be fulfilled with the equal consideration and importance of any other level.

As far as dreaming is concerned, it has basically two functions:

1. Dreaming, through its pictures and symbols, discharges all imperfect, impure and inadequate ideas that any relative being contains. The major idea that is being discharged, and from which one is being constantly purified and cleansed by dreams, is the idea that everyone in the Most High's Creation has freedom of choice to reject the reciprocation and sharing of the Most High's Divine Love and Divine Wisdom and His/Her spiritual principles and to turn one's back on the positive state. The dreaming is a conscious part of sleep through which one voluntarily, by one's free choice, refuses to actualize and realize that idea of the need for becoming negative and through which one expels that idea and need from one's self.

For that reason, in the spiritual world everyone remembers their dreams. The reason why it is done in sleep is because only the Most High can do this by means which cannot be understood by any relative mind. Once we show our free desire to get rid of that idea and need and everything related to it, as well as all other imperfections and impurities (after all, only the Most High is absolutely perfect and pure), the Most High enters that area and does certain work which enables that idea and that need and everything else of that nature to fall out into the Zone of Displacement.

2. The absolute or total unconscious state of any being would result in eternal death. Therefore, some degree of consciousness (not necessarily on the level of the external human mind) must be present in order to save everyone's life. During sleep-rest the dreams are induced which maintain certain limited awareness of one's being and existence and preserve cohesiveness and continuation of one's life.

That people on earth do not remember their dreams very often doesn't mean that they didn't have them or are not aware of them. They are not aware of the dreams only in their external conscious mind. But if we put them in trance, for example, they are able to recall very vividly all their dreams.

Thus, the continuous conscious life flow through dreaming is preserved, and everyone remains alive. It is impossible for one's spirit and one's soul to be totally unconscious. Otherwise, they would cease to be and to exist. However, it is very vital and crucial that certain activities of the Most High in us during our deep sleep remain unavailable to our lower conscious awareness. The dreams are induced which keep all our attention from those activities so that the work of synthesis and anything else which needs to be done, can be done.

Thus, once again, the dreams serve the preservation of our life. The other functions of dreams, which are more related to communication with the spiritual world or with the Most High are for people who are trapped in various regions of the Zone of Displacement. They are reminders of a different level of reality than just that level at which everyone is trapped. Sometimes they are also used for warning or as a prophecy or premonition of something which is about to come. Because sleep and dreaming is not time-space bound, as far as its content is concerned, certain events that are manifested in linear time flow can leak into the consciousness from the so-called future and present themselves as if they are occurring right now.

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On the other hand, the Most High sometimes utilizes the dream work to reveal to people certain concepts, ideas and aspects of truth which are impossible to arrive at by the limited conscious human mind that is trapped in the pseudo-logic and rationality of the external, natural world. In this connotation, dreams serve as a tool to remind people of their spiritual origin and spiritual reality.

The above described situation with leisure life and sleep life is the arrangement in the positive state. On this planet, because of the activated negative state, the situation with sleep and dreaming is somewhat different. However, it does preserve its basic function and connotation but its role may be somewhat altered and distorted.

First of all, the intervals between sleep times are much shorter, in fact only a few hours. We sleep much longer than people in the positive state. The reason for this is in the fact of our genetic endowment as we were fabricated by the pseudo-creators. Basically, we have an animalistic body which is able to contain only five percent of the capacity of our true spirit and soul. The presently existing human physical bodies are not suitable for spirit and soul to live in. For that reason, by most of that content, the spirit and soul are not contained in our bodies completely. Our bodies were structured in such a manner as to contain as little of our spirit and soul as possible; meaning as little of the true and genuine life as possible. Otherwise, no negative state could be experienced or actualized. This was done purposefully. In actuality, being unsuitable for any proper spiritual and mental life, our physical bodies can take only a very minimal amount of life and only for a very brief period of time. After a few hours of conscious life activities our physical body wears down, is tired and needs to rest. That is how fragile the inventions of the negative state are.

With such a weakness, all kinds of consequences and outcomes of the negative state (illnesses, diseases, miserable states, sufferings, etc.) can be manifested much easier.

On the other hand, this situation requires people to have much more time for leisure than otherwise would be the case. This keeps them away from the possibility of fully actualizing and realizing themselves and, thus, becoming more spiritually aware.

As far as dreaming is concerned, besides what was said above, we dream for the purpose of the maintenance of our link with all other dimensions from which our conscious awareness was disconnected by that genetic alteration. That link is a necessary requirement for the

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continuation of any life in our body. Those dreams also link us to the rest of our spirit and soul which, although attached to our body, are never capable of fully residing in that body. Otherwise, with this kind of body, they would kill that body. The killing would be by the sole presence of fullness of life for which that body is not built.

Through the symbolic and correspondential meaning of our dreams we are connected to the rest of Creation and to the rest of the Zone of Displacement (in the case of bad dreams and nightmares).

In order to elaborate more on our leisure life and our sleep life, let us consider briefly the following points:

1. The major purpose of leisure life and sleep life in a general sense is to serve as a balancing factor for all other life activities. Another word that can be used in this connotation is "catalyst." The leisure and sleep life can be considered a specific catalyst which enables proper function of all other life activities. Its purpose is to prepare a favorable condition for all other levels of life, in which condition they can and may effectively and successfully actualize, realize and manifest themselves.

Thus, without leisure life and sleep life, all other life activities would come to a halt because their source, meaning and instrument would break down or would become exhausted and unable to transmit life. To avoid this situation, different types of activities have to be available which would take care of the source, means and instrument of those activities themselves (the source is the spirit, the means is the soul, and the instrument is the body).

In this respect, therefore, we can recognize two general major types of activities that are inherent in our life: the activities that are a direct manifestation of our spirit, soul and body and the activities that take care of spirit, soul, and body and their conditions themselves in order to make it possible for them to be properly manifested. The latter activities are what constitute the content of leisure life and sleep life.

In order for our spirit, soul and body to be properly and productively functional, certain activities are necessary in which our spirit, soul and body can find a total relaxation or diversion from their genuine activities. This can be found only in the type of activities that are in no way related to their genuine function and purpose. It is found in what is called fun, humor, play, entertainment, relaxation, sport, laughter, walks, sleep and similar activities.

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In the positive state, they all serve this purpose. The leisure and sleep life and their activities enable our genuine activities to be more effective, more creative, more productive and more fulfilling.

2. Leisure and sleep life can be considered as equipment for our survival needs. Because of this connotation, they are part of our motivation to be and to exist. Since being and existence is the result of the creative effort, the leisure and sleep life contribute to our being more creative and fruitful. In this connotation, they can be considered the guardians of a properly functional life. They guard us from exhaustion and overdoing anything beyond our capacity. Not being absolute, we are limited in the capacity of our function at any given time or moment. To avoid going over or beyond our specific capacity, the leisure and sleep life intervene whenever such danger occurs and set in their own activities allowing all else in us to rest and to revitalize.

3. Fun, play, laughter, humor, entertainment, sport, recreation, sleep and similar activities can serve their purpose only if their contents are relevant to the needs of our spirit, soul and body. Therefore, unless they are derived from proper spiritual ideas of what their content should be, no leisure activities or sleep can be considered what they seem to be. In other words, unless leisure life and sleep life are a means to the spiritual, mental and physical well-being they have no sense and meaning. Thus, they can never become the purpose and goal of all life in themselves. We are not creative in order to have fun or to sleep or whatever, but we have fun, and we sleep or whatever, in order to be more creative. This is a very crucial spiritual rule to remember. Any deviation from this rule, invalidates the proper function of leisure and sleep life and they turn into destructiveness of life instead of preservation of life. This is the spiritual way. This is the positive way. This is how leisure life and sleep life is looked upon by everyone in the positive state.

4. The unique and unrepeatable aspect of the Most High's life in us requires its own unique mode of rest and leisure. Everyone has a different need for the different ways in which one can accomplish what one needs to accomplish during the leisure and sleep life. Thus, it is not advisable to generalize in this, as well as any other matters. Uniformity and conformity to some certain standards are signs of the negative state. What is truly refreshing and restful for one person is not necessarily so for another person. Forceful adherence to one or a few modes of leisure life or the same length of sleep time, brings about more damage than rest.

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Therefore, in the positive state, everyone determines from within oneself, from the presence of the Most High, what the most appropriate and right way for that one is to fulfill the needs for leisure and sleep. Since there is no night in the heavens, for example, the need for sleep is not determined by such external factors as night, but by the inner needs for refreshment and rest. The same things are true about leisure activities. No one feels regimented to stop doing what one does only because someone else feels a need to take a break and rest. Thus, the time is individualized and each person has his/her own independent breaks.

In our world this is usually determined by the external time flow. Most people feel compelled to have a lunch break around noontime. The noontime is determined by the position of the sun above the horizon. People are conditioned to follow such external arrangements. Because of that, they really feel a need for a break around noontime. However, in the positive state, no such considerations are possible. Everyone has his/her own individual time. My noontime can be for someone his/her morning time, or afternoon time, or dusk (no night exists there). On the other hand, it is possible to have the same time for several people. But, this is not because it is imposed on them, but because they happen to be in the same type of cycle.

The same is true regarding all leisure activities and the time and type of play, fun, humor, laughter, entertainment and recreation that everyone needs at one time or another.

5. Leisure activities and sleep life can be considered another form through which individuality and the unique creative effort of everyone can be manifested and shared with everyone. The inventiveness and innovation of all types of new and different activities related to leisure life is a rehearsal and preparation for all other activities.

After all, once unique individuality appears, it is shared differently from the position of different activities. The way I am active in my leisure time or during sleep is not the same as in any other time. In this respect, therefore, leisure life and sleep life can be considered a means by which some entirely different aspects of my unique individuality are triggered, manifested and shared. No other activity, from any other level of my life, can or may trigger that element or aspect to be exhibited, displaced and shared with others. Thus, if we were to be deprived of leisure and sleep life, we would be deprived of the ability to manifest our individuality and its unique aspect which can only be triggered through such specific activities.

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This is the higher, spiritual purpose for which leisure life and sleep life were established by the Most High.

6. An even higher spiritual purpose of leisure and sleep life than the above is in the opportunity which they provide for acquirement of better knowledge and understanding of the true nature of the Most High, others, and ourselves.

As mentioned many times before, the Most High is present in all activities. After all, all activities derive from the Most High. Therefore, the more types of activities we are able to be engaged in, the more aspects of the true Most High's nature, others and ourselves there are available to us for experience and sharing. Each activity manifests a different aspect of the Most High's nature. The nature of the Most High during our leisure and sleep life is manifested in an entirely different manner than during any other activity. This different manner is not available in any other activity. For that reason, as well as for many others, the Most High initiated leisure life and sleep life and by that act constantly enhances and enriches our life forevermore. If we are enabled to know the Most High better, it gives us a better knowledge about ourselves and others where the Most High is ever present. Such is the deep, mystical and spiritual meaning of any kind of activity.

7. The spirit, soul and body of people were originally created by the Most High from the elements of the Most High's Divine Love and Divine Wisdom. The Divine Love shares all it has with others. In such a sharing is great delight and pleasure. The Divine Wisdom balances and moderates that sharing in such a manner as to avoid overflowing or undersupplying people with the delights and pleasures of God's Infinite Love. The true source of leisure life and sleep life, as well as all else, can be found in this principle of moderation. Too much of anything at the expense of something less than its share leads to undesirable satiation and subsequent unhappiness. Such an outcome is contrary to the nature of Divine Love. It desires and gives only delights and pleasures. After all, life would be undesirable and burdensome if it were not a delight and pleasure. But to have only one and the same kind of pleasure and delight would end up in just the opposite — ultimately, no delight and no pleasure. Such is the nature of relative beings.

Therefore, the Most High provides people with various levels, forms, contents and means of activities which are capable of sustaining the pleasure and delight of life in the positive state. By this means, life in people could be maintained without any danger of deadly satiation.

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One of the means to sustain a variety of pleasures and delights of life is leisure life and sleep life. In them a new form of experience, impression and expression of delights and pleasures of life is found which could be subsequently shared with everyone. After all, we have to remember that life was created by the Most High for delights and pleasures because such is the nature of His/Her Divine Love and Divine Wisdom. This nature cannot create anything or anyone else but recipients, sensors, impressors and expressors of delights and pleasures.

Being unique, intelligent beings, we incorporate different elements of these pleasures and delights. By constant provision of sharing, through the numerous activities, we can participate in infinite pleasures and delights experienced by and manifested in others.

From this consideration, it is obvious that sharing in itself is the greatest delight and pleasure of Creation. To share the quality and the content of our leisure and sleep time contributes to the delight and pleasure of everyone.

8. Our sleep life is a different form of activity during which the most intimate sharing occurs between us and the Most High. Much happens during our sleep and dreaming, of which we are not consciously aware. The intensity of that sharing has absolute proportions. Because of these absolute proportions it doesn't come through into our limited external conscious mind. Only the result of it becomes obvious during our next day activities. We become more productive, more effective, more creative, more loving, more wise, more inventive, more knowledgeable; we make better love and we feel and function better in all respects.

This function of sleep is the most mysterious and mystical spiritual function. It gives us access to the Most High in a degree and depth which cannot be available to any other source. What the Most High does during our sleep no one can know for sure because it is related to His/Her Absolute State. By actualizing, realizing, and manifesting the results and consequences of that intimate relationship, we may come closer and closer toward grasping the Absolute Nature of the Most High and to what it is that the Most High does during our sleep life.

9. Of course, the situation on this planet and in all regions of the Zone of Displacement is entirely different. The original meaning and purpose of leisure life and sleep life was distorted. The major step which was accomplished by the negative state was to eliminate any, or make it very insignificant, connectedness of our leisure life and sleep life to the spiritual source, to our true spirit and our true mentality. The

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externalization, materialization, uniformity and conformity of leisure and sleep life occurred. All true pleasures and delights were eliminated and replaced with pseudo-pleasures and pseudo-delights that lead us into all kinds of problems and troubles. Gluttony, over-eating, over-drinking, desires for sensual pleasures, drug usage, alcohol consumption, perverted sexual pleasures, one-sided sport activities, sensual entertainment and similar activities came to their fruition. The practice of this kind of one-sided pleasures and delight, totally disconnected from anything spiritual and truly living, causes a gradual wearing down and destruction of all our faculties. We work not for the purpose of being useful, beneficial, productive, creative, inventive and for the benefit of all, but for the purpose of having proper means to have more delights and more pleasures and to have more availability of leisure activities. Or we avoid all miseries of life taking sleep drugs or alcohol and spend our time in restless, counterproductive and debilitating sleep.

Thus, leisure life and sleep life became the purpose and goal of our life to which all else serves and not a means which serves everything else. This is the upside-down position. This is one of the major signs of the negative state. This is what happens when all or most true spiritual considerations are taken from our earthly life. We end up with nothing but problems, troubles, hassles, crises, breakdowns, shortcomings, accidents, illnesses, depressions, loathsomeness, anxieties, fears, chronic tiredness, neuroses, psychoses, insomnia and all other similar atrocities and abominations of the negative state.

In order to rectify this situation and find a proper understanding of our leisure and sleep life, as a part of our overall earthly life, we are advised to practice the following exercises.

EXERCISES REGARDING OUR LEISURE LIFE AND SLEEP LIFE

1. Go through all steps and everything that was prescribed in the previous chapters. When you are finished, carefully analyze the mode, the quality and content of your leisure life and sleep life. What does your leisure life consist of? How is your sleep life?

2. Ask the Most High to help you discover all problems, shortcomings and inadequacies of your leisure life and sleep life. Request Him/Her to show you if you have enough or too much sleep; if you spend too little or too much time on your leisure activities (whatever they might be). Explore whether such things as your food and drink have become

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destructive substitutes for love and wisdom and thus for real pleasures and delights and for real utilization and actualization of your leisure life and sleep life.

3. Once all problems, shortcomings and inadequacies of your leisure life and sleep life are revealed to you and they became very clear, request the Most High to help you to get rid of them. Utilize the brilliantly white light for purification and cleansing of your spirit, soul, mind, body and everything from all of them.

4. Meditate on the content of this chapter and its nine points and ask the Most High to help you to understand them and, if they are correct, to apply them in your own life.

5. Request the Most High to introduce you to your new Spiritual Advisor who will represent and who will be in charge of your leisure and sleep life. Discuss with your new leisure-and-sleep-life Spiritual Advisor the true meaning of your leisure life and sleep life and what it means for you.

6. Ask the Most High to reconnect your leisure life and sleep life to its true and genuine spiritual and mental source and particularly to Himself/Herself, and to enable you to derive everything in your life from this new position, that is, from the Most High.

7. Ask the Most High and your new leisure-and-sleep-life Spiritual Advisor to help you to establish the type of leisure and sleep life which truly adheres to all spiritual principles and which will be harmonious with the true life and its understanding, meaning and fulfillment. Ask them to help you to get rid of all and any bad habits, wrong cravings and inappropriate desires for the wrong type of pleasures and delights.

8. Ask them to vividly illustrate to you on your spiritual mountaintop what proper, godly, spiritual, mental, emotional, intellectual, sexual and all other leisure life and sleep life activities should be like. Let them be incorporated properly into your every day earthly life. Ask them to show you what the proper meaning, understanding and fulfillment of leisure life and sleeping life on this Earth is.

9. When you are finished, ask if there is anything else. Thank them all for everything that you learned, accomplished, and experienced. Commit yourself to start to live your leisure life and sleep life in accordance with the principles you learned during these exercises. Follow all proper and good advice if corroborated by your inner intuition. Commit yourself to this or similar types of exercises on an everyday

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basis. Then finish your exercises and return to your regular activities feeling refreshed, alert, clear-headed and happy.

Make sure to always bring in many varieties, innovations, and novelties into your exercises. Never allow them to become routinized, habituated, externalized, automated or ritualized.

Now, if we do these or similar types of exercises faithfully, on a daily basis, we shall be able to acquire a proper understanding and meaning of our earthly life and how it should be fulfilled in all its aspects.

CHAPTER NINE

BALANCED OR INTEGRATED LIFE

In the previous Chapters it was clearly shown that each aspect of our daily life plays an equal importance. No one aspect can be considered more important or more needed or more vital than any other.

However, it was also shown that there is a certain crucial hierarchy of spiritual organization in the Most High's Creation which is also reflected in the way our life is structured. Everything has its originating point in which everything occurs first. After it occurs, it proceeds toward its manifestation. When it is manifested, it then becomes. This is the spiritual law of Creation. But the equal importance of all three steps — occurrence, proceeding, and becoming is very obvious. Occurrence without its proceeding can never become. Then, it is as if it never occurred. On the other hand, if there is no occurrence, there is nothing to proceed and no becoming results. Occurrence cannot become unless it proceeds.

In view of this fundamental spiritual rule, on which the entire Creation of the Most High is built, we can say that the proper, spiritual hierarchy of our life is as follows:

The spiritual aspect of our life is the center where the Most High resides. This is the occurrence. This is the origin of everything else or all other aspects of our life. From it all else proceeds.

In order for this aspect to be properly manifested it needs to proceed. The mental aspect of our life is the proceeding of a spiritual aspect of our life. All ideas, states and conditions of the spiritual life, in the process of their proceeding, are transformed into a specific and unique soul which produces the mentality of that spirit. Thus, we can say that the mentality of our spirit is our soul. The unique ideas of our spirit become the unique mentality of our soul. Mentality, in all its aspects, enables us to be self-aware, self-perceptive, self-realized, and self-actualized. It constitutes the awareness of a very unique, different and special "I am."

Once this is accomplished, the form of manifestation of that spirit and soul is sought out and built. In that form, which may be called the body of the spirit and soul, our spirit and soul truly become. Thus, we can say that physical and bodily life or all life of the externals, is the becoming of our spirit and our mentality.

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In order to properly actualize, realize and manifest our unique individuality and its special “I am,” as it is contained in our spirit, soul and body, we are endowed with various different aspects of our life which helps us to accomplish this goal. Thus, we have sexual life which helps us acquire experiences of an all-encompassing nature. We have our professional and work life which helps us to manifest our unique creative efforts. We have our family life which helps us to bring out the fullness of our nature. We have our social life which assures that we have many proper opportunities for inspiration and actualization of ourselves. We have leisure life and sleep life which help us to maintain our life energy in a required and functional condition in order to be able to engage in all our other life activities.

However, no matter which way we turn, or what kind of activities we are engaged in at any given moment, we can clearly detect two important principles:

1. They all originate from the ideas of our spirit and, particularly, from the presence of our Creator in our spirit. Thus, we all are of a spiritual origin without any exception or exclusion whatsoever.

2. They all serve one ultimate purpose — to be truly ourselves in order to share fullness and completeness of our unique nature, or the unique aspect of the Most High which we carry in ourselves, with everyone else in the Most High’s Creation. The manner, the mode and the way of sharing can take many facets and styles. But they all serve this ultimate and the most important purpose.

On this principle the entire positive state of the Most High’s Creation is built and structured.

The hierarchy of the spiritual organization of the Most High’s Creation is not structured in a linear manner, as far as its occurrence, proceeding and becoming is concerned. The occurrence or the spiritual aspects of life; the proceeding or the mental aspects of life; and becoming, or the physical or external aspects of our life always take place in the discrete mode. That is to say, they appear simultaneously and in synchronicity with each other. The discreteness of their simultaneous manifestation clearly confirms their equal importance for understanding and fulfillment of our lives. Although the beginning and the end of any activity is the ultimate spiritual fulfillment, that fulfillment cannot take place without its mentality or soul, through which and by which the fulfillment is experienced (if there is no experience of fulfillment, there is no fulfillment). Neither can it take place without its body, through which

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and by which that fulfillment produces its outcomes and consequences. Without its outcomes and consequences, there is neither the experience of fulfillment nor fulfillment itself. The fulfillment is fulfilled in a complete manifestation of all its consequences and outcomes. But, the purpose is always spiritual. There is no other reality than the spiritual one. The spiritual reality produces all other realities from itself for the purpose of its fulfillment.

This is the discrete structure of the spiritual fulfillment.

However, there is a continuous or linear aspect to the spiritual fulfillment of our life. Our daily activities follow in sequence from one type to another in a cycle. In the morning we get up from bed and clean ourselves. Then some of us, after we dress, have some kind of breakfast or drink. Then we are engaged in some kind of work activities. After that we have leisure time in the form of relaxation, sport, entertainment and similar activities. Sometimes we go to church or read or study (spiritual and mental activities). Sometimes we make love, we socialize, we spend time with our family, and then, in the evening, we go to sleep. This happens everyday over and over again. All these types of activities are, in most instances, sequential in time and very often in space (the work place, fun place, church place, love-making place, social place, family place, etc., are usually in a different place). These linear and sequential activities serve simultaneous, synchronous or discrete activities of our spirit, our soul and our body. Our spirit, soul and body, simultaneously and synchronously, produce and are involved in all those activities. Without them no activities are ever possible. Thus, the discrete mode of life and its linear or sequential aspects are interdependent, interconnected and interrelated and one without another cannot be and exist.

From this description it is plainly obvious that all our life activities, because they serve that ultimate spiritual purpose, are equally important.

In the positive state, because of equality in their importance, these activities are balanced out and integrated in such a manner as to receive equal attention and to have equal opportunity for their manifestation. No aspect of anyone's life is ever neglected or emphasized more than any other.

This is a logical outcome of such practice. If all activities serve, in their ultimate end, to one common spiritual cause — to be better people, more spiritual people, more ourselves and to share all that we are and

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that we have with everyone — then all activities deserve to be actualized and realized equally, in a balanced and integrated manner.

Only in this kind of arrangement is the total and complete fulfillment of our life possible. Unless there is the proper balancing and integration of all aspects of living, of which life consists, no true understanding and fulfillment of our life is possible in any mode, level, degree, step, world, time or dimension of Creation or the Zone of Displacement.

This is a fundamental spiritual law on which the entire Creation and its life is founded and built. It derives from the Absolute Nature of the Most High's Divine Love and Divine Wisdom. Such is the structure of that love and wisdom. And because Creation was created from that love through that wisdom, it reflects within itself that structure and the need for balancing and integration of all its aspects. In the Most High all aspects of His/Her Absolute Life are absolutely integrated, balanced and one. In Creation, which is relative to His/Her Absolute State, this need for oneness, balancing and integration is reflected in proper balancing of and equal opportunities for all life activities and aspects to take place. If anything is neglected, the oneness is broken and integration of life cannot be effectively experienced. Something important would be missing. The lack of that something makes it impossible for life to be properly understood and fulfilled.

Thus, in the positive state, it is always made sure that balanced representation and actualization of all life activities is available and takes place. By such an arrangement the life of the positive state is eternally preserved.

It is important to realize that the structure of the true positive state and its true life is such a balanced and integrated life. This is the very nature of the positive state. *This is the positive state.* Any deviation from this principle violates the nature of the positive state and the positive state is no longer positive.

For this reason, as long as a balanced and integrated lifestyle is preserved and fully manifested, no negative state can ever come to its fruition.

In order to initiate and activate the negative state it was necessary to violate the balance and integration of the positive state.

As we remember from the previous chapters, the activators of the negative state led their frontal attack, so to speak, against the positive state by means of genetic alteration of people's physical form and

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restructuring their spirituality and mentality. The major thrust of their effort was in making sure that that balance and integration is violated. The best way to do this was to emphasize one aspect of life over another or making one aspect more important or more vital than another.

Since the pseudo-creators knew that the most crucial aspect for the proper balancing and integration of life was the spiritual aspect, because it is the originating factor of all other aspects, there was no better way to activate the negative state than to de-emphasize the importance of the spiritual aspect and put into dominance the most outward and external aspect — the material or physical or bodily aspect of life. By this act, the upside-down lifestyle was established on this Earth and in the entire Zone of Displacement.

Thus, spiritual life was put in the last place on the list of life's priorities (or totally eliminated from that list) and the physical, external, bodily, material life was put in the first place on that list. This is the exact opposite to the true reality of life as it is in the positive state. Of course, the last place in the positive state doesn't mean the least important or negligible place. As mentioned above, all aspects of life in the positive state are equally important, taken care of and properly balanced and integrated. The last place in the positive state means only the outcome and consequence of something that precedes it. Thus, it is a succession of something but succession is as important and as needed as that something because without succession, that something could never be manifested.

However, this situation was used by the pseudo-creators to pervert the true reality by making the last place at the same time the least important and the least necessary item of life.

For this reason, the pseudo-creators altered and restructured human mentality and the human body in such a manner as to cut off most of the access from our true spiritual and true mental source. They placed a concentrated attention on our physical body and on the external world. If we are forced to pay most of our time and our awareness on our physical aspects and our environment (the external world on which our body was made dependent for its survival), we logically conclude that this is the most important aspect of our life and all else is either less important or not important at all. And because all our conscious awareness was totally cut off from the ability to perceive any other reality than our physical body and the natural world or our physical environment, we came to the devastating conclusion that no other reality but the reality of our physical world exists.

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In this manner the balance and integration of our life was violated and activation of the negative state was made possible.

Thus, we live in the world of the negative state that has everything upside-down and distorted. The results of this perverted arrangement are vividly illustrated in the bloody history of humankind and all inhabitants of all regions of the Zone of Displacement, as well as on our own daily problems, hassles, miseries, sufferings, troubles, illnesses, unhappiness, etc.

Now, the pseudo-creators were very careful in making sure that people on this Earth would not retain any awareness of the true spiritual reality, including the awareness of the existence of other regions of the Zone of Displacement itself. By and large, we are not aware that any Zone of Displacement exists either, not to speak of the heavens or other dimensions which are full of inhabitants.

If the pseudo-creators were to leave intact our ability to consciously perceive and communicate with other regions of the Zone of Displacement, they would fail in their endeavor to maintain the negative state and all related experiences for too long a period of time. People would know the true source and origin of the negative state and they would refuse to go along with it. For this reason, it was necessary to totally abolish any possibility of conscious perception of any other worlds either in the true spiritual reality, or the true physical reality, or in the Zone of Displacement. By this act, the pseudo-creators accomplished their major goal in convincing many people that there is no other reality except the reality of their own world, or, if there is any other reality, it is only an assumption that could not be corroborated by any physical sensory organs. We cannot see it with our physical eyes, we cannot hear it with our physical ears, we cannot taste it with our physical mouth, tongue, we cannot touch it with our physical body and so on. And because the genetic alteration of our physical sensory organs made it impossible for them to sense or perceive anything else but our external environment, it is very easy to conclude scientifically that nothing can prove beyond a shadow of a doubt that any other worlds or realities or inhabitants exist.

Even people who believe otherwise and are spiritually minded, by their genetic structuring, are forced into continuous violation of the balanced and integrated life, that is, the true spiritual life. Most of us have to pay more attention to and spend more of our daily time on external, worldly, material, physical and bodily activities because our survival on this Earth depends on them or was made dependent by the

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pseudo-creators. If this is such an important factor, is it not “natural” to assume that this is the way it’s supposed to be? Thus, most spiritual people end up in an unbalanced and poorly integrated lifestyle. It almost seems like it is such a necessity.

Some people, in order to overcome this so-called necessity, isolate themselves from other people in monasteries, secluded places and similar places. In there they try to practice their spirituality. But it is to no avail because they go in the opposite extreme disregarding the physical reality which they consider to be unreal and an illusion. Thus, they fall into falsities, a trap set up for them by the negative state, believing that they can accomplish a balanced and integrated life if they restrict themselves in some areas of their lives. However, any restriction is from the negative state. By doing that, they support the negative state as much as those who disregard the spiritual aspect of life. They don’t wish to realize that they cannot acquire the balanced and integrated life by excluding some important aspect of that life. They deceive themselves into believing that the external or physical aspect of life is only an illusion or what Indian philosophy calls “Maya.” By doing that, these people are violating the principles of the positive state. Therefore, they cannot be in the positive state no matter how holy and pious they look, act, and behave.

In view of these facts, how then can we arrive at the true understanding and fulfillment of our earthly life?

First of all, it is necessary to accept the fact that our earthly life is not the only type of life; that our world is not the only possible world; that the reality which we perceive with our physical senses or sensory organs is not the only reality; that our life neither begins nor ends on this Earth; and, therefore, it neither derives from nor depends on our physical body or any particles of matter.

Secondly, it is necessary for all of us to finally realize that we are the product of the extensive genetic alteration by the so-called pseudo-creators through which life without true spirituality, without the Most High, and without the true balancing and integration is illustrated, manifested, actualized and realized.

Thirdly, it is necessary to realize that, because of this situation, we do not live in the true Creation but in the Zone of Displacement where such life is possible and can bear its fruits. All our problems, miseries, sufferings, hassles and troubles are the fruits of such a life.

Fourthly, it is necessary to realize that this is the upside-down world in which all reality is perverted and falsified and, thus, in which all our

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knowledge, perception, feelings, wills, desires, wishes, understanding or whatever we have, without any exceptions or exclusions, are either distorted or totally untrue.

By having this and similar knowledge of what this earthly life is all about, we can arrive at the proper understanding and fulfillment of our earthly life.

But why is it that we are part of this pseudo-life and how do we go about fulfilling its purpose?

These and similar questions were answered in the book called “Who Are You And Why Are You Here?” Here we are going to repeat only that we all agreed from our own free will to be here and to illustrate some aspects of the true nature of the negative state and to learn how to overcome it. Different people fulfill the purpose of their life in a different way and manner. But, in an ultimate sense, we all contribute to the important spiritual learning for all in the Most High’s Creation and in the Zone of Displacement.

When we were volunteering to come here, we also volunteered to accept all conditions which exist on this Earth. We also agreed to have no memories that all these things happened this way and that there is anything else above and beyond what we remember during our earthly life.

One of the major purposes of our being here is for illustration of the negative state. The only way the negative state can be illustrated is by the exposure of its true nature. The true nature of the negative state is exposed in our problems, miseries, sufferings, hassles, hostilities, aggressions, anger, fear, hate, envy, etc., and in everyday life struggles and, most importantly, in the manner and way that we cope with them and overcome them. By this act, we illustrate to all in the Most High’s Creation, that no matter what happens in the interim, the only outcome of our life is the triumph of the positive state and the ultimate elimination of the negative state.

The best possible weapon for removal of our problems, or whatever negativity we have and experience, is in learning to live a balanced life and strive for integration of all aspects of our earthly life.

In order to do that we need to rearrange our priorities and align ourselves with the style of life of the positive state.

A balanced and integrated life can be conceived as follows:

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1. The first priority of balance of an integrated life is the unconditional necessity of recognition, acceptance, and application of the fact that all life, as well as our personal, individual life, in all its aspects, levels, steps, and degrees, stems from the Absolute Source of Life — the Most High Who is the Lord Jesus Christ and Who has many others names (all names are His/Hers). Because the Most High is an Absolute Spiritual Being, the truly balanced and integrated life can be properly regulated only by the Lord's spiritual principles of Love and Wisdom.

Therefore, we need to accept and to incorporate these spiritual principles into our everyday living. See the formulation of some of those principles in the first chapter of this book and in the book "Major Ideas of the New Revelation." Failure to recognize, accept and apply this principle in our life eliminates the most important tool of balancing and integration of our earthly life. By our unwillingness to do so, we support and fuel the negative state and perpetuate indefinitely all our problems and miseries or whatever we have. If we refuse the very source of everything good and positive, we cannot have anything in our life which is truly good and positive. We end up with fake good and fake positive, which, in the ultimate sense, brings us nothing but troubles, problems and unhappiness. No matter what the interim state of this pseudo-good and pseudo-positive feels like or seems like, somewhere along the line of our earthly life we get tired of it, or satiated by it or it will bring us all kinds of physical, emotional, mental, sexual, social, financial, environmental, family and work breakdowns.

How do we prove that this principle is the most important one for balancing and integrating our earthly life? Just by looking at what happens in our life and in the life of humankind on this Earth. This life was and is patterned on the total disregard of this principle or underestimation of its vital importance for proper, successful and effective balancing and integration of our life.

If we cannot see the true reality of this situation, we are totally blind and deaf.

2. The principles of the Divine Love and the Divine Wisdom of the Most High are manifested in our ability and need to love and to be wise. The source of that ability and need is One Whose Essence And Substance Is Pure Love and Pure Wisdom. From this source, our life originated. It is only natural, therefore, that all our love be directed to its source — the Most High. In such a direction of our love is its very wisdom. It is wise to love God above all and above everything for the sake of that principle. Because the nature of the Most High is Absolute Balance and Absolute

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Integration of all aspects of Absolute Life, if we love the Most High above all and above everything, we inadvertently appropriate to ourselves a balanced and integrated life. Such is an outcome of that love. Because God is within us, by loving that Presence within us above all and above everything, we trigger all positive and good states of that Presence, which are subsequently transmitted into our everyday life. This is the only way we can trigger anything positive and good. By loving positive and good, that is, by loving the Absolute Source of everything positive and good — the Most High, we trigger in our lives or bring into our lives everything positive and good. And since everything positive and good is always balanced and integrated, through such a love we acquire a balanced and integrated life.

Now, the principle here states very clearly: there is no other truly happy, balanced, integrated, wise and loving life possible, but by loving God above all and above everything. This is the true Wisdom of our Life. If we do love God above all and above everything we are very wise. No other source of wisdom has ever existed, exists or will exist. If we do not love God, we end up loving misery. We must love something. This is the nature of our life. To love means to live. So, if we don't love God, we don't love anything good and positive. We end up loving everything bad and negative. In order to rationalize, justify and excuse this negative love, we proclaim everything bad and negative to be truly good and positive. Thus, we become slaves of the negative state. This results, of course, in one-sidedness or lopsidedness of our earthly life. The lopsidedness, disproportion and disarray of our earthly life is the source of all our miseries, problems, sufferings, pains and unhappiness as well as of all atrocities and abominations which have been taking place on this Earth since the time of the so called "Fall," that is, since the time of activation of the negative state.

3. The Most High is present in us as well as in everyone else. If we are to love the Most High above all and above everything for the sake of principle (because this is the way the truly balanced and integrated life is and there is no other way), then the consequence of that love is love toward all others and ourselves.

As mentioned previously, it is impossible to love God unless we love everyone in His/Her Creation. The presence of the Creator is manifested in His/Her Creation. Therefore, if we do not love others and ourselves, we do not love the Most High. By the same token, if we do not love the Most High, we do not love others and ourselves either.

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This is the mystery of true love. No matter what we think, if we do not love God, we cannot truly love ourselves or others. It is impossible to separate one from another because we are nothing else but receptacles and containers of God's love. Remember, "I am" only because God Is. Self-love, without love to God above all and above everything and without love to others, is not true love but a stolen emotion that was perverted in order to make it possible to direct it toward one's self with the exclusion of everyone and everything else. If this were a true love, we would never end up with all our life problems, miseries, sufferings, greed, avarice, suspiciousness, jealousy, envy, vindictiveness, murders, violence, wars or whatever we have in abundance on this pseudo-earth. The true love doesn't have such emotions or states. They are destructive. True love builds and doesn't destroy. However, self-love is built exclusively on such negative and adverse emotions.

Thus, no other love but love of God in us and others and, thus, love of others and ourselves can and may result in any experience and establishment of the balanced and integrated life.

Consequently, in order to experience, to acquire, to have and to retain a truly balanced and integrated life, we are to love the Most High in us and in others above all and above everything. Thus, we are to love others and ourselves for the sake of the Most High. By doing this we are fulfilling the purpose of our life on this Earth or anywhere else and we can eliminate the imbalanced and unintegrated negative state from our life.

4. In order to bring into our earthly life a balanced and integrated living, we need to recognize, to accept and to apply the following fact:

In a general sense, we were created for the purpose of receiving, giving, sharing and reciprocating what we are and what we have. For this very purpose, our Creator, the Most High, Who is the Lord Jesus Christ, placed in us a unique and different aspect of His/Her life. No one else has or can have the same aspect as I do. I cannot have in me the same aspect as other people do. Being Absolute, the Most High cannot place in something which is created the totality of all His/Her aspects. He/She evenly distributed them to the infinite number and variety of inhabitants of His/Her Creation in order that they may share them with one another and, thus, through those aspects in one another, that they may know the Most High better. The better knowledge of the Most High enables the deeper and the more profound love toward the Most High. The deeper the love toward the Most High, the deeper the love to others and ourselves.

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Because of this arrangement, it is vital and crucial that we become ourselves. The more we become ourselves, the more the true nature of the aspect of the Most High in us is manifested and available in its purity for sharing with everyone else.

Thus, it is my duty, right, obligation and privilege for the sake of God and for the sake of all to be truly myself. If I fail to be my true nature, or if I try or lust to be as or like someone else, or I want to imitate someone, or to conform to uniformity and standards of external, social demands, I deny myself and the Most High in me, as well as I deny the privilege for everyone else to know my true self as it was created by the Most High. By doing that I destroy the balance and integration of my life.

Thus, the true balanced and integrated life is possible only if we accept our true nature, as it was created by the Most High and for the purpose it was created by the Most High, and remain always faithful to our genuine assignment.

By doing that we effectively and successfully eliminate the negative state from our earthly life and return to our proper place.

5. It is impossible to lead a balanced and integrated life from the upside-down position into which our world was violently forced. But this world consists of human beings who keep themselves and their world in this perverted position. So, in order to rectify this situation, we need to change our lifestyle in the most fundamental and revolutionary manner. We must reject the life which feeds us with all kinds of illusions that there is no other reality than what we live in. We must begin to follow the proper flow of life, from spiritual, to mental, to physical, to environmental, to external, etc.

Thus, the spiritual consideration of our earthly life has to be placed in its proper position and taken equal care of as of all others.

Unless we start to derive everything from the spiritual principles, as they flow from the Most High, we can never experience the truly balanced and integrated life no matter how hard we would try and no matter what we would do.

It is a total futility to try to be happy, content and satisfied by means which do not contain in themselves anything of a positive nature. But this is exactly what people on this Earth and in the entire Zone of Displacement have been doing since the activation of the negative state. Thus, we have to rediscover the proper spiritual and mental tools which are built of everything positive and good and incorporate this tool in our

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life in order to acquire and experience the true happiness, contentment and satisfaction. No such experiences are available if we violate the major principle of Creation that everything occurs in the spirit, proceeds into the soul and becomes in the body. Because happiness, contentment and satisfaction are inherent in the balanced and integrated life, only properly balanced and integrated everyday living can bring them to us.

There is no other way to acquire a truly balanced and integrated life.

6. As mentioned many times before, our life consists of different levels and aspects. Because they are all of the same life, our life can be properly lived and manifested only if all its aspects and levels have a proper and equal opportunity to be actualized, realized and manifested.

If we prefer one aspect over the other, we shall end up in over-using one and underutilizing the other. This results in a gross imbalance and the life in us suffers. From such an imbalanced life many spiritual, mental, emotional, intellectual, sexual, physical, social, family, work, governmental, etc. problems and sufferings originate.

If we are ever to establish a balanced and integrated life in our everyday living, we must learn to structure our daily life in such a manner as to equally give an opportunity for all aspects of our life to be properly manifested.

Thus, we need to learn to pay equal attention to our spiritual well-being, to our mental well-being, to our physical well-being, to our sexual well-being, to our professional and work well-being, to our family well-being, to our social well-being and to our leisure and sleep well-being.

The equal consideration and care for all the above aspects of our everyday life in succession from spiritual, to mental, to physical, etc., all the way down to the leisure and sleep life, this is what a properly balanced and integrated life means. If we neglect or even slightly underestimate or overestimate any one of those aspects, we are violating the spiritual rule of balancing and integration. Disregard for one or two or some aspects of our life creates a serious problem which makes it impossible for us to become truly ourselves and to properly understand and fulfill our earthly life. By doing that we support, fuel, and perpetuate the negative state in us. So, in order to get rid of the negative state, we have to thoroughly evaluate our current lifestyle and rearrange it in such a manner as to establish a proper spiritual hierarchy of life which incorporates all its numerous aspects on an equal basis, giving them all

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an opportunity to be actualized, realized and properly manifested. Only in this manner can we truly learn to live a balanced, integrated life.

7. The devastating and fatal condition for a properly balanced and integrated life on this Earth is our unwillingness to share everything what we are and what we have unconditionally with all others and all others with ourselves. We develop a sense of possessiveness, exclusivity, ownership, jealousy, inaccessibility, untouchability, exclusive rights, restrictions, limitations, prohibitions, taboos, and many other similar evil and negative feelings which make it impossible for a proper godly sharing to occur. People are willing to share some things but some other things they exclude from that sharing on the basis that they are private and their own possession and that they have the exclusive right to it. These things are jealously guarded to the point that we feel right to hurt or even kill others if they intrude upon our private life, property or family life or on our spouse or children, etc. Unfortunately, this type of lifestyle is sanctioned and protected by civil code, moral, social and religious laws and considerations.

The intricate judicial system is developed which condones, supports and protects people to be this negative way. This is particularly true regarding sexual life, family life, and social life. Unconditional sharing in these areas is considered immoral, perverted, and destructive to the life of society at large.

This situation, of course, makes it impossible for our earthly life to fulfill its major and genuine purpose — for giving, receiving, sharing and reciprocating with unconditional love and its wisdom (unimposed sharing or sharing only with those who are willing to reciprocate without any ulterior or selfish motivations and intents).

Thus, our imbalanced and unintegrated life is imposed on us by the established laws, rules, regulations, restrictions, taboos, limitations and expectations that we are bound to follow. Otherwise, we end up being punished. This is a serious dilemma.

In order to change this situation we need an extreme and intensive spiritual, mental, moral, sexual and social revolution which would overthrow such establishments, traditions, conventions, customs or whatever we have.

We need to learn to give, to receive, to share and to reciprocate in the spirit of unconditional love and its wisdom. We need to become free of all atrocities and abominations of self-exclusivity, self-righteousness,

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possessiveness, ownership of others, jealousy, envy, greed and egoism which are socially and legally sanctioned in so many areas of our life.

Because of this, one of the most important requirements of our life is constantly being violated and, therefore, we can never establish a balanced and integrated life on this Earth as long as this situation exists.

The above mentioned types of feelings and attitudes can be considered one of the most successful means, tools and weapons of the negative state for its success and flourishing. If we are ever to eliminate the negative state from our lives (all our problems), we must get rid of this major powerful weapon of our archenemy — the negative state. Only then can we begin to experience what the balanced and integrated life is truly all about.

8. Any work on the establishment of a balanced and integrated life must start with ourselves individually. We cannot change others but we can change ourselves. By doing that, we can become a living example for others, demonstrating to them by our new life, that such a change is not only possible but highly desirable and advantageous. However, we cannot change ourselves by external means or by expecting that someone else will come and change us. Up to this point, we have been kept by the negative state in us in the external world, away from ourselves. We have to learn to break this devastating bad habit — to always look outward to someone or something else, and find the way back home — to within ourselves, to our true spirit and soul and, most importantly, to our heavenly Parent, our Creator Who is the Most High, the Lord Jesus Christ.

Thus, we must learn to go inward and to establish a proper relationship with our true self, with all aspects of our mind, with all other dimensions and their inhabitants, with all those who are constantly with us, even though we are not aware of them on our conscious level, with our true Inner Mind (our spirit) and with the true Most High in us. Reconnection to our original Source, which can be found only within us, is the major vehicle by which the negative state can be eliminated and the balanced and integrated life firmly established instead.

If we believe that any other way is possible to accomplish this goal, we are fooling ourselves.

Therefore, we have to seek answers to all questions not outside but inside of ourselves. Only from that position can we learn to truly understand and fulfill our earthly life to the satisfaction of our Creator

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and to our own satisfaction. Only from there can we learn what the most efficient, appropriate and successful way for living a balanced and integrated life for everyone of us individually is. There are no external means, uniformly applicable for everyone, which would give us this vital knowledge. We are all different and we need different modes, types and styles of balanced and integrated life. That mode, style, content, structure, sequence and time we need to spend for each aspect of life, is available only within us. No one else has that knowledge. For that reason, unless we go within ourselves, we can never learn anything properly. Thus, we could never be balanced and integrated.

9. And, finally, the establishment of a balanced and integrated life depends to a considerable degree on how much we are willing and ready to accept the reality of life as it was described in this book and other books of the so-called New Revelation (the list of those books appears on the last page of this book).

One of the major means of our success in this, as well as in any other respect, is our willingness to be open-minded and flexible.

Life is a continuous spiritual progression. Everything in it is always fluid, changeable and different. Unless we follow this flow, we get stuck somewhere along the line and instead of progressing we will be backsliding into a greater degree of rigidity, one-sidedness, narrow-mindedness, dogmatism, fanaticism and clinging to only one mode of living, knowing and understanding. If we are not willing to look at ourselves and see this requirement of life and if we are not willing to admit that we need to change and to get rid of everything that has been plaguing our life up to this point, we are loyal slaves to the hells and their rulers.

No progression, growth and betterment of life, and thus, no balanced and integrated life is possible without our willingness to change. We were given by the Most High an eternal ability to change so that we could live a life of continuous spiritual and overall progression. The negative state constantly assaults our willingness to use this ability for changing ourselves. It closes our mind so that we would not feel any need to seek any change so that we would choose to be kept by the negative state in a stagnant condition. To feel the need for change requires from us to keep our mind open and to be flexible. Therefore, we must learn to recognize the mortal danger of our reluctance to change at any given moment. Stagnation in one condition and place is a spiritual death. It is hell. It is a destructor of a balanced and integrated life.

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For that reason, in order to succeed in our endeavor to live a balanced and integrated life, we are advised to go inward and ask to receive a strong desire, willingness and determination to change any time it is needed and necessary and to always keep our mind and heart open and to be flexible to receive any new ideas about life and everything else.

In this way we can contribute toward the elimination of the negative state in us and in general and toward the establishment of a true life of balance and integration.

In order to accomplish this we are advised to do the following or similar exercises:

EXERCISES FOR A BALANCED AND INTEGRATED LIFE

1. Go inward into yourself, as outlined in the previous chapters and in the book, "Who Are You And Why Are You Here?" (Chapter 4).

2. Establish contact with your true Inner Mind and ask to be reintroduced to all people present from the positive state (all your Spiritual Advisors. By now you should have eight Spiritual Advisors — one for spiritual life, one for mental life, one for physical and bodily life, one for sexual life, one for professional and work life, one for family life, one for social life and one for leisure and sleep life). In all humbleness, modesty and humility request the Most High to become your Highest Spiritual Advisor Who will be in charge of the balancing and integrating of your life. You have to remember that only the Most High can help you and to be the true Source of balancing and integration of anything.

Talk with all your Spiritual Advisors about various aspects of your life which each of them represent. Ask them what is needed, what are the current problems, what is lacking, if anything, and what needs to be done from the standpoint of each of them.

3. Ask the Most High to bring to your attention all and any problems and sources in your life which make your life unbalanced and unintegrated. What aspects of your life do you constantly overload, or exaggerate or overutilize? What aspects do you neglect, underestimate, and inappropriately incorporate in your life?

4. Ask for mercy and forgiveness for doing that and being that way, for neglecting to properly balance and integrate your life, and request help in freeing yourself from all those shortcomings, problems, and reasons that were behind your adverse lifestyle. Utilize the white lights coming from the Most High, going into you and removing all of them, as

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well as repairing and healing in you everything that needs to be repaired and healed.

5. Meditate on the content of this chapter and its nine points and ask all your Spiritual Advisors and the Most High to help you to understand, to accept, and to apply all the spiritual principles in your life (after you verify their validity).

6. Ask your Highest Spiritual Advisor Who is the Most High to determine for you in what manner you should structure your daily living so that all aspects of your earthly life are properly incorporated, actualized and realized, and have equal time and opportunity for their manifestation. Have the Most High show you how much time you should spend on each activity related to them (different days may require a different length of time for different aspects of your life).

7. In the presence of all your other Spiritual Advisors, request the Most High to illustrate to you, if you are ready, what is the true meaning of your earthly life? Why are you here and who are you? How are you to understand you earthly life and what is the best possible way to fulfill the purpose of your being here?

8. Request the Most High, as your Highest Spiritual Advisor, and your Inner Mind and all other Spiritual Advisors, to properly reconnect and integrate all aspects of your personality and your life in accordance with the true spiritual principles of Divine Love and Divine Wisdom from within to without, and to keep your mind open and to make you mobile, flexible, tolerant, and always ready to unconditionally give, receive, share and reciprocate in the spirit of true love and wisdom. Have the Most High fill you with the sense and experience of His/Her Divine Love and Divine Wisdom and to inspire you and lead you in all matters of your life without any exception or exclusion whatsoever.

9. Commit yourself to do this or similar type of exercises on a daily basis. These exercises are a part of your true spiritual life which make it possible for you to live in a balanced and integrated manner and allow you to acquire a true understanding and fulfillment of your life. When you are finished, be sure to thank everyone for all help and everything that happened and ask if there is anything else that needs to be accomplished today. If yes, proceed to work on it until all is finished. If not, finish your exercises feeling refreshed, alert, clear-headed, in an excellent mood and ready to go about your other daily activities in a most effective and successful manner.

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Be sure to always search and examine yourself and the style and mode of your exercises in order to find out whether in you or in your exercises there is any tendency to slip into ritualization, automatization, habituation or superficiality. Vigorously remove any such tendencies. Never allow them to come into your life by being always innovative, inventive, creative, diverse and versatile in your exercises and everything else and by asking the Most High and all your true Spiritual Advisors to help you to be truly innovative, inventive and creative in this, as well as in any other tasks of your life.

Now, if we follow this or similar procedures, as they were outlined throughout this book, and if we do them faithfully, loyally, diligently and with great determination, we can gradually, step-by-step, eliminate the negative state from our life and establish a balanced and integrated life. By doing that, we shall have a proper understanding and fulfillment of our earthly life.

Then we shall be blessed by our Creator forevermore.

RECOMMENDED READING

HOLY BIBLE The New King James Version (only)
Thomas Nelson Publishers, New York.

Francuch, Peter D.

Principles of Spiritual Hypnosis

Santa Barbara, Spiritual Advisory Press, 1982, Revised Edition.

Francuch, Peter D.

Fundamentals of Human Spirituality

Santa Barbara, Spiritual Advisory Press, 1982

Francuch, Peter D.

Messages From Within

Santa Barbara, Spiritual Advisory Press, 1982

Francuch, Peter D.

Four Concepts Of The Spiritual Structure Of Creation

Santa Barbara, Spiritual Advisory Press, 1983

Francuch, Peter D.

Reality, Myths and Illusions

Santa Barbara, TMH Publishing, Ltd., 1984

Francuch, Peter D.

Who Are You And Why Are You Here?

Santa Barbara, TMH Publishing, Ltd., 1984

Francuch, Peter D.

Major Ideas of the New Revelation

Santa Barbara, TMH Publishing, Ltd., 1985

Swedenborg, Emanuel

Heaven and Hell

New York, Swedenborg Foundation, Inc., 1982